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Chinmaya Sandesh



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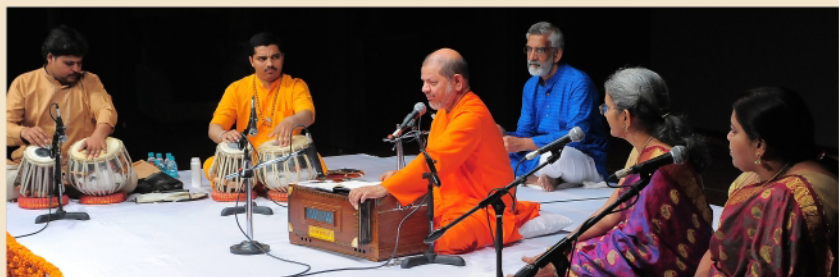
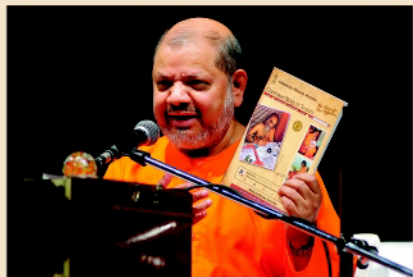
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CHINMAYA ANANDA UTSAV

Spirit of India



Geeta for All & Bhajan Sandhya



Chinmaya Sandesh

January 2016 Spiritual Monthly Bulletin of Mumbai.

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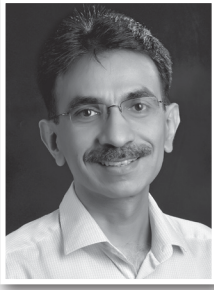
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From the President's Desk



Om Shree Chinmaya Sadgurave
Namah!!

Congratulations to one and all. “Chinmaya Ananda Utsav” was a Grand Success. We always say that it all happens by the Grace & Blessings of Pujya Gurudev. But this time we all actually experienced it. In spite of many challenges, everything went off well. In every event we could see a miracle happening.

When we got news of Shankar Mahadevan being admitted to hospital with medical emergency we were tensed and nervous. But then, Sonu Nigam confirmed to perform and “**Spirit of India**” concert really elevated our spirit and devotion. “**Geeta For All**” the Geeta Gyan Yagna by Pujya Guruji gave us complete clarity about “Jiva-Jagat-Ishwara” and

surely established faith into the non-believers. The leadership conclave “I Transform India Transforms” was the biggest challenge. We were literally struggling to get registrations for the same. But in last few days a miracle happened and on the day of the event the auditorium was full. All the eminent speakers gave inspiring speeches and they all appreciated the work done by Chinmaya Mission and how it had made a difference in their lives. “**Bhajan Sandhya**” by Pujya Guruji took everyone to the height of devotion for the Lord and Pujya Gurudev. The play “**Just Like That**” by CHYKsters was simply awesome. The script is written from the stand point of the youth but conveyed strong messages for all age groups. It feels great to see our own CHYKsters performing like professional artists. And what to say about “**Geeta Utsav**”, where our toddlers of Shishu Vihar and children of Bala Vihar gave splendid performances.

Every day, every time we could see that everything was falling in the right place.

But it does not happen just like that. It is culmination of sincere and dedicated efforts of each and every team member/volunteer. They have worked day and night. Credit also goes to family members of volunteers who adjusted with the situation at home and indirectly supported us. Our Acharyas are great source of inspiration and their guidance and blessings make all the difference. It is their inspiration and volunteers perspiration. Pujya Gurudev has said “Do your best and leave the rest”. We exactly did that, so Pujya Gurudev showered his Grace and Blessings on all of us and this Utsav was truly a grand celebration.

Pujya Guruji’s presence was the real “Ananda” of this Utsav. We are all used to receiving a return gift when we attend a birthday party. So from this birthday party of Pujya Gurudev’s birth centenary we all received the best return gift in form of teachings of Pujya Guruji.

Chinmaya Jyoti Yatra went through various zones of Mumbai. The level of enthusiasm and emotion which was seen while receiving and hosting the Jyoti in each zone was outstanding. There were variety of cultural programs, satsangs, meditation sessions, walkathon and even a helicopter ride for the

Padukas of Pujya Gurudev which started from Juhu, went over Jagadeeshwara Temple at Powai, then went all the way to Vibhooti and showered the flowers over Pranav Ganesh Mandir. Finally on 31st Dec. the Jyoti was flagged off from Mumbai and a convoy of few hundred cars escorted it to Vibhooti where it is now in the form of a “Akhanda Jyot”.

Sometimes we all wonder, how so many people are inspired to work in name of Pujya Gurudev?

It is all the result of immense “Tapas” of Pujya Gurudev. We all have witnessed the power of the word “Chinmaya”. It is also because of a Parampara established in the Mission through so many Acharyas and devotees who all are anchored in Pujya Gurudev.

The celebration of the Birth Centenary Year of Pujya Gurudev must become a lifelong celebration for all of us through growth in our devotion to Pujya Gurudev, dedication to the Mission & commitment to Vedanta.

Then only it will be our offering “UNTO HIM OUR BEST”.

Happy New Year 2016.

Mukul Patel

President -

Chinmaya Mission Mumbai

Chinmaya Chintan

On Himself

Swami Chinmayananda



*In His own words as reported
in Champion Magazine of
18-12-1949*

At Rishikesh on the banks of the Ganga's silvery march is Ananda Kutir, Sri Swami Sivanandiji's Asram.

It was most fortunate for us to get 'Chinmaya' freely to ourselves for an hour one afternoon, and we shot dozens of questions at him. The cool confidence and sympathetic understanding with which he answered all our skeptical questions on God and Spiritual Life gave us the courage to expose the worst of our own curiosity.

"The daily evening pujas of the strict and extremely religious house, the insistence that the children should have their japa and namasankirtan every day at dusk, gave him a great push in the illustrious path of devotion.

Swamiji and Sannyas

“Swamiji, excuse us, but may we ask a personal question?” we ventured. “Certainly. Why not?” smiled back the Swami.

Knowing fully well that it is unpardonable for a satsangi to ask any sadhu about his poorvashram, we asked, “Swamiji, why did you take sannyas?”

There was a visible tension on his calm face. He was alert. His eyes wandered for a moment among the correspondence files, typewriter, and the many volumes that lay scattered about him. “What else do you expect any sensible man to do?” asked the Swami half to himself, “Would you have me,” he shot at us, “marry, breed, fight and talk shop till, wrecked with age and sorrow, this body drops down dead?” The criticism on life was clear.

“Chinmaya was tired of living in the tomb, so he walked into the open to breathe, to bask, to work and to live.” The Swami was all ablaze. All of us were silent.

It was a roar of silence that smothered our values and lay heavy on our sinned bosom. As an escape we dared: “But you have not answered our question, Swamiji. Why should you, educated, young, and so

efficient, smart and spirited as you are, kick away life and take to the dress of a monk?”

Swami Chinmayananda had by then calmed down. He even smiled, and looking at the timepiece in his room said, “That is a big question to answer in a few words - this boy’s birth and growth would take some time. For an hour anyway Chinmaya is free: it is all Lord’s wish. ‘parameswara arpanam sarvam’”. Then Swamiji closed his eyes for a moment in devotion and prayer.

His Childhood

“Thirty years ago,” the Swami started, as he slowly opened his eyes, “this sadhu took his body in the Poothampalli House, in Ernakulam, with the late sister of Sri P. Neelakanta Menon (Bar-at-law, Retired Chief Justice of Cochin) as his mother and Vadakke Kuruppath Kuttan Menon of Trichur (Retired Munsiff, Cochin State) as his father. This eldest son had two sisters who are now in Cochin, well settled. The son BalKrishnan grew up amidst the family as a pet of both Sri Chattambi Swamigal and Yogiraj Bhairvananda, who were the kulagurus of the house.”

Growing Up

“The daily evening pujas of the strict and extremely religious house, the insistence that the children should have their japa and namasankirtan every day at dusk, gave him a great push in the illustrious path of devotion. Balan’s prayers would probably end in half an hour: but the elaborate daily puja would lengthen to some two hours. The child was not allowed to move out of the puja room before aarti either. And, thus compelled to resist sleep and somehow to stick to his seat till the end, the child grew extremely imaginative: during this endless vigil he asked a thousand questions to himself regarding the ‘why’ and the ‘wherefore’ of the whole “show”. He got no answer: only this problem got all the more knotty for the questioning.”

“In order to entertain himself,” Swami Chinmayanandaji said, “the Balan in this sadhu then sat gazing at the innumerable pictures of our Gods; The Raja Rajeswari seemed too majestic to play with! Mother Amba too dangerous to approach as she sat on a lonely lotus in the midst of a threatening sea! Lord Krishna often looked too childish to be quite friendly unless of course

Balan was ready to do such things as play with cows and calves, a game strictly banned for fear of the cane. Sri Saraswathi attracted the child, and he in vain tried often to catch some note from Her veena. Sri Lakshmi was to him again more dexterous, a lady of balance to stand so erectly on a lotus flower!”

“What attracted Balan,” here the Swami closed his eyes in deep reverence, “and suited his temperament the most was the picture of the Chandrakaladhara, bust only, with Sri Gangaji flowing out of his matted-hair so beautifully gathered into a heap on His crown; the crescent and the serpent; the broad forehead; the smiling eyes of mercy; the beaming mouth, that seemed to talk of tenderness and affection from behind His moustache! In short Siva was the picture after Balan’s own heart.”

“But the child had to spend two solid hours. The sahasranama was an unending torture for him and he felt that had he been the Divine Mother, he would not have cared to sit, even for a single day, such a length of time suffering under the mounting heap of flowers. He wondered at the meaningless cruelty of his cheriyammas (aunts) to make the

Lady of the Lotus Flowers suffer so much, and that too for so long! But Balan's wonder was silent, his anger impotent. Against the ever threatening cane on the dressing stand, which child would ever have the guts to express what he felt of his elders' stupidities?"

"Thus grew the child. Each day he found his solace in Lord Chandrakaladhara and His smile. To imagine how He must be sitting, how shapely His clothes could be, these thoughts entertained the weary child while waiting for the aarti. He knew fully well that, if dozing was unpardonable, to sleep in the puja room was to invite the unanimous uproar of a team of outraged cheriyammas. They would make Balan feel that in the illustrious line of Poothampalli Menons such a Ravan Hiranyakasipu combination to appear was surely the vengeance of our dissatisfied kuladevata! That was serious!"

"It was during those days of waiting for the conclusion of the puja" pointed out Swami Chinmayanandaji, and there was a distant thoughtful look in him when he explained, "that Swami Chinmaya was born, in Balan, the frail child. Somehow, Balan stumbled upon a new game; to look at the picture of his Lord,

then shutting his eyes to see Him exactly as He was in the picture, in the darkness within. This game gave Balan a job so sweet and pleasant that it became a habit to call up His form at all hours into his mental screen of darkness. The picture came readily as if it was 'ordered'; his wonder grew at his own successes."

"It took now more than 20 years," added the Swami as an aside, "to realize that in that strange game Balan had been initiated into the Gnana marga, the path of knowledge, by Sri Parameswara Himself. Om Namah Shivaya! Glory to the bhaktavatsala! No sincere heart-offering is rejected or ignored by Him, even if it be soiled by our selfish motives. Even as an escape, run to Him, and the Lord shall never desert thee!"

"The child grew up. The monstrous practice in Malabar of leaving a child out of all spiritual discipline as soon as he grows to be scarcely 10 years of age ruined the meditator in Balan. The child found freedom; the beach, the games; and the lessons robbed off the leisure and the mental poise to meditate. Yet, he felt that he could not compose himself enough to sleep without repeating Om Namah Shivaya!

for at least half an hour. He knew not the meaning of japa, yet he went on doing it regularly, more because he imagined it to be an effective talisman against all bad frightening dreams.”

The Immature Balan

“Years passed by. The tall slender BalaKrishna Menon reached college. By then he had become extremely bloated in the head and intoxicated at heart. The early habit of asking questions, even about obvious things and relationships, grew with the bones. He came to ask now such dangerous questions as, “Why should there be God?”

The Swami paused and he seemed to gather his ideas as evinced by his expressions. “See, this was what happened to BalaKrishna Menon. He had heard from here and there that if individuals be mere sparks, He is the conflagration; if He be the sun, every living being is but a ray of His; if He is the Whole, each of us is only a part of the whole. This set the boy thinking, and in his immaturity of thought he came to the conclusion that since even in the best of us there was only a tiny part, scarcely 20 percent of goodness; what must be the whole but a huge

“The japa came back to Menon. He took it up again, not in a spirit of defeatism, but with the refreshing realization that he was a mere pilgrim on the unknown path; he had to discover for himself the turns on the route, and the charms of the destination.”

cauldron of stinking evil! Again, if there were the various Balans, all different rays of His, only then could there be the total God; so Balan was really the source of God, not God the source of Balan; then why should Balan pray to God? So argued the stupid youth.”

“Alas!” Swami Chinmayananda sighed, “with this, Balan divorced God from himself and wandered aimlessly through an empty life of inner gloom, questioning everyone, who he felt safe to open up with, wondering all

the time whether it would be really possible to overthrow God with such an easy argument. Something in his heart kept warning him that there was a serious flaw somewhere in his line of argument. His intellectual honesty would not easily brook any blind faith.”

“And,” revealed Swamiji, “strangely enough even in those days, pocketing all self-dignity, he used to regularly do his japa secretly in bed. The compromise was painful yet he went on submitting to his own “inner voice” for a long time. The spiritual Balan persisted as a shadow in the background of Balan, the unconvinced, till the day he left home to join Lucknow University.”

“With the complete severing from the higher values of the Life Divine, the passionate blind animal in Balan rose up. Mr. Menon of Lucknow is even today among the staff and students, a topic to moralise and an instance to quote when they sit round to discuss the depths of degradation into which modern students have sunk. In carelessness, ungodliness, stupidity and extravagance there was none then to beat Mr. Menon.”

“From the University he walked out, a perfect peacock with an M.A.(Eng.) for its tail. His vanity increased. His daring was supreme. In short, Mr. Menon M.A.(Eng.) strode out to meet life, supremely confident that he could, just for the asking, fix himself up comfortably in one of its ‘luxury flats’. But at the guarded entrance to life, none is admitted who has not a healthy character, a good disposition, a charming friendliness and a bending knee. At the gates of life alone did he realize that he was poor in real wealth!”

The serious grave face melted into a mischievous smile when “Chinmaya” continued his story. “However there is a ditch door in the backyard, through which some few had crept in to live later on successfully in one of the ‘luxury flats’. Through journalism, the youth, disappointed at the main gate, dashed into life’s inviting courtyard, and Sri P.B.K. Menon succeeded in approaching one of the faraway empty deckchairs on the lawns and sit back, comfortable and secure. A few hours in the courtyard of life’s palace and he felt that not even the kick-in-the-game could add gin to the hanging monotony in the atmosphere.”

The Turning Point

The Swami seemed to grow suddenly very sad as he continued, “Slowly Menon bustled his way on to the crowded veranda of life where men and women were busy doing nothing, and from there without much difficulty pushed himself into the very stinking hall of life. A roaring welter of unnatural values! Impossible behaviors! Stupid vanities! Sick and suffering revealed a generation of pale animals in the pell-mell, stuffy within of that palace of life. In their studied smiles were tears. In their insincere, made-to-order laughter were sighs of voiceless deep regrets. Their heartless love concealed stormy hatreds, grudging sympathies, and poisonous rivalries. Each suffered and contributed lavishly to the total suffering.”

“This was sufficient,” declared Chinmayananda, “for Mr. Menon. He saw what a godless animal life could be at its best. He decided on the very first day of this gatecrashing into the palace of life to quit it for good. Beyond the palace walls lay the uncharted deserts of the unknown; to walk out of life is easy, no questions are asked at the gate, and no lies told. But Menon had to answer

his own questions. “Whither ye miserable stranger?” He decided to seek for himself the meaning of true life, and learn to follow the lonely path of Divine Life, which leads all pilgrims to the brilliant Domain of Perfection. That may perhaps make life worth living.”

Experiments With Spirituality

“The japa came back to Menon. He took it up again, not in a spirit of defeatism, but with the refreshing realization that he was a mere pilgrim on the unknown path; he had to discover for himself the turns on the route, and the charms of the destination. He did not

“It was at this crucial moment in his life that the aspirant accidentally stumbled upon some of the books by Sri Swami Sivanandaji, Vivekananda, Ram Tirth, Aurobindo, Ramana Maharshi and others.”

*“Serve, love, purify,
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know then what the Goal was, or whither the paths of Sadhana led; but it was consolation enough and sufficient encouragement for Menon to recognize the simple fact that the path of the Life Divine did not run parallel to the tarred roads leading to the noisy palace of life. Whatever be the destination reached on the new path, to Menon it was more than admirable, in that it would not in any way take him back to the same noisy palace of hurry burry and mutual slaughter.”

“This decision,” the Swami continued “was soon followed by an intense study of philosophy both Indian and European. Dry philosophy, if it now and then thrilled the intellect, generally left the spirit sorely disappointed. In impatience the surging enthusiasm tore the aspirant within into bits. Stomping in his sincerity and impatience the spiritual sadhak in Menon vainly chewed his bit. His erstwhile subdued faith and devotion found their voices, and they roared and

thundered in their demand for freedom and self expression.”

“Jai Satchitanand Satguru Maharaj.” Simple words, but admirable they indeed were to express the warmth of the Swami’s adoration of his Gurudev. “It was at this crucial moment in his life that the aspirant accidentally stumbled upon some of the books by Sri Swami Sivanandaji, Vivekananda, Ram Tirth, Aurobindo, Ramana Maharshi and others. They saved Menon; directed his efforts: explained, comforted, cheered and encouraged. These books put him on the road to God, and maintained him all along his pilgrimage. The doubts were solved. The path became clear. Philosophical volumes disappeared. “Be good. Do good.” “Serve, love, purify, meditate, realise, and be free” practice of these became Life. This change gave the abominable life in the palace a newer zest and nobler meaning.”

“For three years Menon secretly pursued a life of strict spiritual discipline, remaining in the very palace of life, ever noisy with its gruesome aGeetations. They divinized ideologies to excuse their barbarous selfishness, discovered engines of cruelty

to crush their fellow beings, perfected their arguments to torture the poor, enunciated laws to tyrannise the weak and the honest. They denounced simplicity and self-control, claimed a culture of ugliness, rejected love and kindness. They maneuvered revolution to bring about not happiness to the many, but power to the few.”

“Mr. Menon was never idle. He reacted to every changing rhythm of his times. He peeped in, to study every mooted solution, suggested plan, discussed scheme, distributed manifesto, each social, national international and one-world programme. He studied them all, but all of them only grinned back at him in their ghastly ugliness.”

There was such a pang of disappointment in the Swami’s voice that any listener could have easily got an inkling of the impotent ire the youth must have had against the organized incompetency of his times. “Such a close study of the feverish activities of the palace of life convinced Menon, that if that were life, he would be far better off amidst the dead, whatever be the mode of existence available in the unknown realm. Nothing

seemed to be more degraded and foul than life as he saw it.”

Homecoming

The Swami paused. “Yes,” at last said the Swami almost to himself, “It was at this time in his life that P.B.K. Menon, curious to know what an ashram life would be like and eagerly thirsting to meet his saviour and unknown Master, one day reached Rishikesh, This sadhu must confess,” confided Swami Chinmayanandaji “that Balan reached the feet of his Guru more as a deserter of life, than as a discoverer of some new shores.”

“Menon entered Ananda Kutir, that Balan of the puja room who instinctively loved Siva and lived innocently; the child when grown up to become Sri BalaKrishna Menon, who in his intellectual honesty (or was it vanity?) rejected Siva and wandered; lateron divorced himself completely from Siva and suffered. His rediscovery of Siva and later on Sree Sadguru Tapovanam took him to the Temple of Life,” concluded Chinmaya.

The hour had just then run out.

Tejomayam

The Six A's of Success

Swami Tejomayananda



It is a well-known fact that each and every one of us wants success in life, in every field of activity we engage in. Why is this so? The reason is simple. We want success because first of all success gives us great joy. The person who invented the matchbox was very happy with his invention because it was a striking success!

That aside, success enhances our confidence and self-esteem. And when we are confident, then we can aspire for greater success.

Failure, on the other hand, makes us unhappy. Our confidence level plummets, and if someone asks us to do something, even something simple, we feel incompetent to do it.

How do we define success? What do we mean by that term? The simple definition is the achievement of a desired goal. If I want something and I get it, then I think I am successful, although that success may not be admirable. For example, if someone picks a passer-by's pocket without getting caught, is he a successful pickpocket? Is his act worthy of praise? When a terrorist strikes, and several people are killed, the perpetrator may call it a successful bomb blast. But surely it is not a praiseworthy act. Suppose a poorly prepared student wants to pass the examination and he does that by copying, should his success be praised?

Therefore, when we talk about success, we should be clear that not only should the goal be noble, but the means to achieve it should be equally so.

I once met a person - a very interesting person - who boasted he had never failed in life. He said he was always successful, no matter what. I asked how he managed to do that. He told me it was because he kept his goals very low, so low in fact that even if he wanted to fail he couldn't. But he confessed that he did fail once. "How did that happen?" I asked. "Well, actually, even that failure wasn't bereft of success," he said. "It was just a successful failure!"

We all yearn for success, but often fail to achieve it. Why do

we fail? Why are some people successful, others not? This is a very important question, one we have to think deeply about.

That brings me to the topic I am going to speak to you about today. It is called "The Six 'A's of Success".

Aptitude

It is your natural interest. What is it that you have aptitude for? Many times people are forced to do certain things for which they have no aptitude at all. Their heart is just not in what they are doing. They might achieve what they set out to do, but deep within, they are not happy. This is because their mind is somewhere else. There are aptitude tests you can take to determine where your interest lies. But the test might reveal that you have an aptitude for more than one thing. What do you do then?

If you are doing something which interests you and for which you have a natural aptitude, there is a greater likelihood that you will succeed in it. So, maybe, through trial and error you can determine where your interests lie. Oftentimes, you know what you have an aptitude for, but

How can I, given that the basic ability to do that is missing? Ability may be physical or mental. Ability can be called our potential. We want to succeed, yet why do we fail?

there is so much social pressure, economic pressure, and familial pressure that you are prevented from following your heart. This is especially true when your interest lies in music, fine arts or sports. Family members will tell you there is no money to be made in those fields, that you should pursue something else. If you give in, you are likely to set yourself up for failure.

In college, I was a student of science. I have often been asked why I took up the study of Vedanta after studying science. I tell them you should ask me why I enrolled in the science programme when I had no interest in that subject at all! I was influenced by what my friends did. They pursued science, so I did too. Then I discovered I had no interest in that. Luckily, Vedanta came into my life. I realised that it was what I wanted.

Aspiration

Some people may have an aptitude to do something, and even find themselves in a situation that allows them to do what they like. But aptitude alone is not enough. You must aspire to achieve success in that particular field, be it in science, commerce, economics, politics,

education or social work. The Wright brothers worked in a humble cycle shop, but all the while they aspired to fly. Anyone who has made a contribution in any field has done it only because she or he had great aspiration. Some may call it ambition, but there is a difference between the two. Aspiration is loftier than ambition. It is inspiration-driven. It has none of the ego and possessiveness that accompanies ambition. Not every ambitious student who enrolls in the arts or science programme ends up becoming an artist or scientist.

Ability

Supposing I want to climb Mount Everest, but am a crippled person; will I ever be able to succeed? How can I, given that the basic ability to do that is missing? Ability may be physical or mental. Ability can be called our potential. We want to succeed, yet why do we fail? We've got the potential to perform but the problem is we do not perform upto our potential, or rather, our full potential. Therefore we put in half-hearted efforts. This is the reason for failure.

If you offer your abilities and success at the feet of the Lord, or your teacher, or the nation, then your actions become noble.

Application

It is just performing according to our potential. Ability means potential to perform, application is performing upto our potential. Many parents complain that though their children are very talented, they never apply themselves to the task in hand. If you have talent but don't apply your mind to what you are doing, what can you achieve? Sometimes a person who does not have talent, but applies his mind, is more successful than a person who has the aptitude and ability, but lacks application.

Attitude

Life is not very simple. Sometimes you may not get what you want, sometimes you get less than you expected, sometimes more, and

sometimes you fail. At such times what must be your attitude? Whether you win or lose, having the right attitude helps. But what is right attitude?

If you succeed, in success you must have humility. In failure you must have fortitude, patience, trust and faith in yourself. And also the belief that not having succeeded does not mean the end of life. The suicide rate among students has increased because students give too much importance to only one area of success. The complete idea of success is not there. There are successful sportsmen and successful businessmen whose personal lives are failures. We are not talking of success in a particular field, but in all aspects of life. If you don't have emotional maturity, you break down. This happens even to brilliant students because they lack the right attitude. If a person becomes arrogant in success, does not care for anybody, becomes overconfident, he is bound to fail. Whereas if you have humility, there is chance for rising still higher.

Altar of Dedication

When you succeed, whom or what do you dedicate it to?

What is your altar of dedication? Haven't you seen many authors dedicating their literary work to someone - to their parents, their teacher, or even to their nation? There is a beauty in doing that. Your ego is put aside, and the higher the altar of dedication, the greater the unfoldment of your potential. Your performance itself changes and you undergo a transformation. I read somewhere that an altar in life alters your life.

Mahatma Gandhi, a lawyer and barrister, went to South Africa. At first, his qualifications were dedicated to a client. But when he discovered an altar in the nation, a need to free it, he was a transformed person.

Therefore, an altar of dedication is the most important qualification for success in any field. If you offer your abilities and success at the feet of the Lord, or your teacher, or the nation, then your actions become noble. Even if some goals are not reached, you are transformed as a person. That is the real success. Do you want to be a person who owns valuable things, or a person who has good values? It is said a man may be worth a billion dollars and yet be a worthless person.

I have given you some points to think about. Ponder over them. Make your choice after first determining what is your aptitude, your aspiration, your ability, your application, your attitude and your altar of dedication.

To all the women students sitting here in front of me, I say: Do not compete with men, because when you start doing that, you are already telling them that they are superior and that you are capable of doing exactly what they are doing. Remember, you are great in your own right. You don't have to compete to show that. There are things you can do and they cannot. Act according to your aptitude. In trying to compete, you may be giving up your natural talent.

I have enumerated the six 'A's of success, and have tried to explain them a little. If you follow this, success is yours. Success is sure to come to the sincere. Gurudev used to say: "Success is your birthright. You are born to succeed."

*From a talk given to the students
of Valliammal College, Chennai,
on Feb. 19, 2008.*

Ācharya Manan

Om Prasannatmane Namaha!

Br. Yukt Chaitanya



This is one of the 108 names of Pujya Gurudev composed by Pujya Guruji and Pujya Swami Shantanandaji. Every name by itself is a great anchor for a sadhak to stay rooted on the path whenever he meets any towering obstacle.

Prasannatmane means, the cheerful one. Pujya Gurudev was always happy. We seek nothing but only happiness from our every activity. So to become happy we get into action. This happiness we seek outside in the world of objects of different names and forms, which are nothing but insentient and inert. They have nothing to offer and hence we feel disappointed, sad, hurt and unhappy.

But Pujya Gurudev did not set himself in action for happiness but He simply acted Out-Of-Happiness. So if someone would ask Pujya Gurudev “how are you?” regardless of the situation, one could get only one sincere answer everytime “Happy.” Once I heard someone say “we all are sharing this knowledge from the Vyasapeetha for Realisation, but Gurudev shared this knowledge from the Vyasapeetha because He was Realised”. The difference between Gurudev and us is the same as the difference between light and darkness.

He came down as a realized master with the firm resolve to impart this divine knowledge to His beloved countrymen. He did not act to gain something for Himself but He acted so that we get something. He set Himself into action with nothing to gain, but He acted only to give, give and give. Bhagawan Shankaracharya says in his preface to the Bhasya of the Geeta “*Svaprayojanaabhava Api Bhutanujigrakshaya ...*”

i.e. with nothing to gain, still He (Sri Krishna) came and gave this knowledge only with the well-being of all beings of this world in mind.

Bhagawan Sri Krishna did not have anything to gain by sharing this Knowledge, but He did so, only and only for the well-being of all of mankind. Similarly Pujya Gurudev had nothing to gain, but He shared this knowledge with all of us for our sake out of pure love and affection.

Seeking the blessings of His Guru, Sri Swami Tapovan Maharaj, coming down from the Himalayas to the plains what did Pujya Gurudev do? He simply got into action to give us His best! Yes, and it is only the Best that we got from Him. Now you may want to know how.

There are many types of Yagnas and amongst all Yagnas, Gnana Yagna is considered to be supreme. He gave us the Geeta Gnana Yagna i.e. He gave us the best available.

In the Geeta Sri Krishna says, those who share, protect and preserve this knowledge are very dear to me. Knowledge cannot be preserved or protected by storing it in books and libraries, knowledge is protected by

sharing it with people and Pujya Gurudev shared this knowledge in grand style. He conducted more than 500 Yagnas. He not only shared it but also empowered some of us to share it too, thus allowing some of us to be part of the grand Yagna of Bhagawan thereby giving ourselves a chance to qualify to become one of Bhagawan's dearest devotee.

He single handedly spearheaded Chinmaya Mission onto the global map thereby creating 300 centres across the globe. He worked tirelessly for 40 years with complete selfless dedication and love for the knowledge and culture for all of mankind at large.

All this Pujya Gurudev could do only because He did not work for happiness but He worked Out-Of-Happiness. He was complete, Paripurna. He was Happiness Himself. He had nothing more to gain. He had nothing more to attain. From such lofty heights of existence He operated with complete detachment. He saw everything as Narayana's and whom He shared the Knowledge to also He saw as Narayana Himself.

With such a divine vision He came, spoke, worked, toiled for 40 years without a break and all this for whom? For us, i.e. His

children. He single handedly built this massive infrastructure for us. He knew His children would need a field to work for spiritual upliftment. He created it for us.

So let us all, the children of Pujya Gurudev, hold hands, dancing with absolute gay abandon, let us work not for our happiness but work with an attitude of love, care and responsibility. And with every sincere step in Svadhyaya,

Sadhana and Seva let us increase our proximity to Him. He is waiting to embrace us. Let us not make Him wait too long. Let us make this life count!!!

He gave us His best. Now it's our turn. Unto Him Our Best!

To this Gigantic Advaitin, I offer my Sashtang Pranams!!!

Om Prasannatmane Namaha!!!

H. H. SWAMI TEJOMAYANANDAJI'S ITINERARY JANUARY - 2016

01 to 01 Jan, 16	Vibhooti	+91 - 90110 04542
02 to 07 Jan, 16	Margaon	+91 - 832 275 2297 +91 - 98604 86855
08 to 08 Jan, 16	Vizag	
10 to 13 Jan, 16	Bhavnagar	+91 - 278 -256 3135 +91 94261 84487 (M)
14 to 15 Jan, 16	Mumbai	+91 - 22 2857 8647
16 to 17 Jan, 16	Kolhapur	+91 - 230 - 246 5754 +91 94232 82227 (M)
19 to 20 Jan, 16	Kochi	
22 to 26 Jan, 16	Chinmaya Vibhooti	+91 - 90110 04542 (M)
27 to 29 Jan, 16	Mumbai	+91 - 22 2857 8647
30 to 31 Jan, 16	Bangalore	
01 to 06 Feb, 16	Mumbai	+91 - 22 2857 8647

GEETATHON

*...Krishna goes home-to-home
with a message of Geeta for everyone*

***Daily Geeta Satsangs anywhere in
Matunga, Mahim, Dadar,
Parel, Wadala, Sion, Chembur & Ghatkopar...***

***... also in South Mumbai - Worli, Juhu - Andheri West,
Goregaon - Dahisar, Navi Mumbai - Parel***

***From 17th September 2015 (Ganesh Chaturthi Day)
to 21st December 2015 (Geeta Jayanti Day)***

A Simple 60 minutes program including:

- Talk / Satsang on Geeta by a Sevak / Acharya

- Video-clip by Pujya Gurudev Swami Chinmayananda on relevant topic

- Chanting of Geeta Shlokas(optional)

- Chinmaya Arati

- A grand Geeta Chariot with Krishna & Arjuna comes to the home hosting the Geetathon talk along with Padukas of Pujya Gurudev Swami Chinmayananda

- The host family also receives a copy of The Holy Geeta and beautifully photograph of Pujya Gurudev holding the Geeta

***Every day Krishna's Geeta Chariot will Visit at least one home,
Every day Chinmaya's Geeta talk will Inspire at least one family.***

Let it be your home, your family.

Block The Geetathon Date For Your Home Now!

Hosting a Geetathon on a Festival, Birthday,
Anniversary, etc can be extra special!

Write to: gmg.mumbai@gmail.com

or call our Sevaks:

Matunga, Mahim, Dadar, Parel, Wadala, Sion,
Chembur & Ghatkopar:

Bhuvana Chandran - 9920744979

Chandrika Vora - 9820548988

South Mumbai - Churchgate to Worli:

Anjali Jhunjhunwala - 9967044556

Sujata Kelkar - 9819534510

Andheri Lokhandwala, Versova, Four Bungalows, Juhu:

Swati Chitalia - 9819904606

Mamta Shah - 26112358 (Mon-Fri 12pm-6pm)

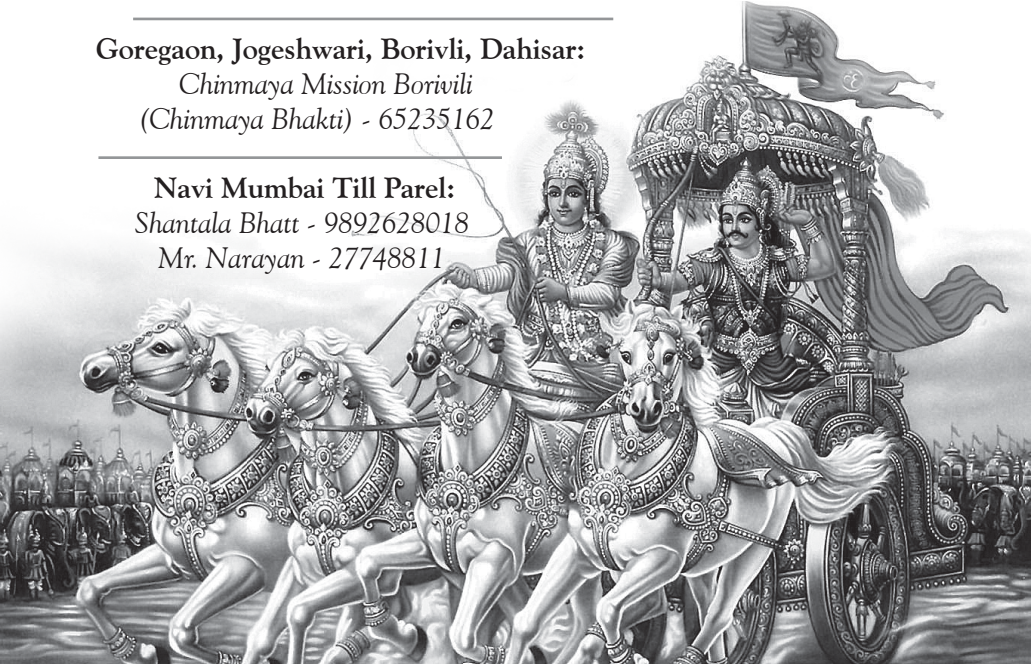
Goregaon, Jogeshwari, Borivli, Dahisar:

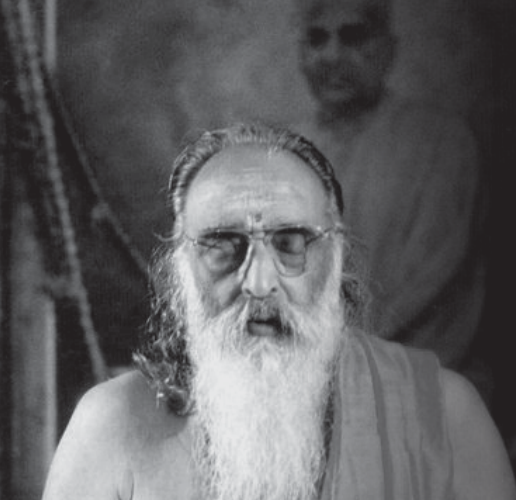
Chinmaya Mission Borivli
(Chinmaya Bhakti) - 65235162

Navi Mumbai Till Parel:

Shantala Bhatt - 9892628018

Mr. Narayan - 27748811





42

Chinmaya Sadhanas

Chinmaya Mission Mumbai
invites you to participate in

42 Chinmaya Sadhanas

*(42 Sadhanas for 42 weeks as an offering to commemorate
42 years of Service by Swami Chinmayananda)*

Launched on 3rd August 2015 -
Chinmaya Aradhana Day/Sadhana Day

From 1951 to 1993 Swami Chinmayananda served the society selflessly, out of Causeless Infinite Compassion. He came down from the Himalayas to uplift us. Every moment of these 42 years was an expression of His Love for us, urging us to do sadhana & break out of our false-identification with the Body-Mind-Intellect.

“Spiritual Life is all-inclusive. Your physical, mental and intellectual involvement is unavoidable. At each level the ‘Sadhana-emphasis’ is different.

We are now drowned in our Body-Mind-Intellect (BMI) identification. We have to use creatively that very BMI to get out and go beyond them into the Higher State. BMI in their tamed and quietened condition, become a comfortable ladder to reach the Higher.” - Swami Chinmayananda in Practice of Vedanta.

In HIS Birth Centenary Year, let us do 42 Sadhanas as an expression of our gratitude to HIM.

Objective:

Cultivate the attitude that I am a Sadhak and Self-Realisation is my goal in and through my daily life. It will also introduce us to 42 different sadhanas and if any of these sadhanas inspire us, we can continue it for the rest of our lives.

Method:

From 3rd August 2015 to 22nd May 2016 are 42 weeks.
Each week we will be doing one sadhana from Monday-Sunday.
Each month the sadhanas will be for Body-Mind-Intellect-Speech.
One aspect will be covered in one week.
So every month our BMIS will be getting fine-tuned.

4 - 10 Jan	Body	Walk Alone	Everyday spend atleast 15-30 mins. in a walk alone in nature. Have no other distractions. Be with nature
11 - 17 Jan.	Speech	Chant Geeta	Chant chapter 15 of the geeta daily. Preferably before lunch and/or dinner. Read commentary of 3 verses daily. Chant. Study. Know. Live.
18 - 24 Jan	Mind	Overcoming Negatives	Choose a negative tendency and strive to overcome it
25 - 31 Jan	Intellect	Meditation	Meditation - Chant Nirvana Shatkam & Contemplate on it for 10min after your bath.
1 - 7 Feb.	Body	Pranayama	Do 11 Pranayams every morning/evening

The sadhana of the week with the description, how to do it, how long to do it & the benefits will be mailed to you on the previous Sunday.

*You can perform the sadhana and if you like,
take a picture/selfie and post it on
facebook/twitter/instagram/google + /social media with the
#42chinmayasadhanas #CBCC100.*

*Lets get inspired by #42ChinmayaSadhanas
& lets inspire others to do #42chinmayasadhanas*

To know more about the sadhanas &

*register free for #42ChinmayaSadhanas at goo.gl/io97fa or
log on to www.chinmayamissionmumbai.com*

Report on Chinmaya Anand Utsav



Spirit of India

Spirit of India, a charity concert by Shri Sonu Nigam, held on 13th December at Shanmukhananda Hall was a rocking start to the Chinmaya Anand Utsav.

Sonuji ignited the patriotic spark and devotion for the Lord and Puja Gurudev in each one of us with his wonderful performance. Filling in for Shri Shankar Mahadevan at a very short notice, he mesmerised the audience with his melodious music, consisting of patriotic and spiritual songs and bhajans.

He sang many songs on stage for the first time and the audience often joined in chorus, clapping and cheering, with their hearts filled with love and reverence.

Geeta for All

Guruji Swami Tejomayanandji's talks on Ch. 15 of Bhagvad Geeta, titled "Geeta for All-Non-Believers and Believers" were held every evening from 14th to 18th December.



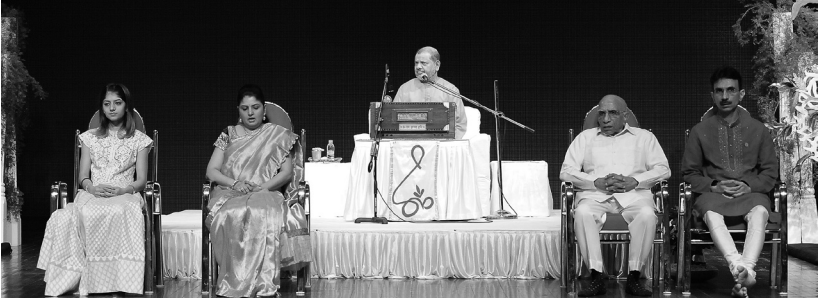
The talks started with welcoming Pujya Guruji with Purna Kumbh, and felicitating the Pramukh Yajna Yajman, Shri Mukul Patel and family of Harasidh group. Their daughter Radhika welcomed the devotees on behalf of the family and the Mission.

Highlights of the talks in brief :

- Geeta is the essence of the Upanishads and Ch. 15, Purushottam Yoga is the essence of the Geeta.
- There are many different types of believers and non-believers, however, everyone accepts their own existence, and that, there is a cause for this creation.
- Ch. 15 begins with the description of the Ashvathh tree, with its roots above and branches below, and Ved-mantras as its leaves. Ashvathh means ever-changing and it aptly represents this Samsaar. Vriksha means that which can be cut down. So too, the sorrowful and changing experiences of the world can be ended through detachment and shifting our attention to the Lord.
- The Vedas indicate the virtuous path that we need to follow in

order to find that permanent happiness we are all seeking.

- Our actions and their reactions bind us to this samsaar and like silkworms, we too get stuck in our cocoons. It's only in human life that we can destroy this bondage by seeking that Primordial Being, who nourishes this tree.
- The wise men reach that Goal Eternal, by freeing their minds from pride and delusion, detaching from the world of objects and conquering all desires for ephemeral sense objects, and never return to the earlier state of confusion and ignorance.
- It is the Light of Consciousness which makes us aware of the brilliance of the Sun and the Moon.
- Expressing through the Body, Mind and Intellect, the infinite consciousness itself becomes the egocentric personality (Jeeva), experiencing joys and sorrows in the world.
- Jeeva takes up various bodies from time to time, according to its desires, retaining sense faculties and mental impressions (subtle body) with itself. At the time



of death, the subtle body departs from the gross body.

- With the Eye of Knowledge, the highly contemplative seeker intuitively recognizes the play of the Divine in the world of plurality.
- The Lord Himself expresses as light in the Sun, the Moon, the fire and supports all beings by His Energy. He nourishes all plants, pulsates through the body of all living beings and digests the food they eat. He is seated in the hearts of all. It is He alone, who is to be known by all Vedas, is the Author as well as the Knower of the Vedas.
- The changing world of matter, which constitutes the field of experience is “Perishable Purusa”, whereas Consciousness, the Self in all, which is aware of it, is “Imperishable Purusa”. The Lord alone expresses as

both, the Perishable and the Imperishable. He pervades and sustains the three worlds of waking, dream and deep sleep.

- By transcending the Perishable realm in contemplation, the wise men reach the state of the Highest Reality, the Purushottama.

Guruji’s talks were very enlightening and he made this Knowledge very simple to understand even for those who were new to Vedanta. Our salutations and heartfelt gratitude to him for this beautiful Yajna.

ITIT

“I Transform India Transforms”, a Leadership Conclave held in the morning of 19th December saw our Pujya Guruji Swami Tejomayanandji and Pujya Swami Swatmanandaji sharing the dais with corporate leaders, Shri Kumarmangalam Birla and



Smt. Swati Piramal along with author Amish. They inspired the audience by speaking about practical application of scriptural knowledge, in order to become torchbearers of nation building. Only when individuals transform, will India transform.

The event started with a rendition of Vande Mataram by Smt Pramodini Rao, followed by a video clip of Pujya Gurudev urging all Indians to have a common goal and work in harmony. With our nation as our altar of love, our ego and egocentric desires will melt away and the country will prosper.

Chief Minister, Shri Devendra Fadnavis could not be present and hence his video clip was played. He envisioned a population which is charged to develop this nation, and gives back to the society from which it receives so

much. Just the way the Japanese put litter in their own pockets, we too can keep our country clean by participating in the Swachh Bharat movement.

Mr. Birla spoke about Karmayog and how he has successfully implemented it across all his businesses. The means are as important as the goal and values are non-negotiable. Passion and seamlessness are the two core values followed by his group.

Smt. Swatiji said that each one of us faces the battle of Kurukshetra in our lives. Giving examples from the field of science, of Steve Jobs, the founder of Apple, President Dr. Abdul Kalam and Indian Mathematician Ramanujan, all of whom transformed into extraordinary, in spite of their humble beginnings, she said without battle there is no success. We should be joyful in



everything we do, and make this world beautiful and healthy.

Swami Swatmanandaji spoke about how our mind, when it's under control can be our best friend. He spoke in-depth about the TITI workshops which address 7 levels of transformation in individuals, from Physical fitness to Emotional Peace to Patriotic transformation.

Amish, speaking on cultural transformation, spoke about following our Swadharma by citing the example of Ratnakar, who transformed into Rishi Valmiki. Maintaining a positive attitude transforms the world around us.

Guruji, who spoke on spiritual transformation gave the example of the sun, whose light blesses the whole world. We all have our moments of inspiration. Transformation happens when we follow them up with hard work. Facing life and building it

with passion and vision requires inner strength.

The event concluded with a panel discussion and Q&A session, in which each of the speakers spoke about their own personal transformation. Following our dreams and working hard, and having India as our altar of dedication, each of us can contribute to our country's transformation.

Light - Enlight

'Light - Enlightenment', an evening of soul-stirring bhajans written, composed and sung by Guruji Swami Tejomayanandji was held on 20th December evening. He was accompanied by singers and musicians from Chinmaya Naada Bindu.

The theme of bhajans was to pray to the Lord, who is full of compassion, knowledge and virtues, to help us cross this ocean of Samsaar that we are



so deeply stuck in. By chanting His name, singing His glories and contemplating on His form, we will definitely reach Him.

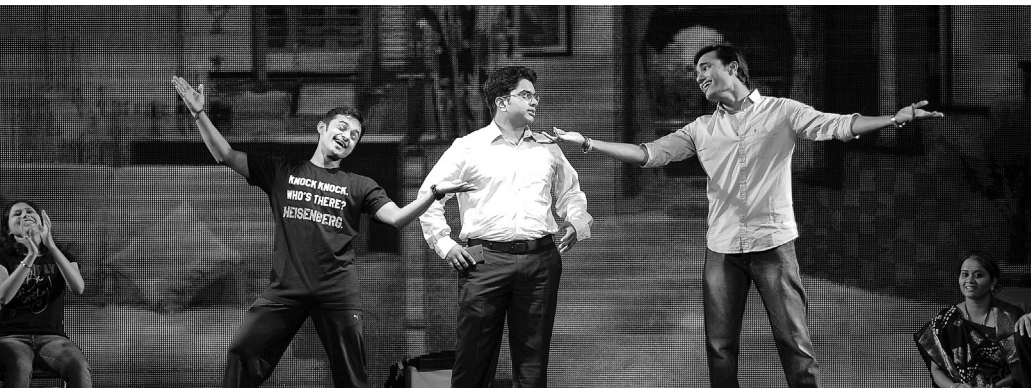
Guruji sang beautiful bhajans of Shri Ganesh, Shri Ram, Shri Krishna Bhagvan and Pujya Gurudev. The audience often joined in chorus, with their hearts full of devotion and gratitude.

Just Like That

On 19th December, The CHYKs performed a very enlightening play called '**Just Like That**', based on the Bhagvad Geeta.

The play depicting the life of Anand family, starts with the morning commotion, typical in any family. A retired soldier who has lost his purpose beyond the nation, a housewife doing habitual prayers, a CEO who is stressed out chasing worldly success, a fitness freak addicted to seeking perfection, a journalist obsessed with TRP, a student with a passion for comedy and a spiritual scientist, all come together to take us on a magical journey within ourselves.

The family tries various means to find peace, like meditating





together early in the morning but ends up in arguments. Then one day a guest, called Maddy comes visiting them, and witnessing their mental commotion, takes them on an insightful journey from confusion to clarity, from action to inspiration, from addiction to love.

The play, covering various paths to reach the Lord, namely Karmayog, Bhaktiyog and Gyaanyog was not just a play, it was a magical experience. From Raas Leela to meditation, from a pilgrimage to Ernakulam, the birth place of Adi Shankaracharya to a debate on the Existence of God, it answered the questions of every

seeker. It was the story of each one of us. It concluded with the very inspiring song “SEEK HIM”, exhorting us to seek the Lord in all our experiences of life.

Geeta Utsav

Geeta Utsav, held on 20th December evening, to celebrate traditions, talents and inspiration based on the Geeta, was the culmination of the 7-day Chinmaya Anand Utsav.

It started with a Geeta-based quiz, followed by chorus chanting of Ch. 15 by the winners of Geeta-chanting competition. Musicians from Kharghar performed

percussion based fusion music inspired by Ch. 1 of the Geeta. CHYKs and Balavihar children from all over Mumbai presented skits and dances based on various themes from the Geeta. Pujya Gurudev and President Abdul Kalam are perfect examples of Karmayogis and skits based on their lives were very inspiring. Seeing so much talent and purity of minds in the young children, we can be sure that there are more karmayogis in the making!

The highlight of the evening was the first ever performance by

Shishu Vihaar children, between the ages of one and five. Dancing and singing the glories of various Gods and Goddesses, they stole the hearts of one and all with their sweetness and innocence.

Heartiest congratulations to all the sevikas and volunteers who put in tremendous efforts to light the lamps of love in the hearts of these young children. It was wonderful to see Pujya Gurudev's vision of igniting young minds coming to life.

- Chaula Bhimani





ROUTE to ROOTS ***A Transformation Walkathon***



27th December, 2015 (Sunday) | 7am to 11am

A Walkathon from Veer Savarkar Rashtriya Smarak, Shivaji Park to Netaji Subhash Chandra Bose Road, Chowpatty saw around 250 people participate on the cool Sunday morning of 27th Dec.

It was part of the Chinmaya Jyoti Yatra celebration in Mumbai. It was an inspiring and invigorating journey of 10 kilometers with children displaying the Malkhamb and 9 famous dances from different states of India and

that too both being performed on floats.

Enroute we paid our homage to 8 national leaders who had inspired an entire generation for our freedom. We took blessings of 3 temples - Siddhivinayak, Mahalaxmi and Babulnath on the way with Gurudev's Padukas.

The participants walked on, inspired towards an empowered India and to the collective grand vision for a Transformed Nation!

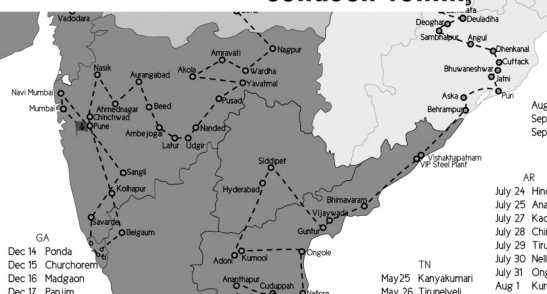




Chinmaya Tyoti yatra

sandesh vahini

Nov 25 Wardha
 Nov 26 Amravati
 Nov 27 Akola
 Nov 28 Yavatmal
 Nov 29 Pusad
 Dec 1 Nanded
 Dec 2 Udgir
 Dec 3 Latur
 Dec 3 Ambejogai
 Dec 4 Beed
 Dec 5 Aurangabad
 Dec 7 Ahmednagar
 Dec 8 Nashik
 Dec 9 Chanchwad
 Dec 10 Pune
 Dec 12 Kolhapur
 Dec 18 Savarde
 Dec 20 Sangli
 Dec 21 Pune
 Dec 22 Khopoli
 Dec 22 Navi Mumbai
 Dec 23 Tarapur
 Dec 24 Vasai & Borivli
 Dec 25 Andheri
 Dec 26 Mahim & Juhu
 Dec 27 Sagar
 Dec 28 Mulund
 Dec 29 Chembur
 Dec 31 Vibhooth



Oct 9 Meerut
 Oct 31 Noida
 Nov 9 Gurgaon
 Nov 21 Bafal

Gangtok
 Silguri
 Bhowali
 Bhowali
 Baginji
 Cooch Behar
 Gauhati
 Kokkata
 Jh
 Sep 10 Raiganj
 Sep 13 Cooch Bihar
 Sep 22 Siliguri

OR
 Aug 14 Berhampur
 Aug 15 Aska
 Aug 16 Puri
 Aug 17 Jajhi
 Aug 18 Bhuvaneshwar
 Aug 20 Cuttack
 Aug 21 Dhenkanal
 Aug 22 Angul
 Aug 23 Sambalpur
 Aug 24 Deogarh
 Aug 25 Deulashia
 Aug 26 Lathikata
 Aug 28 Rourkela

AR
 July 24 Hindpur
 July 25 Ananthapur
 July 27 Kadapa
 July 28 Chinmayaramyam
 July 29 Tirupathi
 July 30 Nellore
 July 31 Ongole

TN
 May 25 Kanyakumari
 May 26 Tirunelveli
 May 27 Tuticorin
 May 28 Rajpalayam
 May 29 Madurai
 May 31 Dindugal

Aug 1 Kurnool
 Aug 2 Adoni
 Aug 3 Hyderabad
 Aug 4 Siddipet
 Aug 8 Ganur
 Aug 9 Vijayawada
 Aug 10 Vijayawada

The journey so far ...

No. of days	-	236
Towns/Cities covered	-	154
States	-	26
Paduka Pooja's	-	353
No. of people reached	-	250000+
No. of Yagnatarium shows	-	962
Children at the Yagnatarium	-	35100+
TITI sessions conducted	-	160
People reached through TITI sessions	-	21250+
Total distance traveled (kms.)	-	27000+



Chinmaya Sandesh

Chinmaya Sagar Zone

(South Mumbai)



Chinmaya Jyoti Yatra ...

The arrival of the Chinmaya Jyoti in South Mumbai, on 29th December, was celebrated by observing it as “Meditation Day”. The day-long programme began at GD Somani School, Cuffe Parade in the early hours of the winter - morning.

After Pujya Gurudev’s Padukas, the Commemorative Coin, Gurudev’s Vastra and the auspicious Chinmaya Jyoti were traditionally welcomed, Pujya Swami Swatmanandji led 95 participants through a guided, sunrise meditation session, based on the Gayatri Mantra.

An invitation to pay obsecience to the auspicious Jyoti and a visit to the Chinmaya Sandesh Vahini for a glimpse into the life and work of THE GREAT MASTER, only enhanced the blissful experience. The convoy moved to Worli for its afternoon session.





... @ Chinmaya Nursery School, Worli

The Chinmaya Jyoti Yatra was well received in a grand manner by the Children, parents and alumni of Chinmaya Nursery School, Worli & Kemps Corner. These were one of the first few schools started by Pujya Gurudev. The principal and teachers had worked tirelessly over the last few days and it felt like the old times as if Gurudev was actually visiting the school and addressing the Children.



Parents reminisced their days at the school and the “Chinmaya way” of education had made a

big difference to the foundation of their Children. The Children too spoke about Gurudev in their own way and had an overwhelming Satsang session and Paduka Puja. We could feel Gurudev’s magic in the air. The residents of the building and all the parents visited the Chinmaya Sandesh Vahini.



... @ Emperor Hall, NSCI. Afternoon Meditation on Values by Swami Swatmananda

It was an uplifting experience and we reached out to a newer audience with the support of the management of NSCI.

Acharya Santhoshji and Br. Ved Chaitanyaji spoke about the history of the Chinmaya Jyoti Yatra and their experience.

... @ Prince Hall, NSCI

In the Yagnatarium, we had one show on God Symbolism for the



children and one meditation show by Gurudev, Swami Chinmayananda for the elders.

With a calmer mind, we calmed our bellies with a seven course lunch for the CSV team and rest of the mission members.

... @ Priyadarshani Park

Priyadarshini Park, one of South Mumbai's most dear venues was blessed with the grace of Pujya Gurudev through the last leg of the Jyoti Yatra. Themed as 'Meditation Under the Bay', this turned out to be a surreal experience for all 680 audience present.

Sw. Swatmanandaji mentioned, Gurudev loved the Upanishads & the Knowledge to be imparted to all. Tradition blending with innovation, meditation & Om chanting. For this Centenary Celebration the welcome & tribute was planned incorporating these 3 in mind. For the 1st, 10 Sevikas narrated interactive Upanishad stories for children & adults under a park trees.

For the 2nd, India's Biggest Global Icon & Maverick Sitar Maestro Niladri Kumar paid respects by presenting 'Stay UPRooted' a one of its kind musical concert along with Padmashri Vijay Ghate on Tabla, Vidhvan Sridhar Parthasarthy on Mridangam and the generation-next musicians.

The 3rd was through a gripping and uplifting meditation and mass Om chanting in the park by Swami Swatmananda.

The occasion was blessed by Swami Siddhananda. A 20





minute animated show on God Symbolism for children was held at the Yagnatarium.

Many new individuals were highly inspired, magnitude of awareness was created and overall through His grace a befitting tribute was carried out to one of the Greatest Masters of the Modern Era - Our Pujya Gurudev.

Gita Jayanti 21st December 2015 @ Chinmaya Sagar by Vibha Mittal

A few devotees got together for the Sampurna Bhagavad Gita Parayan from 3.30 to 7.00 pm.

Tapovan Ashtotar Namavali, Gita Ashtotar Namavali and Tapovan Shatkam were chanted before the Gita.

After the Gita chanting, Gita Mahatmaya was chanted after which Gita Arti and Chinmaya Arti was performed. Devotees also chanted the Vishnu Sahasranama.

Talk on the Gayatri Mantra & Gayatri Havan

by **Br. Yukt Chaitanya** (*Acharya - Mahim Zone*)

15th January, 2016 ● 7.30 am. to 9.00 am.

Venue: Gagan Giri Ashram, Malabar Hill,
Opposite WIAA Club, Near Hanging Gardens

Please Register: Mrs. Geeta Chopra - 9820132442

Shishuvihar Class for Children

Age: 3-5 yrs

by **Roma Sanghavi**

Every Friday ● 5.00 pm to 6.00 pm

Venue: 24 Gulistan 2nd Floor, Carmichael Road,
(Road parallel to Peddar rd), Mumbai - 400026.

Contact: 9820297889



Sessions by Swami Swatmananda

Wise & Otherwise

Talks on Geeta Ch. 3 - Karma Yoga

Geeta Power

Weekly Study of Geeta Verse-by-Verse

28th Jan & 4th, 11th Feb. 2016

12.30 pm to 1.30 pm (Thurs)

Venue: Mrs Parul Bhammar, 18th Floor, Usha Kiran Bldg,
Charmaichel Road, Behind Jaslok Hospital,

Contact: 9820185255

Geeta In Practice

Monthly Sessions - Vision of Geeta in Power Capsules

Chapter 12 on Bhakti Yoga

12th to 14th Jan. 2016 • 7.15 pm to 8.15 pm (Tues - Thurs)

Venue: Chinmaya Nursery, Kemps Corner, behind Hotel Shalimar

*For registration kindly send a SMS along with
your full name on 8108043204*

Upanishad Darshan - Taittiriya Upanishad

Talks on Ch. 2- Brahmananda Valli

19th to 23rd Jan. 2016

Time: 7.15 to 8.15 am

Venue : Chinmaya Sagar, Panchsheel bldg, 'C' Road, Churchgate

Geetathon sessions so far in Chinmaya Sagar

Date	Host	Area	Acharya / Sevak	Topic
22 Nov.	Amit Nanavaty	Tardeo	Sw Swatmananda ji	Interactive session
22 Nov.	Rasik Bhai Kadakia	Their Residence	Vinita Asrani	Life is Beautiful
23 Nov.	Dr Gulathi	Worli	Swni Krishnapriyananda ji	Karma Yoga
23 Nov.	Smita Patel	Naprean Sea Rd	Sw Swatmananda ji	Relevance of Geeta
23 Nov.	Mayuri Zaveri	Ridge Rd	Varsha dalal	Vishnuhasranam, Significance of Namasmaran
25 Nov.	Gopal Somani	Altamount Rd	Sw Swatmananda ji	Letting Go-duties & dharm
27 Nov.	Anjali Dalal	Chowpatty	Sw Swatmananda ji	Ambition & Balance
28 Nov.	Bombay Gym Khana	Colaba	Sw Swatmananda ji	Being in the present, focus & eliminate multi-tasking
29 Nov.	Leena Talim	Worli	Swni Ameetananda ji	Bhakti Yoga
29 Nov.	Geeta Kothari	Gamdevi	Personal Sadhana	Setting a high goal, Power of single-pointedness
30 Nov.	Rajul & Sanshya	VP Rd	Sujata Kelkar	Why mothers need to study the Geeta
2 Dec.	Manju Gupta	Bandra	Abha Shroff	Karma Yoga
3 Dec.	Usha & Ramesh Deshpande	Their Residence	Swni Ameetanandaji	Anger & Forgiveness
4 Dec.	Anjali Jhunjhunwala	Napeansea Rd.	Personal Sadhana	Detachment
6 Dec.	Sheela Chitnis	Their Residence	Swni Ameetanandaji	Anger & Forgiveness

**A New Class by Swami Swatmananda
for the Chinmaya Setukari Members(29 to 45yrs)
and Chinmaya Yuva Kendra (16 to 28yrs)**

will be starting in February.

Interested youth can mail - sswatmananda@gmail.com

**A new class for Junior CHYKs
based on the Hanuman Chalisa**

Age Group 12-15 yrs. at Marine Drive every Sunday - 3.30 to 4.30 pm

For Registrations Contact : 9820131623

Commemorative Coins of Pujya Gurudev

The nation led by the Honourable Prime Minister, Shri Narendra Modi paid tribute to Pujya Gurudev, Swami Chinmayananda with the release of a commemorative coin on 8th May 2015 at his residence, 7 Race Course Road, in Delhi.

It gives us great pleasure in informing you that the Commemorative Coins are now available for everyone to purchase.

These unique coins(made of silver alloy) are representative of Lakshmi (wealth) and Narayana (Guru). It

thus represents a combination of spiritual and material prosperity – a symbol of “Mukti”and “Bhukti”.

Attractively packed, these coins fit in perfectly in the puja altar in every Chinmaya home!

Please contact Chinmaya Sagar, Churchgate on 22814646 or enquiry@chinmayamissionmumbai.com and get one home soon. The cost per set will be INR 7000/- only.

So please hurry as stocks are limited!!!



Shishuvihar Classes

Carmichael Road

Tuesdays, 5.00 to 6.00 pm

Age group - 0-3 years

by Roma Sanghavi

Venue : 24 Gulistan, 2nd Floor, Carmichael Road, Mumbai - 400026

Contact : 9820297889

Carmichael Road

Fridays, 5.00 to 6.00 pm

Age group - 3-5 years

Venue : 24 Gulistan, 2nd Floor, Carmichael Road, Mumbai - 400026

Contact : 9820297889

Peddar Road

Saturdays, 11.00 am to 12.00 noon

Age group - 3-5 years

by Pushpa Palat

Venue : 5 Malboro House, 30 Peddar Road, Mumbai - 400 026

Contact - 9820980809

Napean Sea Road

Tuesdays, 5.00 to 6.00 pm

Age group - 3-5 years

by Smita Patel

Venue : 8/16 Varsha Building, 69-B Napean Sea Road,
Mumbai - 400006

Contact - 9820194861

Parel

Thursdays, 4.45 to 5.45 pm

Age group - 3-5 years

by Bhavana Sarawal & Nalini Dinesh

Venue : Ashoka Towers, 01/D, 4th Floor, Parel (Central),
Mumbai - 400012

Contact : 9833188196 / 9820768304

Ghatkopar (E)

Fridays, 5.00 to 6.00 pm ● Age group - 3-5 years

by Bharti Parekh

Venue : A-21/81 Jain Temple Building, Ground floor,
Govt. Housing Colony, Chitaranjan Nagar, Rajawadi,
Ghatkopar (E), Mumbai 400077

Contact: 9322250770

Ghatkopar (E)

Fridays, 6.00 to 7.00 pm

Age group - 0-3 years

Jacob Circle

Tuesdays, 5.00 to 6.00 pm ● Age group - 3-5 years

by Meenal Roopchand

Venue : 2101 A, Vivarea Jacob Circle, Mumbai 400011

Contact : 9820199420

Juhu

Fridays, 5.00 to 6.00 pm ● Age group - 0-3 years

by Swati Chitalia

Venue : Shubh Aangan, N S Road No 5, Juhu Scheme, Mumbai - 49

Contact : 9819904606

Chinmaya Mahima Zone

(Mahim to Dadar and Sion to Parel)



Chinmaya Jyoti Yatra

The much eagerly awaited Chinmaya Jyoti reached the Mahima Zone on 26th December at 12.30 noon. The Padukas were first received at Mahima Centre by Br. Yukt Chaitanya, Smt. Vijaya Majumdar, Smt. Sudha Rao and Shri. Ramakant Pai. After a Paduka Puja the convoy proceeded to Matunga.

The Padukas and Jyoti were then welcomed at Amulakh Amichand Vidyalaya, Matunga. The welcome was done in a very traditional style, with the Paduka's being carried by Br. Yukt

Chaitanya, the Jyoti and Vastras by Smt. Hemantini Bhatia, Smt. Mohini Krishnani and Shri Bharat Shah. The procession was ushered into the hall with the traditional Nadaswaram, the chanting of Sanyasa Suktham by the priests and members of Mission and showering of flowers by them

The Padukas, Vastra, Coins and Jyoti were kept at a beautifully decorated Altar. This was followed by chanting of Purusha Suktham.

The programme commenced by Br. Yukt Chaitanya speaking on



Gurudev and Acharya Santosh on his experiences of the Jyoti Yatra. Thereafter, a Paduka Puja was performed by eight senior members of the Mission led by Br. Ved Chaitanya.

The Function ended with Swami Mitranandji giving a talk on his experiences

The second half of the program, was a Transformation Fest held at the grounds of the school. There were seven stalls showcasing the seven levels of transformation. Games and charts were used as tools to explain each level. The

Fest also had Indoor Games, Activities Corner, Tatoon, Food Court, Movie in Dome Theatre and Outdoor Games. Around 800 people visited the Fest.

The Sandesh Vahini was parked in the ground and was visited by all the devotees, volunteers, parents and children. The Yagnatarium was a huge hit with the children, with each session being housefull.

The Jyoti Yatra celebrations at the Mahima Zone was grand and a great success.





A GGMG session by Br. Ved Chaitanya @ the residence of Smt. and Shri. Harikrishna's residence on 6th Dec.

The session was on the occasion of their son's birthday. Br. Ved Chaitanya gave a talk on Geeta for children.

It was an informative session for parents, with Vedji talking about the importance of Geeta in their lives, as well as in the lives of their children. About 60 people, parents and children, attended the session



GGMG and Tapovan Jayanti and Geeta Jayanti Celebrations

The grand finale to the Geetathon took place on 21st December at Smt. Mangala Panchapakesan's residence on the very auspicious day of Geeta Jayanti, Tapovan Jayanti and Vaikunth Ekadashi.

A Sampurna Geeta Parayanam was conducted in a traditional manner. The Parayanam started at 3.00 pm and concluded with Aarti at around 7.00 pm. It was well attended by about 35 people.

Geeta Chanting Class for beginners by Sri. H. P. Ishwar

Every Monday and Thursday • 11.00 am - 12.00 noon

Flat # 505, Dosti Elite, A Wing, Near Sion Telephone Exchange, Sion East.

Contact: Smt. Vinita Acharya on 9821020403

Chinmaya Swaranjali Classes

Every Sunday 3.00 to 4.30 pm

Venue: Chinmaya Mahima, Opp. Paradise Talkies, Mahim (W).

Contact: Poornima 9833563430 / Vivek Bhat 9819553720

Chinmaya Jayam Zone

(Bandra, Khar, Santacruz, Vile Parle)



Chinmaya Jyoti Yatra

The Jyoti, Padukas, our Masters Clothes, Coins and the Sandesh Vahini arrived in Jayam Zone on 27th Dec.

Our hearts were eager to have it in our hands and when it finally reached our hands tears rolled down from our eyes.

That moment cannot be described, that happiness cannot be described in words when Gurudev was with us. For a few hours, Gurudev would stay with us and it was only serenity, tranquility and calmness. The atmosphere was electrifying. We felt like dancing and singing.

Each one wanted to hold the Padukas in their hands and each who got the opportunity felt blessed as it was a once in a life time opportunity, a one time experience.

Our sincere thanks to the one who planned this trip through out India, to the one who executed the trip, and to the ones who acted upon it, thanks to the lucky and proud ones who were along with the Padukas 238 days and Namaskars to them for their selfless service.

This will remain a memorable day of our lifetime.

Chinmaya Priyam Zone

(Andheri & Juhu)

Welcome the New Year with

Gayatri Havan

108 Times Ahuti & Chanting of Gayatri Havan

on 10th January (Sunday) 6.30 am to 7.30 am

Followed by Satsang IN HINDI on

“Buddhi Yoga Sadhana”

8.00 am to 9.00 am

Venue: Chinmaya Priyam, Juhu. • Contact : 26112358 / 26112359

Discussions with Death

Sunday Morning Sessions on Kathopanishad

(Talks in English)

Speaker: Brni. Nidhi Chaitanya

(Starting 17th January 2016) Every Sunday

8.00 am to 9.30 am

Venue: Chinmaya Priyam, Juhu. • Contact : 26112358 / 26112359

Geeta Ras-Dhara

Complete Bhagawad Geeta in 20 Sessions

(Talks in Hindi)

Speaker: Brni. Nidhi Chaitanya

One Chapter Per Session

On the Second & Fourth Monday of Every Month

(Starting 25th January 2016) • 6:30pm - 8pm

Venue: 703-A, Silver Beach Building, Opp Juhu Post Office,
A. B. Nair Road, Juhu

To Register, Contact : 2611 2358 / 2611 2359

Understanding Oneness

Talks Based on Advaita Makaranda

(Starting on 9th February 2016) Every Tuesday
4.00 pm to 5.30 pm

at The Club, D. N. Nagar, Andheri

Entry By Prior Registration Only

To register online, use this link: <https://goo.gl/r361gj>

To register on SMS, send "oneness" to 9702874892

To register on phone, Contact - 26112358 / 2611 2359

To register through email, mail us your name and mobile number, on
chinmayapriyam.office@gmail.com

Venue and Dates of this Class is subject to change.

Please register to stay informed and avoid inconvenience.

The Mananam Course

**Thorough Reflection on Fundamental Texts of Vedanta
with Brni. Nidhi Chaitanya**

Twice a Week: Starting 18th February (Thursday)

Every Thursday & Friday 11.00 am to 12.30 pm

**Course Syllabus: Tattvabodh, Upadesa Saar, Atmabodh,
Bhaja Govindam, Manisha Panchakam**

All sessions will include 10 minutes of Contemplation Practice

The texts will be handled in great detail and depth, and thus must be
attended by even those who may have studied these texts earlier.

Entry By Prior Registration Only

To register online, use this link: <https://goo.gl/kPk1T1>

To register on SMS, send "mananam" to 9702874892

To register on phone, Contact - 26112358 / 2611 2359

To register through email, mail us your name and mobile number,
[on chinmayapriyam.office@gmail.com](mailto:chinmayapriyam.office@gmail.com)

Venue : Purnima Bungalow, Next to Nanavati Hospital,
S. V. Road, Vile Parle West

Shivratri talks on

Remembering Shiva

Based on Shiva Aparaadha Kshamaapana Stotram

19th February - 1st March
7.00 am to 8.00 am

Guided Meditation Session : 8.00 am to 9.00 am

Venue: Chinmaya Priyam, Juhu. • Contact : 26112358 / 26112359

Monthly Geeta Darshan - 2016 Dates

Talks on Bhagavad Geeta (*in English*)

28th Mar - 1st April • 11.00 am to 12.30 pm
Chapter - 7 : Power of Right Vision

13th - 17th June • 11.00 am to 12.30 pm
Chapter - 8 : Power of Thought

8th - 12th August • 11.00 am to 12.30 pm
Chapter - 9 : Power of Knowledge

3rd - 7th October • 11.00 am - 12.30 pm
Chapter - 10 : Power of Divinity

14th - 18th November • 11.00 am - 12.30 pm
Chapter - 11 : Power of the Lord

Venue: Chinmaya Priyam, Juhu. • Contact : 26112358 / 26112359

New Balavihar Class New Sishuvihar Class

Sevika - Swati Chitalia

Starting from January 2016

Venue : ShubhAangan, N. S. Road No. - 5, Juhu Scheme.

Contact : 9819904606 for more details

Regular Prayers At Chinmaya Priyam

108 Times Gayatri Mantra Japa

Every Sunday 8.00 am - 9.00 am

To register, sms GAYATRI to 9702874892.

7 Times Hanuman Chalisa Chanting

Every Tuesday 5.00 pm - 6.00 pm

To register, sms HANUMAN to 9702874892.

Guru Upasana & Geeta Chanting

Every Thursday 11:30 am - 12:30 pm

To register, sms GEETA to 9702874892.

Evening Arati

Monday - Friday 5:45 pm - 6.00 pm

Centre remains closed on Saturday & Sunday

Entry Free. All are Welcome.

Call 26112358 or write to chinmayaparakash.office@gmail.com

Sri Sankara TV Telecast Timings Change!

The new timings of Pujya Gurudev's
Geeta talks with subtitles,
telecast on Sri Sankara TV are
from 10.30 pm to 11.00 pm
from Monday to Friday

Chinmaya Bhakti Zone

(Goregaon to Bhayandar)



Chinmaya Jyoti Yatra

Chinmaya Jyoti Yatra & the Chinmaya Sandesh Vahini arrived at Goregaon on 24th Dec. with 11 bikes escorting Gurudev. Ayyappa Temple, Goregaon welcomed Pujya Gurudev with Chanting of Mantras, lamps and Panchavadyam. More than 300 devotees took darshan of Pujya Gurudev's Paduka & the Sandesh Vahini. Swami Nirbhyanandaji explained the importance of Paduka Pooja & Pujya Gurudev's vision of installing TAT-TVAM-ASI at the Holy Shrine, Sabrimala.

CJY then had a grand reception at Chinmaya Bhakti Centre with

lamps light & Panchavadyam. More than 250 devotees assembled at Chinmaya Bhakti to welcome Pujya Gurudev, it was a feeling as though He himself walking into Chinmaya Bhakti.

The grand finale was Gurudev's Padukas taken to His Yagnashala (Saptah Maidan) in the evening with more than 100 lamps lit by ladies and children and Gurudev's message placards & symbols in everyone's hands. Gurudev walked into his Yagnashala with a procession of 300 devotees.

Balvihar children welcomed Gurudev with Ganesh Vandana Dance followed by Lazim by JB



Khot High School students. It was a treat to our eyes to see more than 2000 devotees waiting in His Yagnashala.

Shri Gopal Shetty, Member of Parliament - North Mumbai was the first to welcome Gurudev to his Constituency. He has never missed any opportunity to help in spreading Gurudev's vision in his constituency.

Gurudev's Paduka pooja & Maha Mrytunjaya Mantra japa was lead by Shri Gopal Shettyji, Swami Swatmanandaji, Swami Nirbhayanandaji, and other Acharyas of Mission and other organisations. Gopal Shetty, Swami Swatmanandaji and Prabbhu Kamalalochandasji of

ISCKON spoke on Gurudev, HIS vision and contribution to humanity. Principals from various institutions, dignitaries from various organisations came in to pay their tribute to the great visionary.

A beautiful cultural show was put in by all Balavihar children, PreCHYKs and professional dancers for 90 mins. Everyone in the audience were enthralled by the performance of the artists. The entire event concluded with chanting of Geeta Chapter - 15 (Purushottam Yoga) by the Chinmaya Bhakti Zonal finalist children of International Geeta Chanting Competition - 2015.

Swami Nirbhayanandaji then thanked everyone who helped in organizing this event and also to all Gurudev's devotees who came in large numbers.

- Sreeya Mohan



Jagadeeshwara Zone

(Powai)

Tara Cultural Trust
Sandeepany Sadhanalaya, Powai

Mahashivaratri Celebration 7th March 2016

Mahashivratri is the most auspicious day for worship of Lord Jagadeeshwara. On this day devotees observe fast and do Pooja / Archana for welfare and spiritual upliftment.

All are cordially invited to take part in this celebration at Jagadeeshwara Temple, Powai & receive blessings of Lord Jagadeeshwara & Pujya Gurudev.

*From 6.00 am to 12.00 Midnight, Akhanda Nama Japa
"OM NAMA SHIVAYA" will be chanted.*

You may perform following sevas:

Seva Details	Contribution
1. Rudrabhisheka	- Rs. 100
2. Shiva Sahasranama Archana	- Rs. 100
3. Ganapati Homa	- Rs. 500
4. Maha Rudrabhisheka	- Rs. 500
5. Prasad Seva	- Rs. 1000
6. Sarva Pooja	- Rs. 1500
7. Day Prasad	- Rs. 5000
8. Night Mahaprasad	- Rs. 10000
9. Flower Decoration	- Rs. 10000
10. Light Decoration	- Rs. 10000

The amount for Seva may be sent in advance to Tara Cultural Trust, Sandeepany Sadhanalaya, Chinmaya Mission, Saki Vihar Road, Powai, Mumbai - 400072, by Cheque / DD drawn in favour of "**Tara Cultural Trust**", mentioning the Name, Nakshatra / Gotra. You may also book the Seva on the same day at the counter at Jagadeeshwara Temple. Please advise if Prasad is to be sent by post.

For more details contact:

tct@chinmayamission.com • 022 28570368 / 28572427 / 28575805

Must Watch

Daily TV Telecast of

Talks on the Holy Geeta

by Pujya Gurudev Swami Chinmayananda

Monday - Friday 7.30 am to 8.00 am

&

Talks on Vivekachoodamani

Saturday & Sunday 7.30 am to 8.00 am

on

भक्तिसागर

Bhakti Sagar TV Channel

(available on Cable TV Only and Not on DTH)

& now also on



Sri Sankara TV

Regular TV Telecast of

Talks on the Holy Geeta

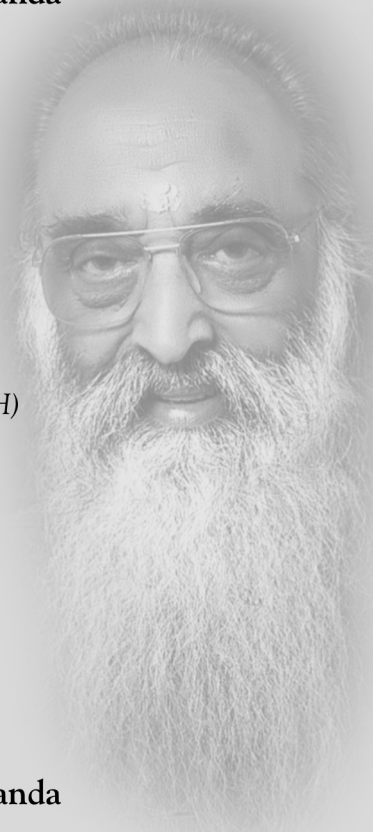
by Pujya Gurudev Swami Chinmayananda

Bhagavad Geeta - Chapter XI - XII in January

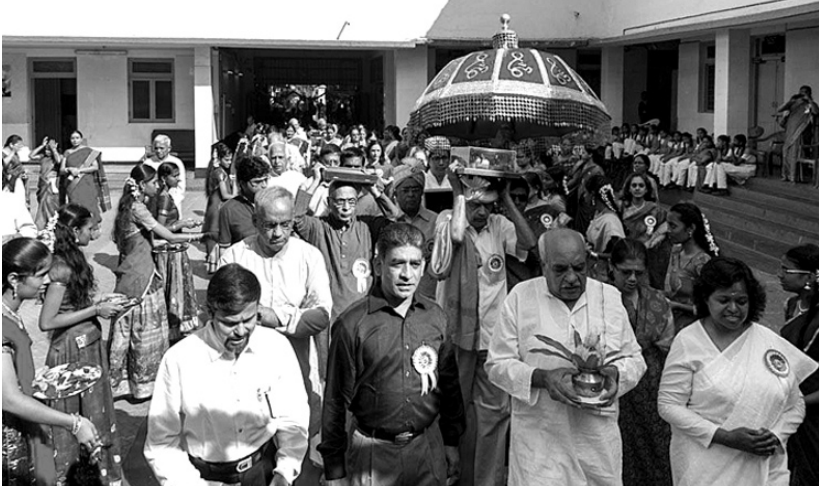
Monday to Friday 10.30 to 11.00 p.m

Sri Sankara TV is available on DTH services
(Tata Sky-832, Airtel-688, Videocon-698, Big TV-829,
Dish TV-907, Sun Direct-704, DD Plus-196)

on subscription basis and
for the Cable please contact your local Cable Operator.



Chembur - Ghatkopar Zone



Chinmaya Jyoti Yatra

Pujya Gurudev visited the Chembur Ghatkopar Zone on 23rd Dec., on day 230 of the Jyoti Yatra. The date proved to be special since it was on this very same day, exactly 64 years ago that Pujya Gurudev gave his first talk on 'Let us be Hindus'! Eager devotees and scores of traditionally dressed school children had lined up early in the morning to welcome Pujya Gurudev. The atmosphere was completely charged up. Upon His much awaited arrival at Saraswati Vidyalaya, Chembur, a traditional welcoming ceremony was performed. Then the Jyoti and Padukas were taken on a

Rath Yatra led by children doing lezim.

Later a group of NCC cadets elegantly escorted the Rath to the venue (Acharya College) where the rest of the programme was to be held. There was a Pushpa Vrushti - showering of flowers along with girls dressed in traditional attire holding decorated thalis with lamps welcoming Pujya Gurudev.

After the inaugural function and video showing of the the Jyoti Yatra's journey thus far, there was a patriotic transformation workshop followed by adventure activities for the college students who had gathered there.



Samoohek Paduka Puja was conducted by Br. Ved Chaitanya in the afternoon followed by a colourful and energetic Balavihar presentation.

The grand finale was the Abhang Sandhya by Maharashtra Abhang Ratna, Shri Ganesh Kumar ji who enthralled the audience with his soul stirring singing and eloquent explanations. He encouraged the

listeners to sing and dance by shedding all inhibitions.



Learning Bhagwad Geeta Chanting class

Every Thursday between 4.00 and 5.00 pm

Sevak: P. B. Someshwar

Venue: Lotus Bldg, Flat No. 703, 60 ft Road,
Near Vikrant Circle, Ghatkopar (East), Mumbai - 400 077

Contact: 9820118913

Chinmaya Prerana Zone

(Navi Mumbai)



Chinmaya Jyoti Yatra

The one and a half day long celebrations of the Chinmaya Jyoti Yatra in Navi Mumbai was aptly called Chinmaya Sanskriti Utsav. The devotees were extremely fortunate to be able to receive Him and seek His blessings on the day of Geeta Jayanti and Tapovan Jayanti.



In the morning, the devotees welcomed Gurudev at Kharghar and escorted Him in a procession to Chinmaya Prerana, Shree Mahalakshmi Temple.

Devotees bearing orange flags and wearing orange phetas (turbans) along with school children and members of the devi group carrying thalis with lamps, led the procession on foot. His Jyoti, Padukas, Coin and Vastram were kept in a Ratha which followed closely. On reaching the temple, He was welcomed with the traditional Purnakumbha following which a Paduka puja was performed.

The centre had invited leaders from various faiths as a part of Chinmaya Sadhu Sangam to give

them an opportunity to come and pay respects to Pujya Gurudev.

Following this, He went to bless the Ramsheth Thakur Public



School in Kharghar where He received a VIP reception by the school band.

A special assembly was organized in which Br. Ved Chaitanya and Acharya Santhosh addressed the students. The Yagnatarium was set up for the junior children while Br. Ved ji conducted a session on Personality Development for the senior students.

From here, He was escorted to the Sai Baba temple in Belapur where devotees had gathered to welcome Him. Swami Medhajananda and Br. Ved ji addressed the devotees sharing with the devotees the glories of Pujya Gurudev and the purpose and outreach of the Chinmaya Jyoti Yatra.

From here, Gurudev went to bless the staff and students of SIES (South Indian Education Society) Group of Institutions in Vashi. He was welcomed by the students of the Vedpathshala amidst Vedic chants with the Purnakumbha and was taken around the temple complex inside the college premises.

A Paduka puja was performed following which Swami Medhajananda addressed the gathering. Parallely, a transformation workshop was conducted for the Management students.

In the evening, Gurudev visited the Mata Amritanandamayi Ashram in Nerul where He was received by Br. Avyayamrita Chaitanya and Amma's devotees. Swami Medhajananda, Br. Ved Chaitanya and Br. Avyayamrita addressed the gathering.

The public function in the evening was organized at the CIDCO auditorium, Vashi. Gurudev was led in procession by the devotees



bearing the orange flags while the enthusiastic Jr. CHYKs performed the lezim dance.

The functions at the auditorium were organised as Rajopchaar for the pooja performed by Br. Vedji. The devotees assembled for the function got a glimpse of the rich traditions and cultural heritage of India, as Bharatnatyam, Manipuri, Odissi, Geeta Dhyanam Dance Ballet, Garba & Yakshagana dances were performed. There was also a Bhajan program & a percussion fusion based on Geeta!

In the morning, Gurudev set out to bless the students and staff of the Jaipuria School in Sanpada. Here, He was received by the staff and students with the traditional Purnakumbha. The students showcased their talents by putting up a few cultural performances following the invocation song.

Br. Ved Chaitanya addressed the gathering after which the students of the 6th, 7th and 8th grade got an opportunity to visit the Yagnatarium. Following the welcome function, Br. Ved Chaitanya conducted a session on Personality Development for the senior students.

From here, Gurudev headed towards the Navi Mumbai Municipal Corporation (NMMC).

In their address, both the dignitaries praised and thanked the Mission for the good work being done and admitted that it is not the Mission that needs the support of the Corporation, but the Corporation needs such Missions who help improve the standard of life of the citizens. Both of them had heard Guruji speak on several occasions and pledged to support the work in whatever capacity they can.

In the afternoon, Gurudev visited the DAV School in Airoli where the Yagnatarium was set up for the school children. Swami Mitrananda and Br. Ved Chaitanya addressed the junior children.

There were 5 additional talks organized in various schools where the Jyoti didn't go. More than 800 children were addressed during these talks!

Indeed these were the two most blissful days in the life of the members of Chinmaya Purna, Navi Mumbai.



Central Chinmaya Vanprasth Sansthan
Rasulabad Ghat Road, Allahabad - 211004

Announces

Third Himalayan Camp on Art of Graceful Ageing

Dates: 16th-23rd June, 2016

Faculty : H.H. Swami Madhavananda
H. H. Swami Yogasthananda • Br. Dev Chaitanya
Dr. Someshwar Lal • Smt. Manju Agrawal

Language : English and Hindi

Accommodation :

3/4 bedded Self contained rooms with hot water supply.

Maximum participants :

80 Nos. on first come first served basis.

Eligibility :

Persons above 50 years irrespective of caste & gender.

Course Content:

Daily Meditation. Sadhana Panchkam and Ramayana. Theory and practice of Acupressure and Yoga technique for keeping healthy. Subjects covering emotional, social & financial healths of elderlies.

Camp Donation :

Rs. 12500/- (Non-Refundable) per person covers course fees, camp material, board & lodging, traveling from Haridwar to Uttarkashi, Gangotri, Badrinath and back to Haridwar on 24th June, 2016.

Venue : Tapovan Kutir, Ujeli, Uttarkashi

Deposit full Camp donation in

A/c No. - 538802010000346 IFSC Code: UBIN0553883
of CCMT-CCVS with Union Bank of India, Red Eagle Army Head
Quarter Branch, Allahabad and email your name and address to
yogasthananda@gmail.com.

For further details contact : 09415338124, 09026352728.

*A rare opportunity for sadhana at sacred abode of
our Param Guru Swami Tapovanji Maharaj*

Spiritual Sadhana Camp in Hindi *at Uttarkashi (Himalayas)*

Organised by Chinmaya Seva Trust Maharashtra

Duration : 5th May 2016 to 11th May 2016

by **Swamini Mangalananda** : Aparokshanubhooti
(of *Adi Shankaracharya*)

Bhri. Snehal : Gurupavanpuradheesh Panchakam
(of *Tapovanji Maharaj*)

Special Features : Celebration of Chinmaya Jayanti on 8th May,
Gangotri Visit (*charges extra*)

Camp - donation (*Non-Refundable / Non-Transferable*):
(*only for lodging-boarding for seven days at Tapovan Kuti and registration*)

- A) Accommodation with unattached toilets - Rs. 4000 / -
(Rs. 3500/- for certified Chyks)
- B) Accommodation with attached toilets - Rs 4500 / -

Kindly send the amount by Demand-Draft in favour of 'Chinmaya Seva Trust Maharashtra' payable at Kolhapur, at the following address, by Registered post only (no courier service).

*Swami Atmadevananda, Chinmaya Ashram, Toap-Sambhapur,
Kolhapur - 416 122 (Maharashtra) • Phone : 0 96230 74457.*

Venue : Tapovan Kuti, Uttarkashi , Uttarakhand, Pincode- 249 193

Camp Donation can also be deposited directly On-Line in Bank of Baroda (Branch Nagaon, Kolhapur 416122) - Savings A/c Chinmaya Seva Trust Maharashtra No. 11530 10000 2244 (NEFT/RTGS:BARB-0-NAGAON) with immediate information by e-mail to 'atmadev @ gmail.com'

Last date for registration: 15th April 2016. (Seats Limited, Admissions will automatically stop even before the last date, if all seats are full.) Campers willing to go in group to Uttarkashi from Haridwar, will be required to meet at the prescheduled place at Haridwar on 4th May 2015 at 5.00 pm. From this place buses will set out for Uttarkashi on 5th May at 5.00 am to reach Tapovan Kuti by lunch. Travelling charges will have to be borne by campers. Guidance will be provided to delegates wanting to undertake Chaardham yatra after the camp. Note that Railway reservations must be done at the earliest.

Celebrating The Birth Centenary Year of
Parama Puja Gurudev Swami Chinmayanandaji

ALL MAHARASHTRA & GOA CAMP

(in Hindi, English & Marathi)

MANISHA PANCHAKAM

(in Hindi)

by Pujya Guruji Swami Tejomayanandaji

23rd to 28th February 2016 (Tuesday to Sunday)

Sw. Advaitananda

Ramayana

(in Marathi)

Total 51 Acharyas of
Maharashtra and Goa



Sw. Swatmananda

Guru Paduka Stotram

(in English)

At Chinmaya Vibhooti,
Kolwan, Pune

Camp Donation Rs. 3,500

Opportunity to offer Bhiksha to 51 Acharyas & 1000 Devotees
Rs. 15,000 (Breakfast), Rs. 20,000 (Dinner), Rs. 25,000 (Lunch)
Guru Paduka Puja: Rs. 11,000. Aarati: Rs. 5,000
Yajaman for the Whole Camp: 5 Lakhs, Yajaman for One Day: 1 Lakh

For On-Line Bank Transfer: Bank: Indian Bank.

Branch: Camp. IFSC: IDIB000P087

A/c.Name: Chinmaya Mission Pune. A/c.No: 719594351.

Please convey details for receipt

Cheque to be made in favour of CHINMAYA MISSION PUNE

& send to: Chinmaya Maauli Ashram, Chinmaya Nagar,

Survey Number 16, Wadgaon Shinde Road, Lohagaon, Pune - 411047

For On-Line Registration - www.chinmayamission.com/pune

cmpune@gmail.com +91-9975596394, +91-9881192859



Living Vedanta

At Chinmaya Vibhooti, Kolwan

A camp in English by **Pujya Guruji Swami Tejomayananda** on his composition *Vedanta Chintanam*

Camp: 7th to 11th February, 2016

6th Naada Bindu Festival: 12th to 14th February, 2016

The Camp includes talks on **Nature, a Teacher**
by **Swami Advaitananda**

Camp: Rs 3500
Festival: Rs 4000

The Festival includes performances by:
Pt. Rajan & Pt. Sajan Mishra, Ustad Shahid
Parvez, Yashila, Mythili Prakash, and
Bharathanjali

With Classes on **Ram Hare Stotram** by
Pujya Guruji Swami Tejomayananda

Special concession if
registering for both
events!
Rs 6900 ONLY!

cvswagat@chinmayamission.com +91-9689891959

Chinmaya Vibhooti, Post Kolwan, Taluka Mulshi, District Pune, 412108

An opportunity to think, reflect and ponder on the practical application
of Vedanta in daily life...

"Vedanta Darshan"

(Advance Course in Vedanta)



2nd Four-Week Residential Course by
Swamini Vimalananda
and Brni. Darshika Chaitanya

Venue :
Chinmaya Gardens.
Sylvan and serene
ashram at the foothills
of the Nilgiris, Coimbatore.



Dates :
13th Feb. to 10th Mar. 2016

The main course text : "Panchadashi"



Candidates must have knowledge of the fundamentals of Vedanta, or must have undergone the Dharma Sevak Course, or be Sevaks/Sevikas of Study class. They must have a strong desire to gain deeper knowledge of Vedanta. They must be below 65 years of age and of sound health (exceptions only on special permission). They must have sufficient grasp of English. Knowledge of Sanskrit not a must.

Accommodation:

1. Comfortable sharing rooms with attached bathrooms.
2. Dormitory with common bathrooms.

Food:

Sattvik Vegetarian food will be served.

Course Donation (Includes Accommodation & Food.)

	Room	Dormitory
Per-person	₹. 7000/-	₹. 5000/-
Below 40 yrs.	₹. 6000/-	₹. 4000/-
Below 25 yrs.	₹. 4000/-	₹. 2500/-
₹. 13,000/- per person for Air-conditioned Accommodation		

Course donation non refundable

For registration and further enquiries, please contact:

Administrator

Chinmaya Gardens

Nallur Vayal PO, Siruvani Road, Coimbatore 641114

+91-422-2615637/ +91-9360461566 E-mail : chinmayagarden@gmail.com

Learn the Highest in Vedanta/ Jnana Yoga (Panchadashi),
Bhakti Yoga, Karma Yoga and Ashtanga Yoga

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A tribute unto Swami Chinmayananda.

An offering unto Bhagawad Geeta

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be sold out of Chinmaya Prakash Zone.

Reaching Gurudev to Maximum People,
Taking Geeta to Every Home,
Touching Every Life, Transforming Every Family



8th May 2014 - 8th May 2016

This is an exclusive tribute to Pujya Gurudev by
members of the Chinmaya Prakash Zone. Hence
this project is open only to members, attendees,
volunteers of Chinmaya Prakash Zone.

To participate contact : 9320286048

ITIT - a Corporate Conclave



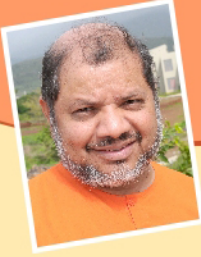
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Pujya Guruji in Kolhapur for 5th Anniversary of Samadhi-day of Pujya Swami Purushottamanandaji

16th January (11.00 am)
to 17th January 2016 (1.30 pm)



Special Features

3 Talks by Pujya Guruji

Sur-Bhavanjali by Mrs. Vinaya Dikshit

Rudrabhisheka with 11 different
offerings in Smriti-Mandir

Camp in Marathi

17th Jan (4.30 pm) to 20th Jan (1.30 pm)
by Swamini Mangalananda and Swami Atmadevananda

All Acharyas of Maharashtra, Gujrat and Goa are cordially invited

Venue:

Chinmaya Sandeepany Ashram, Toap-Sambhapur,
Kolhapur - 416 122.

For registration contact:

Swami Atmadevananda - SMS on 96230 74457

Email : atmadev@gmail.com