WHO AM I?

Who am I? who am I? who am I Lord? Am I the body, the mind or the thought?

Am I the object or am I the heart? Am I the breath from where all it starts?	Who am I?
Am I the good or am I the bad? Am I the happy or am I the sad?	Who am I?
You are the power, that spark Oh my child! You are the cause of your own might!	Who am I?
You are that! you are that! you are that light! Yes!!! I am that! I am that! I am that light!	Who am I?