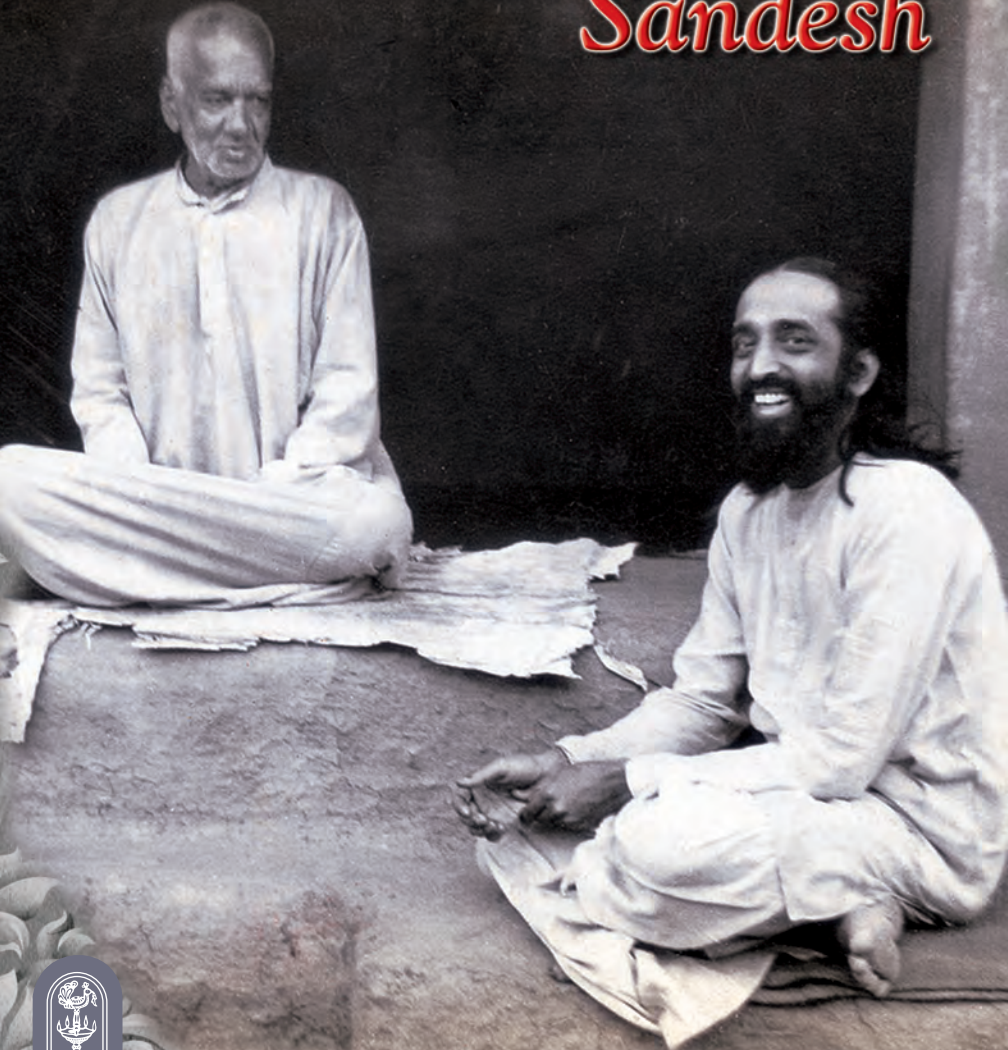


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Chinmaya Mission Mumbai
&
Shri Pratapbhai Patel Family
welcome you to



“SAMATVA KA MAHATVA”
a talk in Hindi based on Bhagwad Geeta



in Loving Memory of
Smt. Shobhaben Pratapbhai Patel
on the Occasion of her Second Punya Tithi

by
Swami Swatmananda
(Acharya, Chinmaya Mission Mumbai)

on 26th July 2015 (Sunday)

Program:

10.00 am to 11.00 am : Bhajans
11.00 am to 12.30 pm : Talk by Swamiji
12.30 pm onwards : Mahaprasad



Venue:

Jalaram Hall, N. S. Road No.- 6,
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All Are Welcome

Mukund Patel – Mukul Patel

For Details, Contact :

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Chinmaya Sandesh

July 2015 Spiritual Monthly Bulletin of Mumbai.

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From the President's Desk



*Om Shree
Chinmaya Sadgurave Namah!*

As the vacations are over now, all the students are back to studies. When children are back to school or college, what about us? Are we back to our Studies and Sadhana?

In Hindu calendar, "Adhik Mass" has special importance and significance. This year Adhik Maas is during June-July months. It is said that "Adhik Maas Vrat" is capable of washing away all the sins. Charitable and Meritorious acts and Fasting, etc. performed during this period inevitably produce great results. Just as how a small seed produces a giant and long living Banyan tree, so too Sadhana done during Adhik Maas produces gigantic results.

The Lord (Vishnu) assigned Adhik Maas to Himself and gave the name Purushottama Maas to this month. Lord Vishnu also said that acquisition of merits during other months through good deeds, japa, austerities, etc can be acquired by japa, austerities etc carried out within just this one month. Puranas indicate that selfless actions, without the expectations of results, are to be performed during Adhik Maas.

So during this Adhik Maas let us all engage ourselves in intense Spiritual Sadhana and tune ourselves to the Lord. Let us do more and more Satsang. This month can be an ideal period to host one Satsang under our Ghar Ghar Me Geeta scheme at your home. Also, there are many regular classes and lectures taking place all over Mumbai. Please be informed by reading many announcements in Chinmaya Sandesh and attend maximum possible classes and lectures. One can take resolve to study and complete one of the many Vedantic texts or books during this month.

Guru Purnima is on 31st July. It is a special day for the disciple to express his/her gratitude to the Guru. How much gratitude we may express towards our Pujya Gurudev will not be enough for the immense work done by Pujya Gurudev for the mankind and for all the magnitude of benefits which we are enjoying today.

One can appreciate that the pursuit of a spiritual seeker is considered to be very tough with many physical and mental challenges. One was expected to leave the family and go to some secluded place in Himalayas to find a right kind of Guru. Climb mountains and reach some peak or cave and stay in most inhospitable environment. Not sure whether the Guru himself is a realized soul or no. One may not understand what the Guru is teaching. We all know that Pujya Gurudev had to overcome all such challenges and difficulties during his spiritual journey. And here we are, being served with authentic Vedanta in most palatable manner through the teachings of Pujya Gurudev and our Acharyas. In Chinmaya Mission, we sure are the “Pampered” seekers as we get clarity and knowledge almost at our own door step. It is only the result of immense Sadhana and

compassion of Pujya Gurudev and our Acharyas. The only befitting way for us to express our gratitude is to engage in Sadhana through their teachings and carry forward the vision and mission of Pujya Gurudev. Guru will surely give you “Bhukti” by way of prosperity and well being but you have to seek “Mukti” from him. This Guru Purnima let us take resolve to seek “Mukti” from our Pujya Gurudev.

3rd August 1993, Pujya Gurudev dropped the body and Pujya Guruji has said that “till now we have seen His Roop Leela but now we will see His Naam Leela”. This is so true. We all have experienced the power and magic of the name “Chinmaya”. It is Pujya Gurudev’s Leela in form of his Grace that the Mission has grown many folds in its activities and reach. It is all the result of sincere and dedicated efforts of our Acharyas. 3rd August is observed as “Sadhana Day”. Let us pledge to strengthen our Sadhana and bring inner transformation.

Unto Him Our Best!

Mukul Patel

President -

Chinmaya Mission Mumbai

Chinmaya Chintan

Guru and Sishya Swami Chinmayananda



A learned seeker who is striving to gain the freedom within and having renounced all his desires for the pleasures in the external sense-objects, should duly approach a good and generous master, and must live attuned himself to the true significance of the words advised by him.

- Sankara

The *Sruti* declares a man cannot achieve his self-redemption or self-victory over his own inner weaknesses through actions however glorious and divine they may be. This statement, when not correctly understood, is apt to drive one to arrive at the conclusion that there is no method by which one can redeem oneself. We have in the above

stanza of Sankara, a positive declaration of what exactly a seeker should do in order that he may be well-established on the path of true-seeking.

A Seeker in *Vedanta* is not a nobody who has walked into the sanctum of a temple or who has casually thought of sitting in prayer or visiting a sacred place! These constitute but only the primary lessons in the spiritual life.

A student entering the Halls of Wisdom can gain his admission only when he has had enough education, not only in the market-place, but also in the great text-books discussing the theory and meaning of life, and

hence the word, 'Vidwan' is used to indicate a true seeker. A student, therefore, having had a book knowledge of life and its meaning, when he realises the futility of running after the sense-objects, he, in his knowledge, gains the required spirit of renunciation of his desires and he approaches his Master. Sankara in this stanza, with his inimitable pen, in as few strokes as possible, has also given us a list of all the special qualifications that are necessary for a teacher in the spiritual path.

The word 'Santh' is often used in our vernaculars to indicate a *Sannyasin*, but very rarely does the ordinary man realize what this term exactly means. He is 'Santh' who is firmly established in the consciousness of Pure Realization and Experience but he should also be 'mahantam', large-hearted, sympathetic and kind. Without these qualifications of the heart he will not be able to come down from the high seat of his experience and mingle with the imperfect seekers who come to him, and fully understand their difficulties on the path. One can be a Guru only if one has the required large-heartedness, and intimate personal experience of the Divinity and also if one is well-versed in the great scriptures.

A thorough study of the scriptures gives the teacher the necessary language of expression and also the required intellectual arguments to convert a student's doubts into abiding convictions. There are hundreds of great saints who have been in their own caves sitting silently, brimful with their experience, and yet mum to the world at large. There are many now among us, and the difficulty with them is that they have music in them but have no flute to sing it through, and hence the word 'Desikam' – well-read in scriptures is of special importance in this stanza.

Even if a seeker discovers such a perfect master, unless the student has got the necessary mental attitude, he will not be able to react himself favourably with the great master's presence or even his discussions. The necessary attitude is indicated by the word, 'Samupethya'. The rule of approaching a master is not merely a prescription for a sapless formality. It mainly indicates a mental attitude. If we approach a master in an attitude of judging him by weighing his knowledge, certainly we are not going to be benefited. There are others who approach a man of wisdom to make him understand how far his guest is a man of wisdom himself!

This exhibitionism of one's own laboriously gathered second-hand information will choke one's heart and one will not be able to gain from the master's words rising from his own first-hand experiences. Just as water flows only to a lower level, so too in the flow of knowledge. Unless we have the meekness and the spirit of surrender, knowledge cannot reach us.

This divine attitude of full receptivity is the aroma of a heart which has reverence and surrender to, faith in, and love for the Guru. These are, therefore, insisted upon in the *Sastras* which may to the modern man seem as arrangements set up by a team of social criminals to loot and plunder the credulous public! Such an opinion reflects but the decadence into which the spiritual science has reached in our times.

Again, the stanza explains that with all qualifications, if a seeker were to reach the feet of a perfect master, even then the transferred knowledge cannot take root in the student unless the student is ready to strive along the path. The instruction given here explaining how the student should employ himself in the presence of the master is very

significant indeed; especially so in these days when we are all under terrible misunderstandings about this *Guru-sishya* relationship.

After all a master can only explain truths and give sufficient logic to give the seeker some intellectual conviction. These ideas are at best prescriptions of certain values of life which cannot yield any benefit unless they are taken up and made to become part of the entire road. The major part of the work depends upon our own efforts in rehabilitating ourselves. Thus, it is said, that the individual should try to live the deep significances of the words uttered by the master.

More often than not, what we find around us is that we try to follow what the master did and not what the master said. There are traders in *Bhakti* who conveniently declare that their's is only the fifth marriage while their Lord has 16,108. There can be, indeed, very interesting varieties even in the methods of self-destruction!!

Third-rate and second-rate aspirations in a seeker may come to bear fruit through the grace of the Guru and by means of renunciation, calmness, etc.

- Sankara

In fact, the distribution of grace is not controlled by the Guru but it is a question of the capacity of the recipient.

The burning desire for self-redemption from one's known weaknesses and limitations can be increased and kept at its highest tempo when one, through steady and slow pursuit, develops the most essential qualities of a true seeker. By developing a capacity to discriminate between the Real and the unreal, when one has gained an easy control over oneself in renouncing that which is unreal, when one has, in one's psychological make-up, cultivated by steady and conscious self-effort the qualities of self-control, tranquility of the mind, inward peace, endurance, faith and mental poise, the aspirations in him gain an edge and an irresistible effectiveness.

In short, the four great qualities that have been enumerated by Sankara, have got among themselves a relationship, so much so that having developed

one, the others automatically come to flourish in the same bosom. Therefore, one who has only a minimum share of aspirations or just a mediocre aspiration need not despair, but is advised by the great Acharya to cultivate in himself the first three qualities, namely *Vivek*, *Vairagya* and *Shad Samṣpati*, and promises that the student shall come to experience more and more of the burning aspiration for the Highest (*Mumukshutwa*).

The "Guru-grace-trick" has been a very lucrative profession in our country during recent years. The credulous public, who were themselves demanding the cheap methods for the highest gains, were made an easy prey by self-appointed Gurus in this sacred land. Gurudom has been a very big concern in recent times of

The waters of the ocean do not put a ban upon the quantity that you can carry from it; the limitations are the limitations of your own pot.

our economic poverty. Without any investment if a young man wants to make immense and quick gains, there can be no better profession than to become one of those unscrupulous Gurus in our country.

A true teacher of inward vision and perfect life cannot by any logic come to dispense a greater share of his grace to known people of his own choice, nor can he withhold his grace from another. In fact, the distribution of grace is not controlled by the Guru but it is a question of the capacity of the recipient.

The perfect man, living as his own Self, equally disseminates his joyous perfections, cheer and bliss to all at all times. It depends upon the equipments that come around him to take a greater or lesser share.

The waters of the ocean do not put a ban upon the quantity that you can carry from it; the limitations are the limitations of your own pot. The sun does not ration its light from house to house or from room to room, but it is the walls that deny the entry to sunlight into a room. The river flows; everything depends upon the canals that you cut in taking its waters to your land.

Similarly, a Guru or the teacher, beaming in his own perfections, gives out the knowledge in his own intimate language and experience, and it depends upon the individual seekers to get themselves benefited as much as they can.

When a seeker has developed in himself *viveka*, *vairagya* and *shadsampati*, his *mumukshutwa* increases automatically. And he who has these four great qualifications manifest in himself must needs be in perfect tune with the master and, therefore, he will be able to understand the significances of the teacher's words more completely and exhaustively.

*If enjoyment is the body,
suffering is its head. Still man
forgets that the more he enjoys
the more he will suffer.*

*Man can hardly consider
himself superior to other
creatures so long as he fails
to use his Reason properly for
breaking the bondage he is in.*

- Sree Gurudev Tapovanam

*Source : Tapovan Prasad,
January 1968*

Tejomayam

Guru Saakshat Para Brahma

Swami Tejomayananda



A gentleman once approached Gurudev at the *ashram* at Sandeepany Sadhanalaya, Powai, and requested him to clarify one of his doubts. Gurudev smiled and asked him what it was. The devotee said, “Were both, the Lord and the teacher, to stand together in front of me, who must I bow down to first? It is generally said that one must prostrate at the feet of the Guru, since it is the Guru who ultimately introduces one to God. Still, Swamiji, the doubt lingers. If I am confronted with such a situation what should I do?” Gurudev consoled him thus, “Don’t worry! You will never have such a vision.” Reading between the lines, what Swamiji meant was that the devotee would not

What is really worth emulating in Swamiji was his untiring enthusiasm for work. Swamiji rose early, slept late, had a packed itinerary, day in and day out, with no leave – sick, casual or French.

face such a dilemma, meaning that he would meet such a teacher who would himself be humble enough to prostrate at the feet of the Lord Supreme, thus making it simple for the disciple to follow suit.

One such Guru was our own beloved Gurudev Swami Chinmayanandaji, who worked zealously to make the people aware of their rich spiritual heritage and thus bring about a spiritual awakening among the masses. As a communicator there are few to match Gurudev in his powers of oratory. He almost spoon-fed the Highest Truth to the layman in the form of pre-digested humorous language and then, from there, he lifted him up to his level, curing the masses of their spiritual dyspepsia. But in and through his process of evolution he took care to see that no one became dependent upon him, but rather that they became independent in themselves.

Of his various qualities, Swamiji's love and compassion appealed most to me. Swamiji loved everyone equally. Sometimes his love was manifested in the discipline he expected out of his devotees, especially the *brahmacharis*, whom he was training for a greater job. Swamiji wanted everyone to do his or her work seriously. If they did work sincerely he was happy with them. If a person tried to hide his shortcomings or "acted smart", it was not tolerated. Swamiji laid great stress on individual growth because if the individual grew,

the society and the organization automatically stood to benefit. Thus, Swamiji fired those around him with inspiration and, once inspired to serve the society, they did not feel it as a compulsion or consider the task a burden.

What is really worth emulating in Swamiji was his untiring enthusiasm for work. Swamiji rose early, slept late, had a packed itinerary, day in and day out, with no leave – sick, casual or French. People get carried away with even a small amount of work but Gurudev handled his programme schedule one by one and thus made the best use of time, both in terms of its management and efficient use.

Another very striking aspect of Swamiji was his sense of renunciation. Generally, people think that Swamiji moved in luxurious cars and stayed in big houses. I have seen Gurudev once lodged in a place where he had to climb quite a bit. At that time, Swamiji had just had a heart attack and had difficulty in climbing. There was also a shortage of water in that place. We went in search of a house that was situated on the ground floor. On finding it we informed Swamiji about it and asked him to shift there. Swamiji simply

replied, "Once I have come, I will stay here. As for water, one bucket will do." He did not move from there.

Again, one hot summer afternoon, we were at Allahabad station, waiting for the train to arrive. The train had been delayed for quite some time. In the meanwhile, Swamiji was sweating profusely. But he didn't allow anyone to fan him. He waited patiently saying nothing as though the heat and the perspiration didn't exist at all.

This great *mahatapasvi* was personally trained under the able guidance of Swami Tapovanji

Maharaj, who was himself a great *vedantin*. Thus, if you live *vedanta* and make others aware of it, that would be a very good service to the Master of Masters, Swami Tapovanam.

My Gurudev can best be expressed in the saying "*Guru Saakshat Para Brahma*" – that Gurudev is the embodiment of the *Sachidananda Swarupa* Lord Himself. What can we offer unto such a sage? Our devoted and dedicated service is the best offering we can make at the feet of such a Guru.

Source : Tapovan Prasad,
June 2000

H. H. SWAMI TEJOMAYANANDAJI'S ITINERARY JULY - 2015		
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20 to 21 July, 15	Dallas	-
22 to 24 July, 15	Alpharetta	+1 - 678 - 566 5018
25 to 27 July, 15	Atlanta	+1 - 678 - 615 7088
29 July, 15	New Jersey	+1 - 609 - 655 1786
31 July, 15		+1 - 609 - 655 1786
05 to 11 Aug, 15	London	+44 - 208 - 203 6288

Mumbai Acharya Manan

Are We Available?

Swami Swatmananda



A Master once said - “Guru does not judge our ability or inability but wants our availability” We should be ‘available’ to the Guru. The dullest student, if ‘available’ gets transformed completely. On the other hand, even the brightest student, when not ‘available’ can remain ignorant of the Truth. The Guru-Stotram says - *vedanta ambuja suryo yah tasmai sri gurave namah*. Salutations to the Guru who is like the Sun to the Lotus flower. In the mere presence of the Sun, the lotus blooms. In the presence of the Master we bloom through the knowledge of Vedanta. Poojya Gurudev Swami Chinmayananda was such a master. Those who were ‘available’ experienced that Poojya Gurudev taught in

innumerable ways, not just in a lecture or a formal class. Through a penetrating glance, a smile, a sigh, a pat or a hug or even calculated indifference or deep silence or dynamic activities of a project or through a letter, etc. Poojya Gurudev would convey the Vedantic teachings.

Once Poojya Gurudev in his late 70s was walking down the temple stairs and one step was very steep. A youth near-by offered a helping hand. Poojya Gurudev lifted his hand to hold the hand of the youth, but then let it go and climbed down the staircase on his own. Finally when Poojya Gurudev reached the ground, Poojya Gurudev sighed and looked at the youth and said - **“Do not depend on anyone. Walk Alone.”**

Every Breath is a teaching because the Master abides in Truth. We must be available for learning.

What does it mean to be ‘available’? Is it just being

physically present near the Master? Once someone asked Poojya Gurudev, ‘Swamiji! There are some devotees who have been with you for so many years, yet why don’t they seem to undergo any transformation?’ Pat came the reply - **“This walking stick has been with me for the past 30 years.”**

No doubt, the physical presence of the Master is a great opportunity. By being close to the Master one is available for service. Through this one can tune-up by observing the Master and the way the Master ‘lives’ and acts, centred in Truth. Such opportunities are indeed rare and one must be blessed to have them. Not everyone gets such an opportunity. Even if one gets it may not be for a long time. So how should one make oneself ‘available’ for the Master? A beautiful verse from the Guru Gita says -

*dyana mulam gurormurtih
puja mulam guroh padam
mantra mulam gurorvakyam
moksha mulam guroh kripa*

Availability through Actions: (puja mulam guroh padam)

1. We can become available by performing our duties with a selfless attitude. Poojya

Gurudev said - **“Work is love made visible. To bring into vivid expression you love of others is work; to drag yourself through each day’s schedule, morose, unhappy, and miserable is labor.”** To ignore our duties or drag through them and then to try and do some social service is not very effective.

Let us introspect - “Am I doing work or labor?” By shifting our attitude we become available.

2. Apart from our duties, we must also dedicate our time, effort and resources by associating with the projects and activities undertaken by the mission/organization established by the Master. Why should one do so?
 - a. A project serves as a beautiful opportunity to work selflessly where we can learn to rise above - ‘i, me and mine’, ‘what’s in it for me?’, ‘what will I gain?’ etc. and experience the joy of selfless service.
 - b. We can truly understand the depth of the Master’s vision. The Master’s vision is very high and associating ourselves with it we lift ourselves to greater and greater

heights. Our hidden potentials are invoked.

- c. It's a beautiful opportunity to give up our likes and dislikes and work together as a team. The dynamics of togetherness and power of unity is experienced.
- d. We can experience the Power of Guru's Grace and we become truly humble when we act out of Surrender and Devotion. During the project, many obstacles will come on the way and we may even feel like quitting or we may despair that the project will not materialize, its too tough etc.

Inspite of all odds when we hold on and are persistent in our efforts we find that Guru's Grace makes the Impossible also Possible. This gives us the faith - "I am not Alone. He is with Me." This faith is our true security and strength. Thus, to be empty instruments in His Hands is to be 'available'.

Poojya Gurudev established the Chinmaya Mission so that we can serve selflessly and evolve. We need the Chinmaya Mission. The Mission does not depend on us. The Master works through

innumerable people to fulfil the Vision. The Mission will go on inspite of us. Hence it is our need. So let us think - How can I dedicate myself to the Mission? Every week/month how much time can I dedicate? Which project/activity inspires me? Let us not wait for someone to invite us or inform us. Its our need. So let us take initiative and dedicate ourselves. Thus through work and dedicated activity we become 'available'.

Mental - Availability : **(dhyana mulam gururmurtihi)**

1. The relationship with the Guru is an absolute relationship. Its not relative relationship because the Guru loves us not 'because of' but 'inspite of'. To be available is to go to the Guru as we are and open up our heart to him/her. We need not feel - 'I am inadequate. I have so many weaknesses. I don't deserve His love' etc. The Guru is an Ocean of Infinite & Causeless-Compassion. Everyone wants us to change, but the Guru accepts us as we are. The Guru alone loves us unconditionally. It is this Love that transforms, not mere words or lectures.

There was a rich man in a

town. He was very notorious and known to have many vices and wrong doings in business. Once Poojya Gurudev was having a *yagna* in the town and he came to the *yagna* and started attending it regularly. He was inspired and wanted to meet Poojya Gurudev. After the meeting, Poojya Gurudev said - 'He will light the lamp at my next *yagna*.' other mission members said - "He is not fit. Associated with him, Poojya Gurudev, you will get a bad name." Poojya Gurudev insisted that he will light the lamp. On the inaugural day of the *yagna*, after lighting the lamp the man was in tears and he read a letter that Poojya Gurudev had written to him 6 months before the *yagna*. Poojya Gurudev wrote - **'Go to the Krishna temple every morning. Do 2 malas of *japa* and keep away from all vices. You will be ready by the time the *yagna* comes and you will be fit to inaugurate the *yagna*. I trust you.'** Nobody trusted him. He was lonely. The Master's compassion and love transformed him.

Once a *brahmachari* doing the Vedanta Course at Sandeepany Sadhanalaya was feeling very sad at the impurities and the

tricks that the mind plays. The vulgar thoughts, base emotions, helpless attachment to senses etc. was troubling him and he was extremely guilty and depressed. He described the situation and wrote to Poojya Gurudev that 'I am losing confidence in myself. I cannot continue the course.' Poojya Gurudev wrote back on the same letter - **"the more you lose yourself, the more I gain on you."** Poojya Gurudev turned around the entire situation and gave him a new vision and encouragement. When Poojya Gurudev came to Mumbai, the *brahmachari* was hesitant to meet Poojya Gurudev since he was feeling ashamed - 'what Poojya Gurudev must be thinking of me?' and so he was delaying meeting Poojya Gurudev. He stood last in the queue and when he prostrated, Poojya Gurudev said - **"Why did you come so late? I was waiting for you. Why are you afraid of the Swami."** So saying Poojya Gurudev embraced him lovingly.

2. Sri Adi Shankaracharya writes in one of his Upanishad bhashyas, 'The love of parents is the purest in human love. But Guru's love is much more

than the love of thousands of parents of our countless past lives put together.”

Are we available to receive this pure love?

3. We must meditate upon the form of the Guru. '*dyana mulam gurormurthi*'

Whatever we love, we think continuously about it. When we truly love the Guru, the mind is absorbed in thinking about the Guru and it is filled with love for the Guru. This love dissolves all inadequacies & insecurities.

Do we have Poojya Gurudev's picture at our altar of worship? Do we meditate on His Form? Do we take His name? Do we feel our relationship with Him?

4. Love of the Guru helps us to overcome our attachments and aversions (*Raaga & Dvesha*) and we depend only on the Guru and no one else.

Thus let us be available to Him by opening our heart to Him and Loving him with all our heart.

Intellectual Availability (*mantra mulam gurorvakyam*)

1. We must go to the teacher with a burning desire to know

the Absolute Truth. We must be willing to pay any price to know the Truth. Whatever it requires to know the Truth must be done. With such intensity when we go, we are available.

2. When the Knowledge is given by the Guru we must listen attentively. Without preconceived notions, judgements etc. we listen openly. Logically we reflect upon the Truths and when found true and convincing we accept them and drop the old beliefs. We must not resist, justify or argue and delay the process.
3. There are many who can get caught up either in justifications or in intellectual arguments, technical analysis etc. and miss the 'Vision' of the Master. Poojya Gurudev used to say - **there are many who have memorized Shankara-bhashya and can quote Shankara more eloquently and precisely than Shankara himself. But how many have really understood the Vision of Shankara? Few.'**

When someone asked PoojyaGurudev - "How does it feel like to be at the top?" Poojya Gurudev said - '**At the**

top, you are always alone.’
When Poojya Gurudev was there, few people understood his vision. It takes time for us to even grasp the vision thoroughly.

4. Having reflected, we contemplate. We must be constantly alert, not to slip back into the old ways of thinking and acting. Having got even a glimpse of the Vision, we must be alert to live it. Poojya Gurudev said - **“Alertness is the price one pays for Freedom. Alert and vigilant living is a *sadhana* in itself.”**
5. Do I have the burning desire to know the Truth? Have I

understood what is Poojya Gurudev’s Vision? Am I striving to live-up to the Vision?

Thus let us be available by being open and alert intellectually to grasp the Vision.

In this way when we are ‘completely available’ the Guru is able to invoke the Divinity within. Thus by being available to the Guru, the Self is available to us (*moksha mulam gurorkripa*).

Poojya Gurudev Swami Chinmayanandaji’s Birth Centenary Year (2015-16) is approaching. Let us be ‘available’ and express our Gratitude to HIM.

NEW RELEASE

He Is Never Away From You - He Is... Forever Yours!

Guidance in Gurudev’s words

Rare Pictures Of
Gurudev’s Early Life

Sketches & cartoons
that cheered the letters

Pujya Gurudev’s Personally hand
written letters and Notes

NOT JUST
ANOTHER BOOK

Colourful
Coffee Table Edition
@ Affordable Price

Special Occasion
Exceptional Book
Attractive Discount



50% off MRP for
CM Centres and
Vidyalayas

Recommended
30% discount
for buyers

Rush your prebooking on No Return basis

Contact Chinmaya Van
@ Mumbai Centres. Refer to Page # 4





2nd Chinmaya International Geeta Chanting Competition 2015

An Appeal For Becoming Geeta Dootas

Dear Geeta Lovers,

There is a unique way to be always with Bhagawad Geeta. Chinmaya Mission has been organizing Geeta Chanting Competition, throughout the world. Every year lakhs of school children participate in the competition and learn to chant the Bhagawad Geeta. This year, 15th Chapter has been selected for the competition. Also, this being the Birth Centenary year of Pujya Gurudev Swami Chinmayanandaji, we are having an International Geeta Chanting Competition. We invite all of you to be a part of this once in a life-time opportunity, by giving your valuable time for this purpose. Our target this year is to enroll 50,000 children in Mumbai for this competition.

Learn, chant and teach Geeta to our future generation and become the Geeta Dootas. You can also visit schools in your neighborhood and request them to participate in this unique competition, which was Gurudev's dream. You will be given all necessary inputs & required training for the same. You can work from your respective areas.

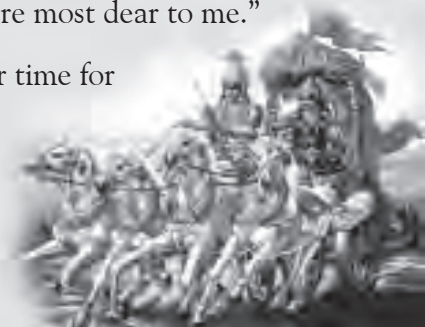
Lord Krishna says in Bhagawad Geeta - "The people who work for spreading the scriptural knowledge are most dear to me."

Geeta Lovers interested in utilizing their time for this divine purpose, please contact -

Shri. P. B. Someshwar - 9987708182

Smt. Manju Suresh - 9969066853

Thank you!!



JOIN THE CHINMAYA FORCE

Employment Opportunities in Chinmaya Mission, Mumbai

Office Manager (JOB CODE: CST100OM)

Office Hours: Monday - Saturday 10.00 am - 7.00 pm.

Office Location: Churchgate

Everyone does a job. We are offering you “joy” in the form of a job.

*We are looking for someone dynamic, inspired,
innovative for our Office in Churchgate.*

*The candidate must be an
impressive administrator and yet a loving team-player.*

*We need someone who is passionate to contribute to the noble vision and
work of Chinmaya Mission in an effective manner.*

*Basic knowledge of computers, great communication skills and sound
leadership abilities are essential.*

Along with your CV, send us your answer
(in minimum 5 and maximum 10 sentences) to the question:
Why I feel I can be a good Office Manager for Chinmaya Mission?

Graphic Designer (JOB CODE: CST100GD)

Office Hours: Monday - Saturday 10.00 am to 7.00 pm.

Office Location: Churchgate

If you like doing creative work, we have lot of work for you! Candidate must know to work on Corel, In-Design, Pagemaker, and all other design softwares and tools. You must also be able to work with tight deadlines. Volume of work will be high, and so will be the fun of doing it. Along with your CV, email us an interesting artwork for an A-4 size flier of Chinmaya Mission. Use your creativity. Content is not important. You can use images available on the internet for this.

Marketing Executive (JOB CODE: CST100ME)

Office Hours: Monday - Saturday 10.00 am - 7.00 pm.

Office Location: Churchgate

We are celebrating Chinmaya Birth Centenary Year. Go through other pages of Chinmaya Sandesh for all the info. But we want you to tell us how we can tell more people about us. If you are a Marketing person and have the passion to use your skills for something unique, here is your chance. We need innovative and practical thinkers on board. You can be a Management Graduate - fresh out of college, or a professional with "x" years of experience, or just an intern. We will look at your skill and passion more than your degrees and experiences. DO READ THE REST OF CHINMAYA SANDESH, and along with your CV, send us your 5 most innovative Marketing ideas for promoting Chinmaya Birth Centenary Celebration.

Please write to : ec.mumbaicm@gmail.com

PLEASE MENTION JOB CODE IN THE SUBJECT LINE.

**Prior background of Spirituality or Chinmaya Mission
NOT REQUIRED, but can be an added advantage.**

Hari Om. Hari Om. Hari Om.

Calling All Chinmaya Mission Members & Sandesh Readers

We have Launched Ghar Ghar Mein Geeta.

We sincerely appeal to each of you to host at least ONE session of Ghar Ghar Mein Geeta and support the vision.

1008 SESSIONS HAVE TO HAPPEN.

COME FORWARD AND HOST 1.

See the next 2 pages for details.



Chinmaya Mission
welcomes you to



Ghar Ghar Mein Geeta ... *Living the Geeta Way of Life*

Programme (60 - 90 minutes only)

- Introduction
- Geeta-Video clip of Swami Chinmayananda
- Discussion facilitated by an Acharya/Sevak
- Q & A session
- Chinmaya Aarti or Geeta Aarti (Optional)
- Conclusion

Special Offer:

Series of 18 Talks on 18 Chapters on Geeta in 18 homes.
Which chapter are you hosting?

Donation:

The knowledge being invaluable is not charged. Any donation to support the spiritual, educational, cultural and social service programmes of Chinmaya Mission Mumbai are welcome. All donations are exempt from section 80G of Income Tax Act. Cheques to be made in favour of 'Chinmaya Seva Trust'.





Video-Clip Topics:

Essence of Karma-Yoga	- 40 mins.
Why Vegetarianism?	- 20 mins.
Vision for the Youth	- 20 mins.
Service Above Self	- 19 mins.
3 Gunas - Sattva/Rajas/Tamas	- 18 mins.
Self is Unborn	- 17 mins.
Introduction to 3 Paths of the Geeta	- 4 mins.
Why Surrender to a Guru?	- 11 mins.
Witness - they are in me, I am not in them	- 10 mins.
Equanimity in Life	- 8 mins.
Fortitude and Equanimity	- 7 mins.
Setting a High Goal	- 7 mins.

Chosen depending on time availability

List of more topics on which the clips of Pooja Gurudev are available will be updated on www.chinmayamissionmumbai.com

If you want an Acharya/Sevak to talk on a specific topic and don't want to do a video session, that is also fine.

Contact us

Dahisar - Kandivli:

Muraliji - 9221515431

Malad/Goregaon:

9869105775

Andheri(W), Juhu:

Swati - 9819904606

Santacruz, Parle, Bandra:

Pratibhaji - 9820602890,

Meenaji - 9223413586

**Mahima, Dadar, Matunga,
Wadala, Sion:**

Sunitha - 9930297647

South Mumbai:

Anjali

avj_1971@hotmail.com

Geetaji - 9820132442

Powai, Anderi (E),

Bhandup:

Yogeshji - 9769412643

Chembur - Ghatkopar:

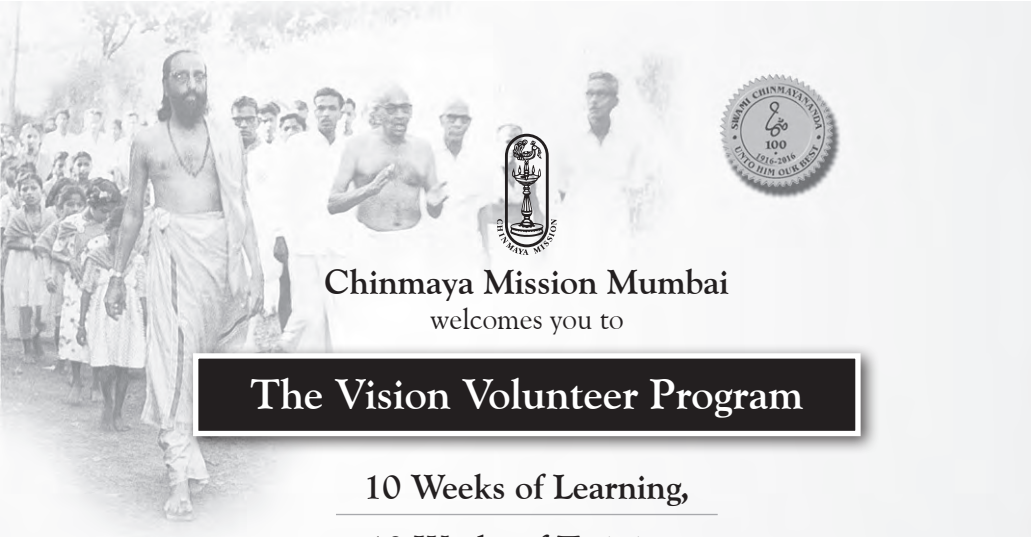
Shree Ram - 9967050172

Navi Mumbai:

Shantalaji - 9892628018

ggmg.mumbai@gmail.com





Chinmaya Mission Mumbai
welcomes you to

The Vision Volunteer Program

10 Weeks of Learning,

10 Weeks of Training,

1 Month of Selfless Service

■ The Vision Volunteer Program:

This is a 3 tier program for inspired individuals who have the courage of heart and the spirit of dedication to serve a greater cause and enrich themselves:

Eligibility : Commitment, Inspiration & Availability

Enrollments for the VISION VOLUNTEER PROGRAM will be based on screening of Application Forms followed by a personal interview.

Age Limit : Below 60 years

Faculty : Brni. Nidhi Chaitanya

Other speakers from the field of Management and Education will also address the participants as Guest Faculty.

■ Program Details:

Every Thursday 11.00 am -1.00 pm (Starting 16th July)

Venue : Chinmaya Priyam, 5, Jain Vihar, Swastik Society, NS Road No. 3, Juhu Scheme, Mumbai.

- **10 weeks of Learning:** Thorough understanding of the principles of Karma Yoga: including time-management, team-work, goal-setting, enhancing efficiency, etc through weekly classes.
- **10 weeks of Training:** Practical Training in application of the various principles of Karma Yoga through CBCC project planning and seva-work.
- **1 month of Selfless Service:** From 1st December 2015 - 1st January 2016, the Vision Volunteers will serve full-time as part of the official CBCC Team
- **Benefits:** Besides the personality-enrichment and inner growth, the participants who go through the entire program successfully will be awarded with a certificate and letter of appreciation stating their voluntary efforts and service contributions.



**TO KNOW MORE AND
TO SUBMIT YOUR APPLICATIONS,
Call : 9819904606 / 9320286048**

or send your applications by courier to:

Chinmaya Prakash, 401, Jupiter-A, 4th Cross Lane, Lokhandwala
Complex, Andheri West, Mumbai 400053.

PLEASE DO WRITE **“DROP”** ON THE ENVELOPE
WHILE SENDING THE COURIER.

Be a Vision Volunteer
LEARN. LIVE. SERVE. GIVE.



ॐ

आरती गुरुदेवांची

जय देव जय देव जय जय गुरुदेवा ।
प्रार्थितो आम्ही दे ज्ञानठेवा ॥

केरळ प्रांती तू अवतरलासी
आत्मज्ञान भुके काश्युत्तर जासी ।
गंगामाता तुजला दे स्फूर्ति ऐसी
विश्वाच्या कल्याणा भ्रमण तू करिसी ॥१॥

बालका संगे बालक होसी
युवकांच्यासाठी ऊर्जा तू असशी ।
भाविकजना प्रेमे तारीसी
जिज्ञासुंना ज्ञानमार्ग दाविसी ॥२॥

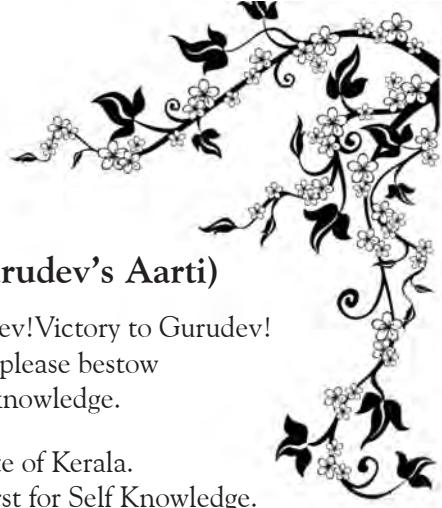


ज्ञानगंगेचा तू भगीरथ असशी
ज्ञानाचा हा वसा आम्हां तू देसी ।
सिद्धबाडी क्षेत्री समाधिस्थ होसी
अंतर्यामी रूपे हृदयी भाससी ॥३॥



कृपादृष्टीने आम्हा सर्वांसी
गौरवान्कित ह्या जगती करीसी ।
आम्ही चिन्मयसुत करितो प्रार्थना
द्यावी शक्ति आदर्श जीवन जगण्या ॥४॥

स्वामिनी निश्चलानंद



(Translation of Pujya Gurudev's Aarti)

Victory to Gurudev! Victory to Gurudev! Victory to Gurudev!
We fervently pray to you to please bestow
upon us the treasure of knowledge.

You incarnated in the state of Kerala.
You went to Uttarkashi with the thirst for Self Knowledge.
Mother Ganga inspired you
to travel far and wide for the welfare of the world.

You became a child with children and
the source of inspiration for the youth.
You lovingly guided the devotees to
cross the ocean of samsara and
showed the path of knowledge to the seekers.

You are the Bhagirath of the Ganga of knowledge.
You taught us to abide in this knowledge and
be torch bearers thereof.
You sought permanent abode in the holy place of Siddhabari.
But at the same time you always shine and
rule in the hearts of devotees.

Due to your grace, we are glorified in this world.
We, the children of Chinmaya pray to you
please grant us the strength to lead a life of an ideal vision.

- translated by Bmri. Sandhya Chaitanya

The tune of this Aarti is
just like the popular Marathi Aarti of
Lord Ganesha, 'Sukhharta Dukhharta'.



Regular Sessions by Yuvaveer Mathangi Raghavan

Vedic Chanting Class

Wednesday 3.00 pm to 4.00 pm • 17th June 2015

Venue: Chinmaya Sagar, Churchgate

Contact: Anjali - 9820068845

Bhajan Class for Chyks & Pre-Chyks

First Sunday of Every Month 10.30 am to 12.00 Noon

21st June 2015

Venue: Sandeepany Sadhanalaya, Powai

Contact: Aravind - 9619030879 • Tapan - 9920074776

Geeta Chanting Class - Chapter 15

Thursday 4.30 pm to 5.30 pm • 18th June 2015

Venue: Chinmaya Prakash, Lokhandwala

Contact: Swati - 9819904606

Geeta Chanting Class - Chapter 15

Wednesday 5.30 pm to 6.30 pm

17th June 2015

Venue: B-102, Panchmukhi, Panch Marg, Versova

Contact: Swati - 9819904606

Balavihar Class

Tuesday 7.00 pm to 8.00 pm • 16th June 2015

Venue: Chinmaya Prakash, Lokhandwala

Contact: Swati - 9819904606

Chinmaya Sagar Zone

(South Mumbai)

Viveka Choodamani Camp
by Sw. Swatmananda & Brni.
Nidhi Chaitanya on 25th to
31st May at Tapovan Ashram,
Siddhabari.



Interactive study-sessions, DVD talks, a brain-storming workshop on the movie 'The Adjustment Bureau' and guided meditation sessions helped 48 campers present understand:

- the glory of spiritual life and the rarity of human birth
- the importance of self-effort
- attitude and aids in meditation
- vasanas and how to give them up
- how to increase sattva guna and achieve excellence
- what is superimposition and how to end it

A Samashthi Paduka Puja in

Gurudev's Kutiya and a Vadamala Puja of Shri Hanumanji were also carried out. A Gayatri Havan conducted on the last day was an apt conclusion to the camp.

Reena Rajpal

Success & Beyond - a corporate workshop on June 6th at The Palladium Hotel

Mr. R. Gopalkrishnan, Director - Tata Sons, enthralled the full house with Six Lenses of Success. Mr. Ajay Piramal shared anecdotes about his application of the Geeta and his success. Swami Swatmanandaji complemented both the panelists with his presentation on Success & Beyond using potent videos by Pujya Gurudev.

Milind Sanghavi



**Tapovan Sadhana Camp - 2 @
Uttarkashi, Gangotri, Gomukh
on 7th to 14th June by Swami
Swatmananda**

The group of 29 ranged from active 23 year-olds to a dynamic 58 year-old Amma!

The day began with yoga sessions by Ankita (Chyk), followed by video-talks of Pujya Gurudev, maintaining silence in Tapovan Maharaj's Kutir then to a trek into the woods to Nachiket Taal.

From Uttarkashi, the group reached Gangotri where they interacted with Swami Sunderanandaji (adirect disciple of Sw. Tapovan Maharaj and Guru-bhai of Pujya Gurudev) and did the Ganga Aarti.

The next stop was after a 14 km trek at Bhojwasa (5 km from Gomukh). The high altitude of 13,500 ft made breathing difficult and negotiating the hilly terrain - part ice, part rocky a

huge challenge. But the group ably led by Swamiji kept chanting and with the blessings of Mother Ganga reached Bhojwasa camp by early evening hours.

The journey continued with the final ascent to Gomukh. This stretch was rapidly scaled by the group. On the shores of the Ganges, we thanked the Masters by chanting Guru Stotram and prayed to Mother Ganga.

Swamiji motivated the group with a deep insight that this trek symbolised our journey back to the source of all thoughts, that spring of consciousness within us and how one needs to go against the current to reach the source (Gomukh) ie. Consciousness.

Our learnings from the camp were: keep the faith that if the mind has reached the goal, the body will follow; just focus on the next step and be in the present as thinking of the past or future would only dissipate your energy.

This camp was a test of one's endurance, will-power and the will to take on a challenge and push oneself beyond one's limits while keeping unwavering Shraddha in the Lord and Gurudev who blessed us at each and every step.

CHYK Rohit Hegde



Keeping in mind, the motto of Chinmaya Mission - **Maximum Happiness to Maximum People for Maximum Time**, we have planned various Projects, Programmes and Events to serve maximum people with the Knowledge of the Geeta & Vedanta, Hindu Culture, Glory of India. We invite you to join us in this journey of selfless service, devotion and Knowledge.



Chinmaya Pradeep

First of its kind, permanent outdoor Multimedia Exhibition on Poojya Gurudev's life, in Powai, Mumbai (Based on Kritajnataa - Gratitude, by Poojya Guruji Swami Tejomayananda)



New Chinmaya Mission Centres in Mumbai

To Serve Maximum People. Donors willing to offer a place / donations are welcome.

Programmes (for the whole year)



Ghar Ghar Me Geeta

1008 Ghar Ghar Me Geeta Programmes to be held. You can host one or more.



Chinmaya Memorial Lectures & Corporate Workshops

Chinmaya Memorial Lectures & Corporate Workshops with eminent speakers from Corporate & Spiritual world.



Camps

Children's Camps, Youth Camps & Elders' Camps



Chant Geeta Enchant Krishna

International Geeta-Chanting Competition on Chapter 15.

50,000 children to participate from Mumbai



Transforming Indians to Transform India (TITI)

Transforming Indians to Transform India. 1008 Interactive Workshops in Schools & Colleges (Done FREE) / Societies / Corporates / for Parents etc. by our Trainers on 7 levels of Personal Transformation. The Vision is 'I Transform. India Transforms.'



Poojya Gurudev's Talks on TV

Chinmaya Geeta with Subtitles on TV



Full-scale Publicity & PR

Print / Social Media partnership for a large-scale awareness of His Vision & Work

Projects



Events (December 2015)

1. Chinmaya-Ananda Utsav at Shanmukhananda Hall

A grand week-long celebration is planned from 13th to 20th December 2015.



SPIRIT OF INDIA
Concert by

Shankar Mahadevan

13th December 2015 (Sunday)
5.30 pm to 9.30 pm



GEETA FOR ALL
Non-Believers or Believers
Talks on Chapter 15 of Bhagawad Geeta
by **Poojya Guruji**

Swami Tejomayananda
14th to 18th December (Mon-Fri)

POOJYA GURUJI'S BHAJAN SANDHYA
19th December (Saturday)
7 pm to 8.30 pm



EMPOWER & EXCEL
Leadership Conclave with
Visionaries of India

19th December 2015 (Saturday)
9 am to 1 pm



GEETA UTSAV

A Tribute to the Bhagawad Geeta
20th December 2015 (Sunday)
10 am to 1 pm



JUST LIKE THAT

A Theatrical Offering by Mumbai
CHYKs based on Bhagawad Geeta
20th December 2015 (Sunday)
5 pm to 9 pm



2. Chinmaya Jyoti Yatra - Mumbai Phase

1. Flagged off on 8th May 2015 at Ernakulam - Birth place of Poojya Gurudev Swami Chinmayananda and culminate in Chinmaya Vibhooti on 31st December 2015
2. Chinmaya Sandesh-Vaahini - a Multimedia Mobile Exhibition with the message of Swami Chinmayananda & Geeta will travel across the nation.
3. Will cover 20,000 kms in 238 days, across 150 + Chinmaya Mission Centres
4. Last phase of 10 days will be in various zones of Mumbai from 21st to 30th December before heading to Chinmaya Vibhooti on 31st December 2015

An Appeal for Support

We seek your support and generous contributions to reach and enrich many lives through the above projects, programmes & events and serve the ever-increasing spiritual, educational and cultural needs in Greater Mumbai. Various avenues for Sponsorships / Donations are mentioned overleaf.

This is a once-in-a-lifetime opportunity and a privilege that we have to serve the society through HIS Centenary Celebrations. Let us all come together to offer a befitting tribute to Poojya Gurudev Swami Chinmayananda.

Donation Form

Please tick whatever you would like to support through donation.

1. CHINMAYA PRADEEP - First of its kind, permanent outdoor Multimedia Exhibition on Poojya Gurudev's life, in Powai, Mumbai (Based on 'Kritajnataa' - Gratitude by Poojya Guruji Swami Tejomayananda)

- | | | |
|--------------------------|--|-------------------------------|
| <input type="checkbox"/> | Chinmaya Pradeep Dvaar | Rs. 25 lakhs |
| <input type="checkbox"/> | Sandeepany Sadhanalaya Exhibits | Rs. 20 lakhs |
| <input type="checkbox"/> | Audio & Multimedia Softwares | Rs. 15 lakhs |
| <input type="checkbox"/> | Poojya Gurudev's Exhibit | for one facet - Rs. 11 lakhs |
| | (Chinmaya Pradeep depicts 5 facets of Poojya Gurudev: as a Sanyasi, Missionary, Teacher, Man of Perfection & Swami Chinmayananda.) | |
| <input type="checkbox"/> | BMI Chart Exhibit | Rs. 5 lakhs |
| <input type="checkbox"/> | Chinmaya Vision Pillar | Rs. 1 lakh each |
| <input type="checkbox"/> | Kritajnataa Yajmaan | For one language - Rs. 1 lakh |
| | (Rendition of Kritajnataa in Sanskrit, English & Hindi) | |
| <input type="checkbox"/> | Kritajnataa Upa Yajman | Rs. 50,000 |
| <input type="checkbox"/> | Chinmaya Bhakt Yajman (Devotees' Expression of Gratitude) | |
| | - Any amount as per their devotion | |

2. SPIRIT OF INDIA

- A Soul-enriching Evening with Shankar Mahadevan on 13th

- | | | |
|--------------------------|-------------------|--------------|
| <input type="checkbox"/> | Main Sponsor | Rs. 50 lakhs |
| <input type="checkbox"/> | Co-sponsor | Rs. 35 lakhs |
| <input type="checkbox"/> | Associate Sponsor | Rs. 20 lakhs |

3. EMPOWER & EXCEL

- Leadership Conclave with the Visionaries of India on 19th

- | | | |
|--------------------------|---|-----------------------|
| <input type="checkbox"/> | Main Sponsor | Rs. 30 lakhs |
| <input type="checkbox"/> | Co-sponsor | Rs. 20 lakhs |
| <input type="checkbox"/> | Associate Sponsor | Rs. 10 lakhs |
| <input type="checkbox"/> | Student Sponsor | per student - Rs. 500 |
| | (College students will be given passes to attend the event) | |

4. GEETA FOR ALL - Non-Believers or Believers - 5 Evening Talks by Poojya Guruji Swami Tejomayananda on Bhagawad Geeta Ch.15

- | | | |
|--------------------------|--|---------------|
| <input type="checkbox"/> | Pramukh Yagna Yajmaan | Rs. 35 lakhs |
| <input type="checkbox"/> | Sampoorna Yagna Yajmaan | Rs. 25 lakhs |
| <input type="checkbox"/> | Sampoorna Yagna Upa-Yajmaan | Rs. 11 lakhs |
| <input type="checkbox"/> | Dainik Yagna Yajmaan | Rs. 3 lakhs |
| <input type="checkbox"/> | Geeta Doot Yajmaan | Rs. 5 lakhs |
| | <i>(FREE Bhagawad Geeta Distribution)</i> | |
| <input type="checkbox"/> | Gnana-Yatra Yajmaan <i>(Facilitating the travel of seekers & devotees to attend the satsang)</i> | Rs. 5 lakhs |
| <input type="checkbox"/> | Annadaan <i>(Dinner-pack for attendees travelling from far)</i> | Rs. 2.5 lakhs |
| <input type="checkbox"/> | Arati Yajmaan | Rs. 1 lakh |
| <input type="checkbox"/> | Prasad Yajmaan | Rs. 30,000 |
| | <i>(3 days during the Yagna)</i> | |
| <input type="checkbox"/> | 20-seconds film screening <i>(3 days during the Yagna)</i> | Rs. 35,000 |
| <input type="checkbox"/> | 10-seconds slide display <i>(3 days during the Yagna)</i> | Rs. 25,000 |
| <input type="checkbox"/> | Samoochik Parayan Yajmaan | Rs. 11,000 |
| | <i>(On 20th December 2015, we will have Samuhik Geeta Parayan of selected chapters at Shanmukhananda all during Geeta Utsav. Samasti Sankalpa and blessings will be invoked on the Yajmaan.)</i> | |
| <input type="checkbox"/> | Purushottam Sankalpa Yajmaan - | Rs. 5000 |
| | <i>(Chant Ch. 15 everyday & offer Rs. 15 perday as dakshina)</i> | |

5. Geeta Chanting Competitions

- | | | |
|--------------------------|--|---------------------|
| <input type="checkbox"/> | Main Sponsor | Rs. 20 lakhs |
| <input type="checkbox"/> | Co- sponsor | Rs. 11 lakhs |
| | <i>(This will help us to subsidise the cost and conduct Geeta Chanting for more than 50,000 children @ Rs. 10 per child.)</i> | |
| <input type="checkbox"/> | Geeta Vidyarthi Yajmaan | per student Rs. 100 |
| | <i>(Sponsor the Geeta Chanting book and prizes etc. @ Rs. 100 per student for as many children as possible. Minimum 5 students preferred.)</i> | |

6. Transforming Indians to Transform India (TITI) - You can sponsor workshops on Transformation along with FREE distribution of the TITI book for school & college students.

- | | |
|---|-----------------------------|
| <input type="checkbox"/> TITI Main Sponsor | Rs. 25 lakhs |
| <input type="checkbox"/> Co-Sponsor | Rs. 15 lakhs |
| <input type="checkbox"/> Sponsor 7 workshops in an institution | Rs. 10,000 |
| <input type="checkbox"/> Sponsor 5 workshops for an institution | Rs. 7000 |
| <input type="checkbox"/> Sponsor 3 workshops for an institution | Rs. 3000 |
| <input type="checkbox"/> Sponsor 1 workshop for an institution | Rs. 1500 |
| <input type="checkbox"/> Sponsor book distribution
(minimum 10 students) | per student Rs. 50 per book |

You can sponsor for as many students as you like. CSR donations are also welcome for Transforming Indians to Transform India & Geeta Chanting Competitions from Corporate Companies under the category of Education.

7. TV Telecast of Poojya Gurudev's Episodes in Mumbai

- | | | |
|--|-------------|--------------|
| <input type="checkbox"/> a. Sponsor 1 or more month(s) | per month | Rs. 15 lakhs |
| <input type="checkbox"/> b. Sponsor 1 or more week(s) | per week | Rs. 4 lakhs |
| <input type="checkbox"/> c. Sponsor 1 or more episode(s) | per episode | Rs. 50,000 |

8. Print-Publicity Sponsor

- | | |
|--|----------------------------|
| <input type="checkbox"/> a. Print-Partner Sponsorship for 3 months | Rs. 10 lakhs |
| <input type="checkbox"/> b. Print-Partner Sponsorship for 1 month | Rs. 5 lakhs |
| <input type="checkbox"/> c. Advertorials of Poojya Gurudev | per advertorial Rs. 50,000 |

9. A souvenir shall be released with invaluable inspirational material and 5000 copies will be distributed to all participants of the Chinmaya-Ananda Utsav (13th - 20th December 2015). Please support us by placing advertisements in our Souvenir.

- Souvenir Advertisement Options:
- | | |
|--|--------------------|
| <input type="checkbox"/> Inside Front Cover | Rs. 1 lakh |
| <input type="checkbox"/> Inside Back Cover | Rs. 1 lakh |
| <input type="checkbox"/> Centre Page | (colour) Rs. 50000 |
| <input type="checkbox"/> Bookmark (both sides) | Rs. 50000 |
| <input type="checkbox"/> Full Page Color Ad | Rs. 30000 |
| <input type="checkbox"/> Half Page Color Ad | Rs. 20000 |

- | | |
|---|-----------|
| <input type="checkbox"/> Full Page B/W Ad | Rs. 15000 |
| <input type="checkbox"/> Half Page B/W Ad | Rs. 10000 |
| <input type="checkbox"/> 2-Liner Page Sponsorship | Rs. 5000 |

10. General Donation -

Any amount / monthly contribution _____ for _____ months

Corporate Sponsorship for any of the above is welcome. Appropriate publicity will be worked out for it. Cheques can be drawn in favor of 'Chinmaya Seva Trust.' All donations are exempt under Section 80G.

Date: _____

Name / Organisation: _____

Street Address: _____

Area: _____ City: _____ Pin: _____

Cell: _____

Tel: (R) _____ (O) _____

Email: _____

To,
Chinmaya Seva Trust, F3, Panchsheel Bldg, 'C' Road, Churchgate,
Mumbai - 20. Tel: 22814646, 22884646

Dear Sir / Madam,

With reference to your appeal for Advertisement/Donation towards Chinmaya Centenary Celebrations we are sending herewith our contribution by Cash / Cheque No. _____ Dated _____ Drawn on _____ Bank _____ Branch in favor of 'Chinmaya Seva Trust' towards the following -

(Please mention which categories you would like to sponsor)

Yours faithfully,

Signature



Sessions by Swami Swatmananda

Wise & Otherwise

Talks on Geeta Ch. 3 - Karma Yoga

Geeta Power

Weekly Study of Geeta Verse-by-Verse

Since Swamiji is busy with some projects, there will be no sessions in June and July. Sessions will resume in August.

6th, 20th, 27th Aug. 2015 (Thurs) • 12.30 pm to 1.30 pm

Venue: Mrs Parul Bhammar, 18th Floor, Usha Kiran Bldg,
Charmaichel Road, Behind Jaslok Hospital,

Contact: 9820185255

Geeta In Practice

Monthly Sessions-Vision of Geeta in Power Capsules

Topic : Bhakt, Bhakti & Bhagawan, Chapter 12

Since Swamiji is busy with some projects, there will be no sessions in June and July. Sessions will resume in August.

18th, 19th Aug. 2015 (Tues - Wed) • 7.15 pm to 8.15 pm

Venue: Chinmaya Nursery, Behind Shalimar Hotel, Kemps Corner

For registration kindly send a SMS along with your full name on 8108043204

Upanishad Darshan (cont...)

(Taittiriya Upanishad)

Talks on Chapter 2 - Brahmananda Valli

Since Swamiji is busy with some projects, there will be no sessions in June and July. Sessions will resume in August.

4th, 5th, 6th, 7th, 8th (Tues - Sat) Aug. 2015 • 7.15 am to 8.15 am

Venue : Chinmaya Sagar, Panchsheel bldg., 'C' Road, Churchgate



Sessions by Swami Swatmananda

“Silver Lining” - Monsoon Camp 2015

Text : Guru Paduka Stotram

*Mid-Week Camp for Study Groups
Devi Groups/Chinmaya Mission Members*

Wed., 15th July - 10.00 am to Thu., 16th July 2015 - 3.30 pm

Camp Highlights :

- Visit to Chinmaya Jeevan Darshan
- Bhajans (sung by campers)
- Aarti at Maruti and Ganesh Mandir
- Satsang by Swamiji
- Meditation
- Movie followed by Group Discussion
- Paduka Puja
- Games & Activities

Minimum Camp Donation per person (without transport) :
(early bird discount for registration before the 10th of July)

1200/- for triple occupancy

2000/- for double occupancy

2500/- for single occupancy

*(for registrations after the 10th of July,
there will be an additional donation of Rs. 500/-)*

Bus from Panchsheel to Kolwan and back has been arranged at Rs. 1000/- per person. Please intimate us in advance to reserve your seat.

At Chinmaya Vibhooti, Kolwan ● Contact : 98205 04696



The secret of action is to get established in equanimity,
renouncing all egocentric attachments and
forgetting to worry over our successes and failures.

- Swami Chinmayananda



Session by
Swamini Krishnapriyananda

Nidhidhyasan

by **Swmini Krishnapriyananda**

(*Acharya, Chinmaya Jayam*)

18th August 2015 (Tues) • 8.00 am to 11.00 am

Venue: Chinmaya Sagar, Pachsheel bldg., 'C' Road, Churchgate

Shishuvihar Class for Children

Age: 3-5 yrs

By **Roma Sanghavi**

5.00 pm to 6.00 pm every Friday

Venue: 24 Gulistan, 2nd floor, Carmichael Road,
(Rd parallel to Peddar rd), Mumbai - 400026

Contact: 9820297889

Starting Soon

**Guided Meditation along with Study of
Bhagawad Geeta Chapter - 6**

Thursdays 5.30 to 6.30 pm

Venue: Cuffe Parade, South Mumbai.

To register call or SMS Study Sevak Gadkary - 9833168516

Rudrabhishek On Shravan Somvar

by **Br. Ved Chaitanya**

(*Acharya, Chinmaya Prema*)

24th August 2015 (Mon) • 6.00 pm to 8.00 pm

Venue: Chinmaya Sagar, Pachsheel Bldg., 'C' Road, Churchgate



**GURUPOORNIMA &
CHINMAYA BIRTH CENTENARY CELEBRATIONS
IN SOUTH MUMBAI**



CHINMAYA UVACHA

Chinmaya-Talk for us to Walk

1st Aug-(Sat) MIND MANAGEMENT FOR SUCCESS

2nd Aug-(Sun) SPIRIT OF SERVICE

3rd Aug-(Mon) MEDITATION

3 Days 3 Topics

JAI HIND COLLEGE

Churchgate, Mumbai

7pm - 8.30pm

ALL ARE WELCOME

Let us make the centenary year's
Sadhana Day (3rd Aug) extra special.
Launch of #42chinmayasadhanas





Day 1 (1st August , Saturday)

- *Reminisces by Smt. Rajashree Birla, Shri Anandbir Singh.*
- *Bhajans by CHYKs*
- *Pujya Gurudev's clips on 'Mind Management for Success'*

Day 2 (2nd August, Sunday)

- *Reminisces by Shri Vivek Krishnani
(Senior VP, Revenue & Mktg, MSM Ltd, Sony Pictures) &
Shri Jagdish Moorjani (COO, Citius Tech)*
- *Bhajans by Balavihar Children*
- *Pujya Gurudev's Clips on 'Spirit of Service'*
- *Talk by Swami Swatmananda*



Swami Swatmananda

Day 3 (3rd August , Monday)

- *Reminisces by Dr.Madhuri Sheth & Smt.Vinita Asrani*
- *Pujya Gurudev's clips on Meditation*
- *Guided Meditation by Swami Swatmananda*
- *Paduka Pooja*

**To be a Paduka Pooja or Prasad Yajman or to Sponsor the event
please contact - 9930344538**

**Chinmaya Sagar: F-3 Panchsheel, C Road, Churchgate, Mumbai-400 020
Ph-22814646 , 22884646 (timings -12 noon to 7pm)**

chinmaya.sagar12@gmail.com

www.chinmayamissionmumbai.com

“Bring your mind where your hands are”

- Swami Chinmayananda

TIMELESS WISDOM  STRATEGIC SKILLS

Chinmaya Mission, Mumbai

Invites you to

Integrated Leadership

An Interactive Corporate Workshop
with

MR. NIRAJ AMBANI

President - Group Logistics at Reliance Industries Limited

MR. SHYAM ROHRA

Leadership Coach & Consultant

MR. VENKAT K.

P&L Leader, Mentor

SWAMI SWATMANANDA

Acharya, Chinmaya Mission, Mumbai

Friday, 10th July, 2015

8:45 am to 4:45 pm

Hotel - Meluha The Fern

Central Ave, Hiranandani Gardens, Powai, Mumbai.

Minimum Suggested Donation:

Rs. 4,000/- per person | Rs. 5,000/- after 30th June



Please register early to avoid disappointment

Contact: Yogesh R. Basole - 9769 412 643

yogeshbasole@gmail.com

Integrated Leadership > Sum of all the Leadership Styles

Mr. Niraj Ambani

President - Group Logistics at Reliance Industries Ltd.

- Has steered to start up two businesses of Reliance Industries, one in Telematics for Reliance Infocomm and Reliance Logistics as a separate Business Initiative
- Represented Reliance Industries on the Planning Commission's 11th Five Year Plan's Logistics Working Group
- Was appointed as a Board Member (of the global board) of the Council of Supply Chain Management Professionals, from 2010 to 2012
- Education at Babson College - Jan. 1993 - July 1995 Wellesley, USA Bachelor of Science (Finance Investment) Summa cum Laude



Mr. Shyam Rohra

Leadership Coach & Consultant

- Served pharmaceutical industry for thirty five years, of these twenty three years as CEO of Swiss, German and Israeli MNCs in India (Schweizerhall, Ratiopharm, Teva & Actavis)
- Chemical engineer from BHUIT, PGDM from IIM Ahmedabad, L.L.B. and PGDPLP. Has devoted his working life in building teams and organisations and promoting Indian pharma industry in international markets
- He has taught Business Ethics at Goa Institute of Management



Mr. Venkat K.

P&L Leader, Mentor

- Venkat has over 2 ½ decades of experience in leading Fortune 500 companies, his career spans across IT, Supply chain and distribution world
- He was the Chief Executive Officer at Grainger Industrial Supply India and was responsible for growing Grainger's presence and revenues in India
- Previous Sr. leadership roles were at Desso Systems & Ingram Micro
- He holds a Masters degree in Business Administration from Bombay University, a refresher from INSEAD, France and a B.Tech degree from NIT, Warangal. Presently, he offers strategic consulting services to organizations and is an executive coach and mentor



Swami Swatmananda

Acharya, Chinmaya Mission, Mumbai

- Director-West Zone of all India Chinmaya Yuva Kendra
- Known for transformational talks on Vedanta, Bhagavad Gita & Upanishads
- Has addressed corporates like Reliance, Mahindras, Piramals, PWC, Tata Motors, Toyota, ICAI, etc.
- Holds Youth Camps, Management Workshops, Meditation sessions across India
- Uses Outdoor - Experimental - Learning methods
- youtube.com/swamiswatmananda • notesmusings.blogspot.in
- facebook.com/swatmananda • swatmananda.podomatic.com



To offer Sponsorship-Donations or Host a similar event exclusively for your organisation, write to: Chinmaya Sagar
F3 Panchsheel Ground Floor, C Road, Churchgate, Mumbai-400 020
chinmaya.sagar12@gmail.com

Our motto: To give maximum happiness to maximum number of people for maximum time

Chinmaya Mahima Zone

(Mahim to Dadar and Sion to Parel)



Jnana Yagna by Swami Advaitananda

Morning Lectures on
Drg Drsya Viveka
in English

8th to 12th September 2015
(Tuesday to Saturday)

7.00 am. to 8.00 am

Venue: Mysore Association, 383, Bhaudaji Road,
Matunga (East), Mumbai - 400 019.



Evening Lectures on
Geeta Jnana Yagna Ch. XIV
in Hindi

7th to 12th September 2015
(Monday to Saturday)

7.00 pm. to 8.30 pm.

Venue: SIES High School Hall,
KA Subramaniam Road,
Near Kings Circle Station,
Matunga (East), Mumbai - 400019.

Talks Series on Bhagawad Geeta

Chapter 2 (Sankhya Yoga)

by **Br. Yukt Chaitanya**

every Wednesday 6.00 - 7.00 pm.

Venue: Erica, 1st Floor, Dosti Acre, Wadala (E),
Next to Antop Hill Bus Depot

Contact : Smt. Shaila Namjoshi 9867649116

Geeta at a Glance

by **Brni. Nidhi Chaitanya**

*A Bird's Eye-View of the 18 Chapters of the Bhagawad Geeta
through 20 sessions of total 40 hours.*

Learn the entire Geeta in just 9 months

on 1st & 3rd Saturday of every month ● 6.30 pm - 8.00 pm

Venue: at Quest Foundation Wellness Centre, 188, 3rd Floor,
Gurukrupa Building, Jain Society, Next to Jain Temple, Sion (W).

Contact : Smt. Bina Sheth - 24081371 / 9870296633

Smt. Mangala Panchpakesan - 9892167138

Chinmaya Swaranjali Classes

Every Sunday 3.00 to 4.30 pm

Venue: Chinmaya Mahima, Opp. Paradise Talkies, Mahim (W).

Contact: Poornima 9833563430 / Vivek Bhat 9819553720

Geeta Chanting Class

for beginners by **Sri. H. P. Ishwar**

Every Monday and Thursday ● 11.00 am - 12.00 noon

Venue: Flat # 505, Dosti Elite, A wing,
Near Sion Telephone Exchange, Sion East.

Contact: Smt. Vinita Acharya on 9821020403

Chinmaya Jayam Zone

(Bandra, Khar, Santacruz, Vile Parle)



Sessions by
Swamini Krishnapriyananda

Guru Purnima Celebrations

Guru Paduka Puja, Bhajans & Guru Stotram

1st August 2015 • 4.30 to 6.30 pm Saturday

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

All Are Cordially Invited

Rudra Abhishek Shraavan Somvar

7th September 2015 • 10.00 am. to 11.30 pm.

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

All Are Cordially Invited

Lectures And Meditation

Based Upon Kathopanishad

6.00 pm to 7.30 pm

Atma Va Are Shrotavyaha - 6th June 2015 Saturday

Atma Va Are Mantravyha - 4th July 2015 Saturday

Atma Va Are Nidhidhyasana - 8th August 2015 Saturday

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

All are Cordially Invited

 **Chinmaya Mission Mahim**
presents



Emotional Transformation


Workshop by
Swami Swatmanandaji



Date : **27th July 2015**

Time : **6.30 to 8.30**

Venue : **Presidency Hall, Khar Gymkhanna,
15th Road, Khar- 400052**

 **Contact Details** 

Amar Ruparel : 9819831231

Meena Ruparel : 9833923586 / 9223413586



Sessions by Brni. Nidhi Chaitanya

The Spiritual Saturday Series

Think, Learn & Live Spirituality

6.30 pm to 8.30 pm

- 13th June 2015 - Religion v/s Spirituality
- 11th July 2015 - Guru v/s Teacher
- 22nd August 2015 - Ego v/s Confidence
- 19th September 2015 - Love v/s Detachment
- 10th October 2015 - Karma v/s Action
- 31st October 2015 - God v/s Truth
- 21st November 2015 - Meditation v/s Life

***Sessions will Include Discussion, Quiz, Printed Notes,
Chanting, Guided Meditation, Games & Activities.***

*Suggested Donation to Support the Cause: Rs. 250 per session
(your contribution will help us meet the expenses of venue,
printing, study material, etc.)*

*Participants attending all 9 sessions will be
awarded special certificates &
become eligible for advanced studies*

Venue : National College, Linking Road, Bandra (W)
To register, contact : Meena Ruparel - 92234 13586

Chyk Class

by **Br. Yukt Chaitanya**

Every Sunday ● 9.00 am - 10.30 pm

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

Contact : 92234 13586

Chinmaya Prakash Zone

(Andheri & Juhu)

“Being Consistent in Daily Life” a one-day talk by Sw. Swatmanada on 4th June @ Juhu-Vile Parle Gymkhana

The hall was overfull with people sitting on the floor and standing through out the 90 minute talk.

Some of the tips Swamiji gave on how to be consistent were-

1. Love the act and do it for its own sake.
2. Start small, grow big. Set realistic goals.
3. Plan your work and work your plan.
4. Finish what you start.
5. Use visualisation and auto suggestion.

Swamiji also explained various wrong notions about being consistent -

1. It's a waste of time.
2. It will make me rigid.

The right notion is that being consistent helps me to prepare myself for the goal I have chosen!

The various factors that deplete consistency were explained like

impulsiveness, negative thoughts, distractions and inability to handle failures.

Swamiji ended by the inspiring line JUST DO IT!

Everyone went home feeling very motivated.

Inspiration Exchange - an interactive session on 2nd June by Brni. Nidhi Chaitanya

The interactive discussion was for young adults in the age group of 25-45 years and the topic was ‘What’s our real problem in life?’, based on the Bhagwad Geeta.

The discussion was very thought provoking and inspiring for all those present and all left Chinmaya Priyam immersed deep in thought and eagerly awaiting for the next Tuesday session!

The greatness in an ideology is not, in fact, in the ideology; but it is, in the subject which lives that ideology.

- Swami Chinmayananda

Blessed Self

Hari Om

For Programs / Classes / Courses in Andheri, Versova,
Juhu, Lokhandwala, please contact us at:

Chinmaya Priyam

Monday to Friday - 12.00 pm to 6.00 pm

Venue: 5, Jain Vihar, Plot No.40, Swastik Society,
NS Road No.3, Juhu Scheme

Email : chinmayaprakash.juhu@gmail.com

Contact: 2611 2358

Contact Person: Mamta Shah

OR

Chinmaya Prakash

Monday to Friday - 4.00 pm to 6.00 pm

Venue : 401, Jupiter-A Wing, 4th Cross Lane,
Lokhandwala Complex, Andheri West

Email : chinmayaprakash.andheri@gmail.com

Contact: 2631 9452

Contact Persons : Meena Shah • Lata Jaiswal • Lalitha Sunoj
Asha Dalal • Jalaja Venugopal

Zone Mobile Numbers: 8424001011 • 9819904606

Contact Persons: Mamta Shah • Swati Chitalia



The man who is not proud of his motherland
and who is not true to his customary duties
must be regarded as a base, ungrateful fellow.

- Swami Chinmayananda

Chinmaya Bhakti Zone

(Goregaon to Bhayandar)



Sessions by
Swami Nirbhayananda

ASK Your Acharya

Any Questions, Any Doubts or Clarifications
All will be Answered, Cleared & Clarified

10th & 24th July 2015
6.00 pm to 8.00 pm

Venue : 001/I-Wing, Ekta Bhoomi Garden, Next to Honda Centre,
Rajendra Nagar, Borivli (E), Mumbai - 400 066

Kaivalya Upanishd

For Spiritual Seekers

Every Thursday
9th, 23rd July & 6th, 20th Aug. 2015,
6.30 pm to 7.30 pm

Venue : 001/I-Wing, Ekta Bhoomi Garden, Next to Honda Centre,
Rajendra Nagar, Borivli (E), Mumbai - 400 066

New Balvihar Session

Every Sunday @ 4.30 pm

Venue : 2A/5, Kesley Co-op Hsg. Soc. Ltd, Ram Nagar,
Borivili (W), Mumbai - 400 092.

Contact : Smt. Radha Nair - 9969368339



Sessions by Swami Nirbhayananda

Shravan Somvar Puja with Rudrabhisheka

17th & 24th Aug. 2015 & 7th Sept. 2015

6.30 pm to 8.00 pm

Venue: Chinmaya Bhakti, I-1, Ekta Bhoomi Gardens,
Rajendra Ngr., Borivali(E).

For Details & to be Yajmans Contact : 65235162 / 9322776029

Shree Ganesha Pooja

with Ganapathi Atharvashirsha Chanting

20th Sept 2015 (Sunday) from 4.00 pm to 5.00 pm

Venue: Chinmaya Bhakti, I-1, Ekta Bhoomi Gardens,
Rajendra Ngr., Borivali(E).

All are Invited

Talks on

श्रीमद् भगवद्गीता

12th & 19th July 2015

9th & 16th August 2015

6.00 pm - 7.30 pm

by Swami Nirbhayanandaji

Venue: Chinmaya Bhakti,
I-1, Ekta Bhoomi Gardens,
Rajendra Ngr., Borivali(E).

All are Invited



Jagadeeshwara Zone

(Powai)



Sessions by
by Swami Bodhatmananda
(Resident Acharya, 16th Vedanta Course)

Real “I” sation”

(Knowing the real “I”)

(based on Adi Sankara’s “Drg Drishya Viveka”)

Series of talks for 7 Sundays beginning Sunday 12th July 2015

10.30 to 11.30 am

Venue: Saraswati Nilayam, Sandeepany Sadhanalaya,
Saki Vihar Road, Powai, Mumbai 400 072.

Contact Details:

Yogesh Basole - 9769412643

Srama Pani - 9819368450

Ghanshyam Bhatia - 9820944337

Prema Shinde - 98251238

Geetha Raghavan - 9820994972

Powai Ashram-28570368

Chinmaya Mission Churchgate - 22814646 / 22884646

Guru Purnima Celebrations

on Friday 31st July 2015 • 10.30 am to 12.30 pm

Programme : Bhajans , Talk by Acharyas / Senior Students, Guru Paduka Pooja, visit to Gurudev’s Kutia followed by Lunch Prasad

Sponsorships

Paduka Pooja Yajman: Rs. 7500 • Bhiksha : Rs. 15000

Venue : Jagadeeshwara Temple, Sandeepany Sadhanalaya, Powai

All donations in favour of “Tara Cultural Trust”

All are invited to participate.

Shiv Sahasranama Archana

Sunday, 19th July, 2015

Programme:

- 6:30 to 6:45 am - Registration.
- 6:45 to 7.00 am - Brief Introduction by Sw. Bodhatmananda,
- 7.00 to 8.30 am - Shiv Sahasranama Archana.
- 8.30 to 9.00 am - Breakfast.
- 9.00 am - Visit to Gurudev's Kutia.

Donation: - Rs 300 per person.

Sponsorships - Yajman : Rs. 7000
Breakfast Prasad : Rs. 5000
Altar Decoration (Flowers etc) : Rs. 3500
Prasadam : Rs. 2500

Venue: Jagadeeshwara Temple, Sandeepany Sadhanalaya, Powai.

Last Date for Registration: July 17, 2015.

For registration and further details contact:

Ghanshyam Bhatia: 9820944337 • Prerna Shinde: 9892591238
Sudeep Murumkar: 9820903982 • Yogesh Basole: 9769412643
Sarama Pani: 981968450 • Geetha Raghvan: 9820994972
Powai Ashram: 28570368/28575805 Mission Off: 22814646

Mahasamadhi Day of Puja Gurudev

on Monday 3rd August 2015 from 10.30 am to 12.30 pm

Programme includes Bhajans, Padukas Pooja and talk by Acharyaji followed by Puja Gurudev's Kutia Darshan and Lunch Prasad

Sponsorships

Paduka Pooja Yajman : Rs.7500 • Bhiksha : Rs.15000

at Jagadeeshwara Temple, Sandeepany Sadhanalaya, Powai

All donations in favour of "Tara Cultural Trust"

All are invited to participate.

Chembur - Ghatkopar Zone

Ghar Ghar Mein Geeta by Shri. Prasad Deole @ the residence of Shri. G. K. and Smt. Radha Vishwanathan.

The topic of the first GGMG session in Chembur-Ghatkopar zone was “Self is Unborn”. The session was well received by the 18 sadhaks, some of whom have expressed their wish to host GGMG at their residence. The Satsangh ended with Gita Aarti, followed by Lunch Prasad and distribution of Prasad Pustika.

Ghar Ghar Mein Geeta by Shri. Sriram V. on 30th May @ the residence of Smt. Sandhya Sriram

The topic selected was “Essence of Karma Yoga”. The session was well received by all the 12 sadhaks (8 of who were new to Chinmaya Mission), some of whom have expressed their wish to host

GGMG at their residence. The Satsangh ended with Gita Aarti, followed by Lunch Prasad and distribution of Prasad Pustika.

Ghar Ghar Mein Geeta by Shri. Prasad Deole on 31st May @ the residence of Shri. Prakash Khungar



The topic selected was “Self is Unborn”. The session was well received by all the 14 sadhaks (12 of who were new to Chinmaya Mission). The satsangh ended with Gita Aarti, followed by Prasad and distribution of Prasad Pustika.

Ghar Ghar Mein Geeta by Shri. Sriram V. on 6th June @ the residence of Shri. K. G. Narayanan

The topic selected was “Essence of Karma Yoga”. The session was





well received by all the 10 sadhaks (2 of who were new to Chinmaya Mission). The satsangh ended with Gita Aarti, followed by Prasad and distribution of Prasad Pustika.

Bhagawad Geeta Sampoorna Parayanam on 6th June @ the residence of Shri. S. Natrajan



There were over 24 people who participated in the Parayanam. The Parayanam was led by Smt. Pankajam and her group. The entire atmosphere was fully charged and everyone enjoyed

the three hour session. The Parayanam was followed by Geeta Aarti and Gurudev's Aarti. Everyone was given Lunch prasaad after the Parayanam. Overall, a morning spent very fruitfully with utmost satisfaction to one and all.

Ghar Ghar Mein Geeta by Shri. Prasad Deole on 8th June @ the residence of Smt. Vidya Iyer

The topic selected was "Essence of Karma Yoga". The session was well received by all the 20 sadhaks, all of them were new to Chinmaya Mission. The satsangh ended with Gita Aarti, followed by Prasad and distribution of Prasad Pustika.

Ghar Ghar Mein Geeta by Smt. Meena Iyer on 11th June @ the residence of Smt. Meena Iyer

The topic selected was "Three Paths of Geeta" followed by "Why Surrender to the Guru". The session was well received by all the 15 sadhaks of Meena Iyer's study class. The satsangh ended with Gita Aarti, followed by Prasad and distribution of Prasad Pustika.



Yagna by by Br. Ved Chaitanya

Shree Hanuan Temple Trust
(Subhash Nagar, Chembur (East))

&

Chinmaya Mission
(Chembur-Ghatkopar Zone)

jointly organise a discourse in Hindi on

Hanuman Chalisa

18th August to 22nd August 2015 • 7.30 pm to 9.00 pm.

Venue: Shree Hanuman Temple Complex, Opp.
Municipal School, Subhash Nagar, Chembur (East)

All Are Cordially Invited



Vivekachoodamani (New Devi Group)

In Raheja Acropolis, Deonar

(Every Monday, 11.30 am)

Sevakika - Meena Iyer

Venue : 1302, Atlantis, Raheja Acropolis, Chembur, Mumbai - 71

Contact - 9820028787



Bhagavad Gita, Chapter 4 (Study Class)

Every Friday at 4.00 pm

Sevakika - Meena Iyer

Venue : 1005, Apollo, Raheja Acropolis, Chembur, Mumbai -71.

Contact - 9820028787

Bhagavad Gita, Chapter 5 (Study Class)

(Every Sunday, 7.00 am)

By Prasad Deole

Venue : Saraswati Vidyalaya, 11th Road,
Near Chembur Post Office, Chembur, Mumbai 400071.

Contact : 99670 50172

Kindle Life

Sevak - C S Dinesh

Saturday, 6.00 pm

Venue: Chembur Center, A-103, Siddharth Residency,
P Y Thorat Marg, Chembur, Mumbai 400071.

Contact: 9820464489

Bhagavad Gita - Chapter 4

Sevak - Meena Iyer

Friday, 4.00 pm

Venue: 1005, Apollo, Raheja Acropolis, Chembur, Mumbai - 400071

Contact: 9820028787

Bhagavad Gita - Chapter

Sevak - Murali Krishna

Thursday, 7.15 pm

Venue: Mahila Mandal Hall, Tata colony, Aziz baug, Mumbai - 74.

Contact: 9223327501

Bhagavad Gita - Chapter 5

Sevak -Prasad Deole

Sunday, 7.00 am

Venue: Saraswati Vidyalaya School, 15th Road, Chembur (W),
Mumbai - 400 089 • Contact: 9821187608

Drg Drsyā Viveka

Sevak - Prasad Deole

Sunday - 9.00 am

Venue: Saraswati Vidyalaya School, 15th Road, Chembur (W),
Mumbai - 400 089 • *Contact: 9821187608*

Atma Bodh

Sevak - Prasad Deole

Monday, 7.00 pm

Venue: Vatsala Ramchandran, 5/86, Vanamali, Garodia Nagar,
Ghatkopar • *Contact: 9821187608*

Taittiriya Upanishad

Sevak - Sailata

Monday - 6.00 pm

Venue: P. B. Someshwar, Munjal Nagar, Bldg - C,
Ground floor, Chembur, Mumbai - 400089.

Contact: 9920373084

Atma Bodh

Sevak - Uncle Mani

Tuesday, 7 pm

Venue: Uncle Mani, Savitha Building, First floor, Pestom Sagar,
Road No 2, Chembur, Mumbai - 400089.

Contact: 9967050172

A New Balvihar Class for Age Group 8 to 12 years

on Tuesdays between 4. 45 pm to 6.15 pm

Venue : 32 / 503, HP Nagar (East),
Vashi Naka Chembur, Mumbai - 400 074.

Contact: 9820028787

New Devi Group

Sevika: Smt. Meena Iyer

Every Thursday 4.00 pm to 5.30 pm

1005, Apollo, Raheja Acropolis, Deonar, Mumbai - 400088.

Contact: 9820028787

Text : Balvihar

Sevika: Vilasini Nair

Started on: 14th December - 2014 • Sunday 6.00 pm - 7.30 pm

Venue: Kurla (E) • Contact : 9969424587

Atmabodh (New Study Class)

Every Monday, 7.00 pm to 8.30 pm from 5th January 2015

by Prasad Deole

Venue : C/o. Mrs Vatsala Ramchandran,

5/86, Vanamali, Near Lions Club Garden /

P G Garodia School along Union Bank Mansi Medicals Lane,

Garodia Nagar, Ghatkopar • Res No 25065650)

For Further Details, Please Contact:

Mrs Vatsala Ramchandran - 7738436705 / Sriram - 9967050172

Interested Seekers may please send an SMS to 9967050172.

Kindle Life

Every Saturday, 6.00 pm in English

by C. S. Dinesh

Venue : Flat No 103, "A" Wing, Siddharth Residency,

P. Y. Thorat Marg, Adjacent to Chembur Railway Station (West),

Chembur (West), Mumbai - 89.

For Further Details, Please Contact:

C.S. Dinesh - 9820464489 • P. B. Someshwar - 9987708182

Sriram V. - 9967050172 • V. Narasimham - 9821016814

Email to chinmay.cgzone@gmail.com

Chinmaya Prerana Zone

(Navi Mumbai)

Bhajan Sandhya held on 7th June at Chinmaya Prerana

Chinmaya Mission Navi Mumbai in association with Panvel Cultural Association organized a melodious bhajan program as a part of Gurudev's Birth Centenary Celebration.

This unique program which was conceptualized and organized by Shri. Suresh Rao, a teaching faculty in Chinmaya Fine Arts classes took the audience down memory lane.

All the Bhajans and songs rendered were chosen from the songs sung at Chyk Soul Song Nites during the 1970's in auspicious presence of Pujya Gurudev Himself. The performers were young enthusiastic students from all over Navi Mumbai. The whole program had the blessings

of Smt. Sushila Acharya. The bhajan sandhya was well attended by about 100 people and were spell-bound by the performance all the members of the group.

Spiritual Sadhana Camp at CIE, Adi Shankara Nilayam, Kerala by Br. Ved Chaitanya from 17th to 22nd May

"If there is a paradise on earth, it is here! it is here! it is here!" Such thoughts entered our minds as we stepped into the holy birthplace of Bhagawan Adi Shankaracharyaji for a 6-day Spiritual Sadhana Camp.

About 50 campers got an opportunity to hear and reflect upon the teachings of the great Master in an ashram pulsating with His presence. Lush greenery, ancient heritage structures, temples, ponds, tree lined paths ideal for walks & talks and warm Kerala hospitality; we were transported to the Gurukul systems of yore.

Mornings began with Meditation on the verses of Nirvana Shatakam. Br. Ved Chaitanyaji,





explained that all 3 obstructions clouding our vision of the Pure Self (Mala, Vikshepa and Avarana) could be removed by meditation on Nirvana Shatakam. With each session, we were made to understand how we were neither the subtle nor the gross nor the causal body, along with all their expressions. We were given a glimpse of how the Realised Masters ended all dualities and revelled in the Supreme Self - *Chidanandarupah Shivoham Shivoham*.

If Nirvana Shatakam nudged us to open our eyes, Bhaja Govindam made us wide awake. Vedji in his captivating style explained the deeper import of Shankaracharyaji's words.

What we learnt:

- The futility of our quest for Kamini, Kanchana and Kirti.
- The uncertainty and instability of life ought to lead us to intelligent enquiry.
- Climbing the ladder of progress through the steps of Satsanga, Nissangatva, Nirmohatva and Nischalatattva, we can aspire for Jivanmukti.
- The 4 recommendations of Geyam (gaana), Dhyeyam (dhyana), Neyam (satsang) and Deyam (daana) would help us to overcome our Shadripus (6 enemies).



- Being now able to see all as one, we could realise the world to be unreal and develop true Vairagya.
- From here it is “Nandati, Nandati, Nandati Eva”
- Finally, Bhaja Govindam (Worship, Serve and Seek the Lord) is the path we all have to take and serving our Guru would indeed lead us to our destination.

We were also lucky to have sessionsonShishyaanushaasanam by Sw. Sharadanandaji. Being students on this path, his words on what is actually meant by speaking the truth and following Dharma enlightened us. We were instructed to never miss Swadhyaya, Deva & Pitru Kaarya. Guru Dakshina and Daana both had specific injunctions on the way they had to be offered. In the absence of the Guru, the role models we should follow were also described. It was a complete set of instructions on the Art of Living!

Our cup of joy overflowed when evening satsangs were taken by various Acharyas - Sw. Atmeshanandaji, Swni. Atmikanandaji and Sw. Advayanandaji.

During the camp, we also went

around the ancestral maternal house of Shankaracharyaji, attended daily Aarati in the room where He was born, lit 1008 lamps around the Ayappa temple (chottu vellakku) and did Paduka Pooja in Puja Gurudev’s Shrine.

For some, there was the added joy of visiting Padmanabha Temple, Attukal Bhagawathy Temple, Suchindram, Kanyakumari Temple, Swami Vivekananda Rock Memorial, Kalady and the famous backwaters of Kerala. This yatra was all the more special because the pilgrims had our Acharya, Br. Vedji for company. He explained the stories and the glories of each site and made the places come alive. This camp was yet another example of Gurudev’s infinite blessings on all of us!!

Session on Dynamic Parenting - The Geeta way, by Br. Ved. Chaitanyaji on 25th April @ Yash Paradise Housing Society Cummunity Hall

About 70 people attended the talk which was a very interactive, lively and an inspiring experience. Common situations like - my child doesn’t listen / doesn’t talk and show respect / is too casual / too demanding / always on TV or



Tablet, etc, were elucidated by the parents present. Vedji addressed all these doubts in his endearing yet crisp manner. He put it simply: The moment we say “They’re not mine, they’re God’s children”, our worries will decrease. Some other pointers he provided were:

- Be the change you want to see in your children. They learn more by seeing than hearing!
- Responsible parents strike a balance between love and strictness.
- Learn to say No.
- Allow teachers to do their job without overprotecting your child.

- Teach what you want to teach in the way they want to learn.
- Don’t fulfil your dreams through them
- Let them strive for their own things. Don’t do their Homework/Projects. Let them realise the consequences of their actions/inaction.
- Accept their abilities (even if limited) as their Prarabdha. Have faith in your Samskaar.

The session was warmly appreciated by all the parents who showed enthusiasm in participating in more Chinmaya Mission activities in the future.



The quality of a mind would determine how the Ego would react to a given challenge.

- Swami Chinmayananda

Celebrating The Birth Centenary Year of
Parama Puja Gurudev Swami Chinmayanandaji

ALL MAHARASHTRA & GOA CAMP

(in Hindi, English & Marathi)

MANISHA PANCHAKAM

(in Hindi)

by Pujya Guruji Swami Tejomayanandaji

23rd to 28th February 2016 (Tuesday to Sunday)

Sw. Advaitananda

Ramayana

(in Marathi)

Total 51 Acharyas of
Maharashtra and Goa



Sw. Swatmananda

Guru Paduka Stotram

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& send to: Chinmaya Maauli Ashram, Chinmaya Nagar,

Survey Number 16, Wadgaon Shinde Road, Lohagaon, Pune - 411047

For On-Line Registration - www.chinmayamission.com/pune

cmpune@gmail.com +91-9975596394, +91-9881192859

Central Chinmaya Vanprasth Sansthan
Announces

Basic Camp on Art of Graceful Ageing

27th October to 4th November, 2015

Faculty:

- H. H. Swami Chaitanyanandaji from USA
- H. H. Swami Yogasthananda
 - Br. Nirvan Chaitanya
 - Dr. Sajjan Singh
 - Shri S.L. Agrawal
 - Smt. Maju Agrawal

Language: Hindi / English

Accommodation: Four bedded ultra modern self contained rooms. 4 Nos. double bedded rooms also available and will be allotted to couples on first come first served basis.

Eligibility: Persons above 50 years of age irrespective of caste capable of understanding talks in Hindi.

Course content: Daily meditation, Sadhana Panchkam, Ramcharit Manas, Yoga technique for keeping healthy, Accupressure theory & practice, subjects covering Emotional, Social, Financial and spiritual health of elderlies.

Camp Expenses: 8500/- per person (Non Refundable) covers Board, Lodging, camp materials and travelling to and fro Ayodhyaji, Chitrakoot, Vindhyavasini Shaktipeeth, Varanasi, Triveni Sangam, Akshayavatam (subject to permission from Army) and important Temples in Allahabad.

Write to The Secretary General Central Chinmaya Vanprasth Sansthan,
Rasulabad Ghat Road, Allahabad -211004

Mob.: 09415338124, 09026352728 ● Email : yogasthananda@
gmail.com and deposit amount in a/c no. 538802010000346 IFSC

Code:UBIN0553883 of CCMT-CCVS
with any branch of Union Bank of India.

Venue: Chinmaya Navin Sevashram, Allahabad-211004

CHINMAYA VIBHOOTI

(A Branch of Central Chinmaya Mission Trust)

Announcement of Vacancy

We are looking for a dynamic person having good knowledge and hands-on experience of the programming platform

PHP/ MySQL on Linux

Educational Qualification

B. Sc. (Computer Science) or equivalent

Job Experience

The candidate must have a minimum of 1 year experience as Software Developer in any reputed organization.

Position is based at Chinmaya Vibhooti, Kolwan (Pune). For outstation candidates, residential accommodation may be considered on merits.

Note: Other things being equal, preference will be given to CHYKs and those who have attended YEP.

at Post Kolwan, Taluka Mulshi, Dist Pune - 412108

To apply, please email your CV along with scanned copies of the mark-sheets to cjd@chinmayamission.com.

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An offering unto Bhagawad Geeta

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Reaching Gurudev to Maximum People,
Taking Geeta to Every Home,
Touching Every Life, Transforming Every Family



8th May 2014 - 8th May 2016

This is an exclusive tribute to Pujya Gurudev by
members of the Chinmaya Prakash Zone. Hence
this project is open only to members, attendees,
volunteers of Chinmaya Prakash Zone.

To participate contact : 9320286048

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Shri. Ajay Piramal
Chairman, Piramal Group



Shri. R. Gopalakrishnan
Director, Tata Sons



Swami Swatmananda
Acharya, Chinmaya Mission

**Spiritual Sadhana Camp @ CIF,
Adi Shankara Nilayam, Kerala**



**Tapovan Sadhana
Camp - 2 @
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Gomukh**



**Viveka Choodamani
Camp @ Tapovan Ashram,
Siddhabari by Sw. Swatmananda
and Brni. Nidhi Chaitanya**



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