

CORPORATE WORKSHOPS TO EXCEL@WORK

BROUGHT TO YOU BY CHINMAYA MISSION

EXCELLENCE@WORK

- Customized training for individual empowerment and organizational excellence
- Blend of management practices and spiritual insights
- Contemporary methods of learning (adapted from ancient teachings)



OUR PARTICIPANTS

- Corporate Organizations
- Entrepreneurs & Professionals
- Business Leaders
- Academicians and Researchers
- Students & Youth



OUR FACULTY

- Spiritual Experts
- Trained Facilitators
- Management Gurus
- Psychologists

Swami Swaroopananda, Global Head, Chinmaya Mission

Swami Swatmananda, Chinmaya Mission, Mumbai

Mr Vidhu Sharma, Consultant, Trainer and Coach

Dr Abha Shroff, MD, Medical Director, Shroff Eye Hospital

Mr Vivek Krishnani, MD, Sony Pictures India Ltd.

And many more.....



Chinmaya Mission Activities Mumbai

Free Discussion Groups

Children's Cultural Awareness Sessions

Youth Programs

Free Medical Camps in Villages

Spiritual Retreat Programs

Corporate Trainings

School / College Workshops

Special Programs for Ladies

Book-Exhibitions

Free Spiritual Discourse-Series

Systematic Courses & Learning Modules

Cultural Events & Shows

...and more!



OUR GUEST SPEAKERS

- Mr Ajay Piramal
- Mr Kumarmangalam Birla
- Mr R Gopalakrishnan
- Mr Harsh Mariwala
- Mr Prashant Jain
- Amish
- Dr Swati Piramal
- Mr Ashwin Sanghi



"Success is a tribute that life pays to Excellence."
- Swami Chinmayananda.

Chinmaya Mission,
Mumbai

Invites you to

Success and Beyond

An Interactive Corporate Workshop
with

MR. AJAY PIRAMAL
Chairman, Piramal Group

MR. R. GOPALAKRISHNAN
Director, Tata Sons

SWAMI SWATMANANDA
Acharya, Chinmaya Mission, Mumbai

Saturday, 6th June 2015

9.30am to 4.30pm

Alhambra, Palladium Hotel, Lower Parel

Minimum Suggested Donation:

Rs 5000 per person

Rs 6000 (after 30th May)

Please register early to avoid disappointment
9821141024 / 9819923516
abhashroff@hotmail.com



www.chinmayamission.com



Chinmaya Mission Mumbai

Welcomes you to



LEADING WITH PURPOSE

A Corporate Workshop

With



Mr. Harsh Mariwala
Chairman,
Marico Ltd



Swami Swatmananda
Acharya,
Chinmaya Mission Mumbai



Mr. Prashant Jain
Executive Director & CIO,
HDFC Mutual Fund

17th October 2015

Saturday

Alhambra, Palladium Hotel

Lower Parel

9 am to 5 pm

Minimum Suggested Donation
₹ 4,000 per person
₹ 5,000 (after 10th October)

Register at - 8108274222
aggarwal.shaman@gmail.com

www.chinmayamissionmumbai.com

TOPICS

- Success without Stress
- Calm Amidst Chaos
- Mindfulness@Work
- Work-Life Balance
- FAST Management
- Emotions@Work
- Ambition Balance Contentment
- Excellence@Work
- Leading with Purpose



Chinmaya Mission Mumbai
Welcomes you to

Excellence App

Geeta Application to Enhance Excellence
A Corporate Meet Inspired by the Bhagawad Geeta

Speakers
Swami Swatmananda
Acharya, Chinmaya Mission, South Mumbai
Director, AICHYK - Western India

Vivek Krishnani
Head of Distribution, Marketing & Syndication
Fox Star Studios India Pvt Ltd

On: **Saturday, 11th January 2014**
From: **2pm to 6pm**
At: **West End Hotel, Marine Lines**

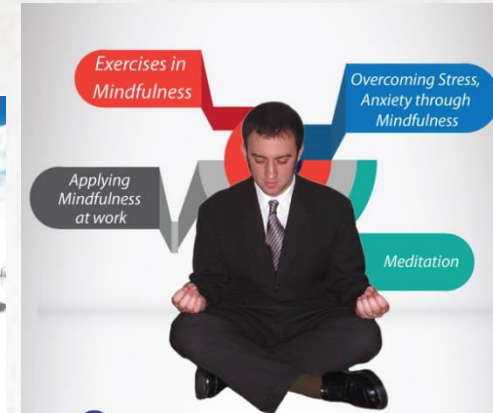
Minimum Suggested Donation: Rs 1250 per head

Please register early to avoid disappointment

Abha Shroff 9821141024
abhashroff@hotmail.com

Shilpa Mavani 9819923516
shilpamavani@gmail.com

Success is the tribute life pays to excellence
Swami Chinmayananda



Chinmaya Mission Mumbai
welcomes you to

Mindfulness@Work

Increase Efficiency through Spiritual & Psychological
Understanding of Mind & Mindfulness

Speakers
Swami Swatmananda
Acharya, Chinmaya Mission, Mumbai
Director - AICHYK, West-Zone


Dr Sunitha Shanker
Clinical Psychologist

On: **Saturday, 12th April 2014**
From: **10am to 4pm**
Venue: **Onyx, Intercontinental Hotel, Marine Drive**

Minimum Suggested Donation: Rs 2500 per head

Register at 9821141024
abhashroff@hotmail.com

Bring Your Mind Where Your Hands Are.
- Swami Chinmayananda



Chinmaya Mission Mumbai
Welcomes you to

Emotions @ Work

Leading with Positive Emotions

Speakers
Swami Swatmananda
Acharya, Chinmaya Mission, South Mumbai
Director, AICHYK - Western India

Dr Abha Shroff
Medical Director, Shroff Eye
Consultant, Joint Commission International, USA
Pathologist, Disha Pathology Services

Unlock the power of positive emotions at your workplace
Learn how to convert negative emotions into motivation
for personal improvement!

Enrol for the corporate workshop today!

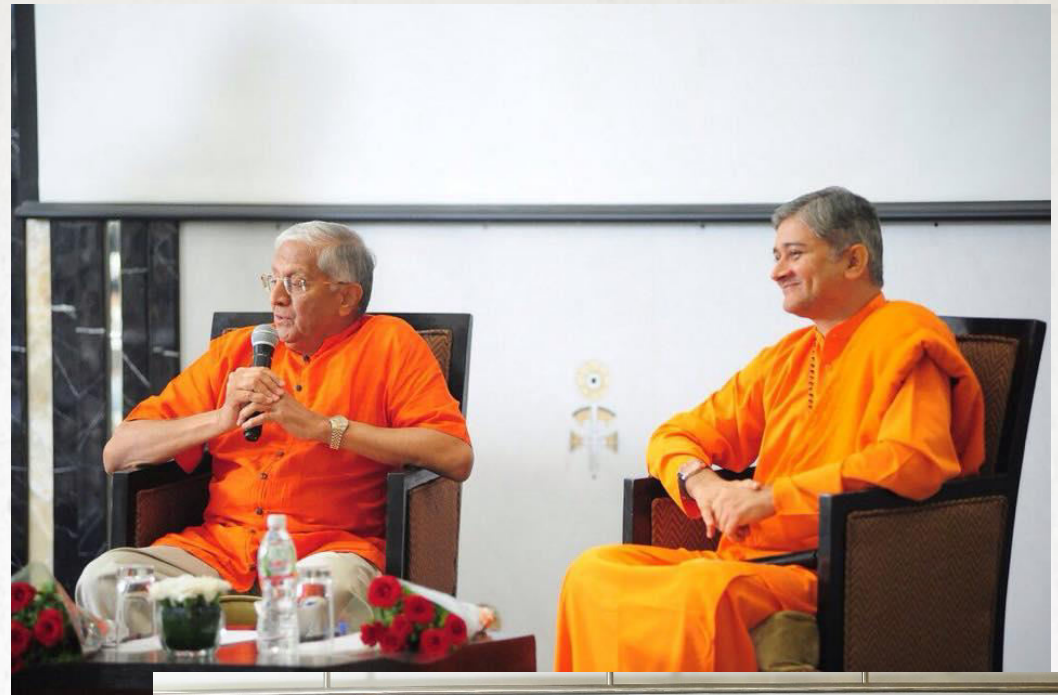
On: **Saturday, 13th December 2014**
From: **9:30am to 4.30pm**
At: **Mayfair Rooms, Worli**

Minimum Suggested Donation: Rs 2500 per head

Please register early to avoid disappointment

Shaman Aggarwal 9820636318
aggarwal.shaman@gmail.com

Let not the storms of your heart, cover the sun in your head
- Sw. Chinmayananda.





Workshops customized
for all levels of staff and
management



We can address
audiences from 20-
100 participants at
a time



*Indian Merchants' Chamber
Young Leaders' Forum
&
Chinmaya Mission
Welcome you to a workshop on*

Ambition – Balance – Contentment

(To Ensure Holistic Growth with Positive Ambition and Practical Contentment)

by

Swami Swatmananda

*Acharya & President, Chinmaya Mission, Mumbai &
Director (West Zone) - All India Chinmaya Yuva Kendra
and*

Mr. Amish Tripathi

(Author of Shiva Trilogy series)

on

Saturday 24th November, 2012 from 9.30 a.m. to 1.00 p.m.

at

Walchand Hirachand Hall, 4th Floor, Indian Merchants' Chamber, Churchgate

*Please send in your registrations to bharati@imcnet.org or
call on +91 22 22046633 Extn.120
IMC looks forward to your participation*

**IMC-YLF partnered with
Chinmaya Mission to have events in
2012**



The President
and members of the Managing Committee of
Bombay Chartered Accountants' Society
cordially invite you and your spouse to the lecture

to be delivered by
Swami Swatmananda
Chinmaya Mission, Mumbai

on
**"Pursuing Excellence in Profession
– a Holistic Approach"**

organised under the auspices of
Dilip Dalal Oration Fund
at 6.15 p.m. on Wednesday, 17th December 2014

at
Rama Watumall Auditorium,
K. C. College, Churchgate, Mumbai - 400020.

(Do join us for fellowship over a cup of tea at 5.45 p.m.)

Ps: In continuation of drive to save paper, this invitation card is being sent electronically only.



Chinmaya Mission

Invites you to



Interactions on **Managing Stress**

By **Swami Swatmananda**
(Acharya, Chinmaya Mission South Mumbai, Director – AICHYK – West Zone)

Dates: **11th to 13th Feb 2014** (Tuesday-Thursday)

11th Feb - Stress in Life
12th Feb - Stress in Relationships
13th Feb - Stress at Work

Time: - **7pm to 8.30pm**

Venue: **Sea Lord Building, Ground floor,**
Opp. Taj President, Cuffe Parade



Entry Free.

9323589801, 22884646, 22814646

CENTENARY YEAR CELEBRATIONS

I Transform. India Transforms.

- A Leadership Conclave
- Saturday 19th Dec 2015
- 9am to 1pm
- Shanmukhananda Hall



Chinmaya Mission Mumbai
Welcomes you to



Saturday 19th Dec 2015; 9am to 1pm
Sri Shanmukhananda Chandrasekarendra
Saraswathi Auditorium, Sion

Register online: goo.gl/YLNZ4j	Prior registration is required minimum suggested donation per person	
	Upto 12th Dec	After 12th Dec
Ground Floor (Front)	Rs 3000/-	Rs 3500/-
Ground Floor (Back)	Rs 1500/-	Rs 2000/-

Students Rs 500/- (1st floor balcony) and
Rs. 300/- (2nd floor balcony)
Balcony seats are only for students with a valid ID
Cheque to be drawn in favour of "CHINMAYA SEVA TRUST" and sent to:
Chinmaya Sagar, F-3 Panchsheel, C Road, Churchgate, Mumbai 400020

www.chinmayamissionmumbai.com



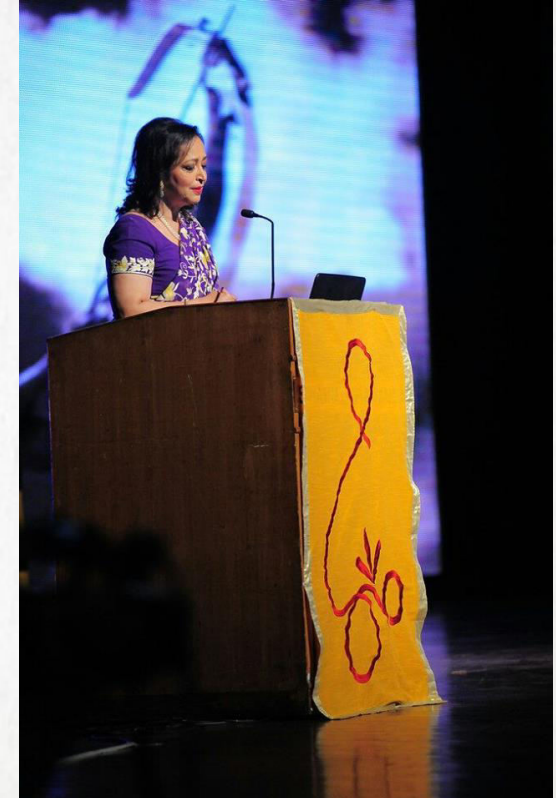
Every donor pass will empower a student through 7 FREE workshops on 7 levels of inner transformation;
details on transformingindians.org

To register, contact:

Shaman: +91 81082 74222, Abha: +91 98211 41024, Shilpa: +91 84248 23158

Our Motto: "Maximum Happiness to Maximum People for Maximum Time"

I TRANSFORM INDIA TRANSFORMS – 19 DEC 2015







Workshops

- Right Thinking – Primemetal Technologies
- Excellence @ Work – Texperts
- Calm Amidst Chaos – Reliance Industries Ltd

TALKS BY SWAMI SWAROOPANANDA, MUMBAI 2018



Chinmaya Mission Mumbai
Welcomes you to

Swami Chinmayananda

LIFE MANAGEMENT SERIES

Talks by **Swami Swaroopananda** (Global Head, Chinmaya Mission)

SCIENCE OF LIFE MANAGEMENT
5th March
7pm to 8:30pm
National College, Bandra

SHAPE YOUR DESTINY
7th March
6:45pm to 8:15pm
Bharatiya Vidya Bhawan, Chowpatty

MAN JEETE JAG JEET
(IN HINDI)
8th March
5:30pm to 7pm
Thackeray Auditorium, Borivali (W)

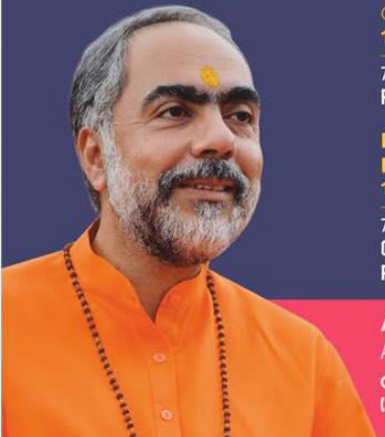
RELEVANCE OF SPIRITUALITY ON ARTS & CULTURE
9th March
6:45pm to 9pm
Fine Arts Society Sivaswami Auditorium, Chembur (E)


ASAFALTA KA SAAMNA
(IN HINDI)
10th March
7:30pm to 9pm
Ravindra Natya Mandir, Prabhadevi

MANAGING LOVE & RELATIONSHIPS
11th March
7pm to 8:30pm
Olympia Quadrangle, Hiranandani Gardens, Powai


**ALL PROGRAMS ARE FREE;
ALL ARE WELCOME**

ChinmayaMissionMumbai.com
☎ 703 949 7859





Chinmaya Mission, Mumbai
Invites You To



Swami Chinmayananda

Science of Life Management

A talk by **Swami Swaroopananda**
(Mukhya Swami, Chinmaya Mission Worldwide)



Date: **5th March 2018**
Time: **6.30pm-7.00pm**
Cultural Program
7.00pm - 8.30pm
Swamiji's Talk


Venue: **Meera Watumull Auditorium**
National College, Bandra (west)

Entry Free.
All are Welcome.


Contact
Bhavna: 7708912804
Mukeshji: 9820526738
<http://bit.ly/2BPoPtG>
Valet Parking Available

www.chinmayamissionmumbai.com





Chinmaya Mission (South Mumbai)
Welcomes you to



Swami Chinmayananda

A Talk In English

SHAPE YOUR DESTINY

Swami Swaroopananda
Global Head, Chinmaya Mission

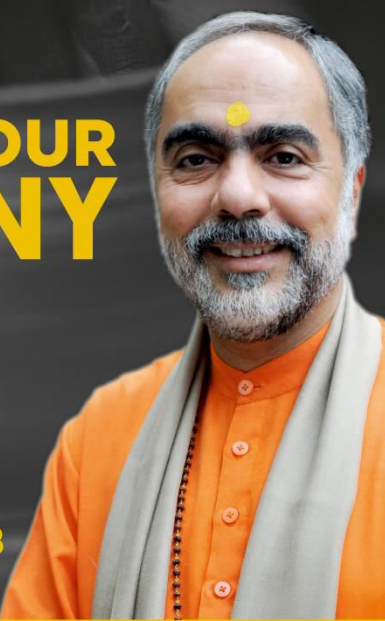
7th March, 2018
Wednesday

6:45pm to 8:15pm
Bharatiya Vidya Bhavan, Chowpatty, Girgaum
Please be in your seats by 6:30 pm

ENTRY IS FREE; ALL ARE WELCOME

☎ 70394 97859
@ ChinmayaMissionMumbai.com
✉ cmsagar@chinmayamissionmumbai.com

📍 Office: F-3 Panchsheel, P M Shukla Marg, C Road, Marine Drive, Mumbai 400020



WORKSHOPS / TALKS

- Swami Swatmananda
 - Change Management - <https://youtu.be/yXHXlDsCbyc>
 - Stress Management@Work - https://youtu.be/CEq_v4BumCk
- Swami Swaroopananda
 - London Business School - MBA: "Mind Body Atma" -- An Exploration - <https://youtu.be/2UQn0NSNdvU>
 - The Science of Life Management - <https://youtu.be/hREPxfgKlbE>
- Mr Ajay Piramal
 - Success and Beyond - <https://youtu.be/zxXOy2UbuTw>
- Mr Kumarmangalam Birla
 - On Leadership Excellence - <https://youtu.be/TzVT4lAC2is>

REACH OUT TO US

- Call Milind: +91 9820511715 / Shilpa: +91 9819923516 / Abha: +91 98211 41024
 - Email: Corporate@chinmayamissionmumbai.com
 - Visit: www.chinmayamissionmumbai.com
 - Facebook: <https://www.facebook.com/mumbaicm/>
-