

May 2015

Price Rs. 20/-



# Chinmaya Sandesh

Hari Om,  
I am Unborn!



Monthly Newsletter of Chinmaya Mission, Mumbai  
Chinmaya Sandesh - Lotus XXXXIII, Petal 4, 3<sup>rd</sup> & 4<sup>th</sup> May, 2015



## Must Watch

Daily TV Telecast of

**Talks on the Holy Geeta**

by Pujya Gurudev Swami Chinmayananda

Starting 8<sup>th</sup> May 2015

Monday - Friday 7.30 am to 8.00 am

on

**भक्तिसागर**

**Bhakti Sagar TV Channel**

*(available on Cable TV Only and Not on DTH)*

&

now also on



**Sri Sankara TV**

Regular TV Telecast of

**Talks on the Holy Geeta**

by Pujya Gurudev Swami Chinmayananda

Starting 8<sup>th</sup> May 2015

Monday to Thursday 8.30 to 9.00 p.m

Sri Sankara TV is available on DTH services  
(Tata Sky-832, Airtel-688, Videocon-698, Big TV-829,  
Dish TV-907, Sun Direct-704, DD Plus-196)  
on subscription basis and  
for the Cable please contact your local Cable Operator.

Do also inform your Friends & Relatives all over the world.

# Chinmaya Sandesh

May 2015 Spiritual Monthly Bulletin of Mumbai.

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### Chinmaya Sandesh Team

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## About us :

Annual Membership Rs. 500/-.

Cheque to be issued in favour of "Chinmaya Seva Trust".

Outstation cheques please add Rs. 50/-.

For Advertisements please refer last page.

Contact us at - mumbaicm@gmail.com

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### 10. Chembur Ghatkopar Zone

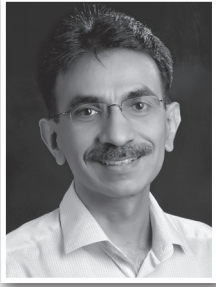
Flat No 103, 1<sup>st</sup> Floor, 'A' Wing, Siddharth Residency, P Y Thorat Marg Adjacent to Chembur Railway Station, Chembur (W), Mumbai - 400089

Website : [www.chinmayamission.com](http://www.chinmayamission.com)  
[www.chinmayayuvakendra.org](http://www.chinmayayuvakendra.org)  
[www.chinmayakid.org](http://www.chinmayakid.org)

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# From the President's Desk

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Om Shree Chinmaya Sadgurave  
Namah!!

The day has come, the hearts are geared, the minds are inspired and the celebrations begin!! Yes, it is our Pujya Gurudev's 99<sup>th</sup> birthday on 8<sup>th</sup> May 2015... The beginning of His Centenary Year. A milestone in all of our lives. We are blessed to witness such a grand event being celebrated.

But, should we celebrate the birth centenary of Swami Chinmayananda who himself taught us of the Birthless-Deathless existence of Pure Consciousness? Why are so many millions of people pouring in their best for celebrating the 100<sup>th</sup> year of Pujya Gurudev?

It is because we are not just celebrating a birth centenary.

We are celebrating a Life of Transformation - From an Atheist to an Advaitin, From a Political Revolutionary to a Spiritual Missionary, From a Rational Journalist to a Hindu Nationalist, From Passion to Compassion, From Individual to Universal, From B. K. Menon to Swami Chinmayananda. Should we not celebrate the Vision of one of the Greatest Saints of the Century, who relentlessly worked for the revival of Hindu Culture and to spread the wisdom of Vedanta? Gurudev was not a personality. He was a phenomenon. We are celebrating the Chinmaya Spirit, because, He made our entire lives a Celebration of Happiness, Knowledge and Love.

Pujya Gurudev touched and transformed our lives. He gifted us so many gems in the form of our Acharyas who are the lamps of knowledge lit by Pujya Gurudev, and who in turn are lighting lamps of knowledge in all of us. Pujya Gurudev always gave his best to us. Now it is our turn. It is time to celebrate by expressing our gratitude to this great

Master. It is time to offer UNTO HIM OUR BEST. Yes, it is time to celebrate His inspiration and our Transformation. It is time to make His vision our MISSION.

To give a befitting tribute to Pujya Gurudev, Chinmaya Mission Mumbai has planned grand Centenary Year Celebrations throughout the year with many Projects, Programs and Events.

As you must be knowing by now, Chinmaya Mission Mumbai is launching the Birth Centenary Celebrations by organizing a special program on 8<sup>th</sup> May 2015 at Sandeepany Sadhanalaya, Powai. It is a half day program in the morning comprising of Chanting, Satsang, Samashti Paduka Pooja followed by Mahaprasad.

Similarly, a three day grand program is being organized at Ernakulam near birth place of Pujya Gurudev from 6<sup>th</sup> to 8<sup>th</sup> May. Devotees and Acharyas from all over the world are gathering there to offer tribute to Pujya Gurudev. There will be talks by Pujya Guruji and many of our senior Acharyas. Well known personalities shall grace the occasion. On 8<sup>th</sup> May evening at 7.30 Pujya Guruji will light Chinmaya Jyoti. This Jyoti

will go around the country as Chinmaya Jyoti Yatra which will finally conclude at Chinmaya Vibhooti on 31<sup>st</sup> December and will be kept there as Akhanda Jyot.

Every Chinmaya Mission Member is requested to light the Om Lamp in their respective houses exactly at 7.30 in the evening of 8<sup>th</sup> May. Let us light the lamp outside and wake up to the Light within - that is Chinmaya.

For the Centenary Year, programs like Ghar Ghar Me Geeta, Geeta Chanting Competition, Transforming Indians to Transform India (TITI) workshops, Chinmaya Memorial Lectures & Corporate Workshops and Camps are being organized by Chinmaya Mission Mumbai for Children, Youth and Elders. Kindly look for announcement of the above programs in "Chinmaya Sandesh" and ensure personal participation and participation of others.

Kindly support expansion of grass root activities and classes of Study Groups, Devi Groups, Balavihar, CHYK, Chinmaya Setu Kari (CSK), etc. Members are requested to get trained so that they can also take such classes as Sevika/Sevak and

accelerate the spread of vision of Pujya Gurudev. Gurudev always said that every Chinmaya Mission member should be “a walking talking ambassador of the culture”. Let us all be the squirrels in His grand army!

The highlight of the Centenary Year Celebrations in Mumbai shall be “Chinmaya Anand Utsav” which is being organized from 13<sup>th</sup> to 20<sup>th</sup> December 2015 at Shanmukhananda Hall. It will comprise of “Spirit Of India”- a concert by Shankar Mahadevan on 13<sup>th</sup> December evening. Geeta Gyan Yagna by Pujya Guruji Swami Tejomayananda on Chapter 15 from 14<sup>th</sup> to 18<sup>th</sup> December evenings. “Empower & Excel”- a corporate leadership conclave on 19<sup>th</sup> December morning. Bhajan Sandhya by Pujya Guruji on 19<sup>th</sup> December evening. “Geeta Utsav”- on 20<sup>th</sup> December morning and finally a play “Just Like That” by CHYKs on 20<sup>th</sup> December evening.

Mumbai will also be a host to the last lap of the “Chinmaya Jyoti Yatra” from 21<sup>st</sup> to 30<sup>th</sup> December before the Chinmaya Sandesh Vahini heads to Chinmaya Vibhooti on 31<sup>st</sup> December.

As you are aware, Chinmaya Mission Mumbai has taken

up “Chinmaya Pradeep” as a Centenary Year Project. It is a permanent Multimedia Outdoor Exhibition at Sandeepany Sadhanalaya, Powai depicting Pujya Gurudev’s Vision & His Work. Another project is the Telecast of Pujya Gurudev’s talks and lectures on various TV channels. To ensure widespread publicity of various events and programs we also intent to have full-fledged Media and PR plan.

Such projects, programs and events shall require your contribution and support. Members are requested to contribute for the noble cause and also help to raise through their other contacts.

If any of our Chinmaya Mission members would like to offer their Seva by becoming volunteer or by taking up any specific task, please write to [cbcc.mumbai@gmail.com](mailto:cbcc.mumbai@gmail.com)

Let us all celebrate the Centenary Year and offer “Unto Him Our Best”.

**Mukul Patel**

*President -*

*Chinmaya Mission Mumbai*

# Chinmaya Chintan

## The True Worker

Swami Chinmayananda



### Gurudev's advice to sevaks and sevikas of Chinmaya Mission, Madras.

DOING "seva" to the country or the community in the cultural field is a subtle art and everyone is not fit for it. By paying wages you can get any number of coolies and workers, but the number of available men for supervisory cadre would be very much less. Architects would be much lesser in number while creative thinkers are always very few in the world. Very much lesser in number than the creative thinkers are the cultural workers, and that is so because the cultural worker must have true sympathy for all living beings.

You can be a religious man, a spiritual man, but to impart religion and spirituality to others and watch their progress in cultural edification is too subtle a job, and to work therein, the individuals must have special qualifications.

Cultural work is creative work, and the true Sevak should not expect recognition of his work from either the people or his own organization. He should never expect any patronage from the public because it is in the nature of his work that nobody would patronize him. But once the public started patronizing the cultural worker, they would give enough recognition even to the



extent of destroying him. Either way cultural workers stood the chance of getting destroyed.

'You must be capable of surviving both neglect and appreciation. That itself is a great "tapascharya", and this capacity you can discover in yourself only when you fall in love with the work and not with the institution or the persons. This is called 'fanaticism' but without its bad odour. You do your work because you are convinced that it is 'the thing to be done'. You do it not necessarily for your sake, not necessarily for the sake of your community or country, but out of a strong conviction that that it should be done, and not to do it would be an agony. If that feeling has not come in you, you can all be only labeled as 'Sevaks' and 'Sevikas'; but you cannot work effectively in the field of culture. That is the reason why we find that while there are so many 'Mahatmas' and great leaders of thought, very few have been able to achieve anything or leave their stamp in the cultural life of the country. Mighty men they may be. They could start schools and hospitals, but to leave the country at the end of their lives at least one inch above in its cultural and moral life, one should be made up of sterner

material. Ordinary mortals with their sentimental emotions with all their weaknesses and passions cannot achieve it. The cultural leader may not look like a hero, but he would be self-sufficient in himself. He can be self-sufficient and have enough dynamism only when he is convinced of the goal and the programme.'

Referring to the two-year plan drawn out in the conference, Swamiji said that only when they discussed the plan and wrote it down they would be convinced of it, and without that conviction, no real work was possible. He said: 'conviction could not be thrust from above. It must come from you. The individual himself must fall in love with the ideal, the very purpose of the Mission, and the Mission work can be effective only when the worker himself has the 'vision'. That vision is our Two-Year Programme, and without this vision, we will not be able to work effectively. Remember, the work is not for Swami Chinmayananda or for the Chinmaya Mission, much less to the Secretary and the office-bearers. That must be the attitude, - not for profit, not for getting anything, not for name. If you plan out for recognition, recognition will disappear. You

do the work. Recognition etc. will come’.

Stressing the need for a cultural worker to be convinced of the nobility of his action, Swamiji said: ‘By conviction I do not mean an intellectual conviction, but an incapacity to be otherwise. The work of the Mission must compel you to act. It must be as much intimate as your breathing. Even when you are drowning deep under water, when you know air is not there, still you breathe in the water. Why? Without breathing you cannot remain. The muscles in your thorax, the muscles of your face and throat, will demand it. Just as the compulsion to breathe under water, if one feels the compulsion to do work, and not to work is agony to him, such an individual is a true Sevak of this Mission.’

‘Do you think stones or lathis will make me stop working?’ Swamiji asked. ‘Once you are convinced about your intimacy with your work, stones or lathis, all of them will be considered an income. That also becomes a compliment. Thus you will have to bear world’s criticism, world’s opinion. A spiritual worker has no excuse to stop working if he is fired up with that ideal’.

‘To be a Mission worker is in itself

the greatest tapas that is known to us. It is a great sadhana because you cannot take away your mind from it. There is no other greater tapas possible. Mere repetition of ‘Narayana’ is nothing when compared to this’, Swamiji said.

Urging the Sevaks to make themselves useful to people, Swamiji said : ‘It is not always by money that you become useful. It may be a spiritual thought. So, have ready made things – ideas, ready at your tips, at the tip of the tongue. Those ideas, pass them on to others. That is to say, a man having once come near you, should always have the hunger to come back. That is the quality of a Sevak’.

Swamiji said that Sevaks who are spiritual workers should not mind or should not be afraid of persecutions. He pointed out the example of Christian missionaries who suffered intense persecutions in several parts of the world before they could make that religion the most widely practiced one in the world.

In the discharge of their tasks, Swamiji said, the Sevaks and Sevikas should develop ‘tapobala’. To attain ‘tapobala’, one need not go to jungle, he said. If sitting in a jungle and spending the time there was tapas, Swamiji said all

the forest officers and hunters could become tapasvins.

Warning the Sevaks that they were likely to come across jealousy, passions and competitions, even in the Mission itself in the discharge of their work, Swamiji said: 'you cannot avoid it. To expect it to be otherwise is foolish. The Mission also is not outside the world. It is in the nature of the Jagat. You must expect it everywhere. Don't unnecessarily get excited over these things'.

'In this world, in trying to do good, you are likely to get only kicks. Don't wait for the consolation of getting appreciation from others. Discover goodness in yourself. Seek others and do as much good

as you can. You will then find that every moment is rewarding. You will find happiness in the feeling that I am doing what I wanted to do in the world. This must be the attitude of the Mission Sevaks and Members'.

Swamiji said that they must try to seek peace in the midst of turmoil. He drew their attention to a remark of Gandhiji to a Swami from Uttarkasi in which Gandhiji had said: 'in peace there is peace. Why should I seek it? I am seeking peace in the midst of restlessness'.

'You have to carry your mental peace. It is the sadhana of the highest order', He said.

*Source - Tapovan Prasad*

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### H. H. SWAMI TEJOMAYANANDAJI'S ITINERARY MAY - 2015

02 to 08 May 15	Sidhbari	+ 91 - 1892 - 234 325
13 to 17 May 15	Veliyanad	-
19 to 23 May 15	Coimbatore	+91 - 422 - 261 5446
25 to 31 May 15	Kolwan	+91 - 90110 04542
25 to 29 May 15	Kolwan	+91 - 90110 04542
29 to 31 May 15	Kolwan	+91 - 90110 04542
04 to 09 Jun, 15	Toronto	-

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# Tejomayam

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## The Great Teacher

Swami Tejomayananda



How can I say what is best about Gurudev? His presence was most appealing. His presence spoke more than His lectures. I see His presence in His pictures also. Just to be with Him was a great joy and an experience in itself. I especially loved to dine with Him, and had plenty of chances to do so. Because he used to be relaxed at that time, He would make fun of all those who were working.

Once, we were invited to bhiksha in a Rajasthani household. They were making idlis for Gurudev. But they didn't know how to make them. Somehow, the idlis they made looked strange. When Gurudev saw that, He looked at me and remarked, "See, another cartoon of an idli is coming."

Gurudev's greatness went beyond His presence, and this He showed in every little thing. In big things everybody shows off. But Gurudev showed it even in small things. For instance, when I was studying Vedanta at Sandeepany, Bombay, I also used to teach the brahmacharis and brahmacharinis Sanskrit. There was a small hall where I used to hold the class. Once, Gurudev was here, and He wanted to discuss something with a group of people. He came into the hall and saw that I was teaching. He could have asked me to finish the class, but instead, He humbly

*His presence spoke  
more than His words.*

*Discipline was the one thing which Gurudev loved. The beauty of His discipline was that it was not dry and harsh, but accompanied by compassion.*

requested, “May I use the hall for some time?”. That is His greatness. He did not say, “Get out, let me use this place.”

I also had the great fortune of learning from Him. Many times He would take me with Him to Uttarkashi. At that time there was no regular Vedanta training course, so Gurudev used to take the Vivekachoodamani and the Gita. While other Mission members would come and go, I was nearly permanent, and used to sit right in the front. Actually, I felt that Gurudev used to teach me only. Every now and then, He would ask questions, and if out of ten questions I happened to skip the answer to even one, or didn't answer quickly enough, He would say I was sleeping during

class. Or sometimes, while giving a lecture, He would stop in the middle of a sentence and leave me to complete it. If I spoke softly, Gurudev would tell me to go out onto the banks of the Ganga, and speak so loudly that a man on the other side could hear me.

Discipline was the one thing which Gurudev loved. Not only was He Himself a very disciplined person but He also enforced it around Him. The beauty of His discipline was that it was not dry and harsh, but accompanied by compassion. For instance, once, during a Gita Jnana Yagna, all the brahmacharis were not present for the meditation class. That day, He ordered, “The brahmacharis will not be served lunch today.” But at tea time, we were given special upma along with tea. Ordinarily, we would just have had only the tea.

Gurudev's whole vision for the Mission was essentially two fold: one concerning the external, i.e. activities or projects, and the other internal, in the sense that it stressed the unfoldment of the personalities of the members undertaking those projects. As far as the other activities started by Gurudev are concerned, they have expanded, grown and

benefited the society. As for the personality unfoldment, this by itself is subjective and therefore each worker will have to honestly and sincerely evaluate himself or herself. But the very fact that thousands of people have been working for such a long time shows that they have been getting something out of it, or else they

would not still be working for the Mission. So we have succeeded to a great extent.

Frankly speaking, there is no final goal. Outwardly, the sky is the limit. Inwardly also, one can improve. There is no room for complacency. There is more room for expansion outside and retirement inside. Thus, there is no stopping. Even in our Guru Dakshina, our offering unto Him, there is no question of fulfillment. Whatever you do is a small amount. It is not even equal to what the Great Master has done. So never can our Guru dakshina be enough.

*Even in our Guru Dakshina, our offering unto Him, there is no question of fulfillment.*

*Whatever you do is a small amount.*

*It is not even equal to what the Great Master has done. So never can our Guru Dakshina be enough.*

Suppose we say that we have finished, then what are we going to do? So we keep on GIVING only. And in the performance of our daily activities, I can only quote the words of Krishna in the Gita, "Remember Me and do your duty."

*Source - Tapovan Prasad  
(Remembrances of Gurudev: A collection of  
articles in the CMW News, July '94.)*



Lives of great men, their deeds and words always stimulate and ennoble our mental life

- Swami Chinmayananda

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# Mission News

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## Geeta Sevak Training Program

by Brni. Nidhi Chaitanya

(coordinator for Ghar Ghar Mein Geeta - 2015)

If you have been a study group / Vedanta Course sevak, or if you have completed CIF's Bhagawad Geeta Course, and are willing to be a Geeta Sevak, please REGISTER NOW.

**Geeta Sevaks are expected to visit homes / offices / communities in their neighbourhood and conduct GHAR GHAR MEIN GEETA sessions.**

It is a 3 hour intensive training. You can register for ANY one of the following training locations as per your convenience.

7<sup>th</sup> June Sunday 3.00 pm to 6.00 pm

Venue : Chinmaya Priyam, 5, Jain Vihar,  
Plot No.40, Swastik Society, NS Road No.3, Juhu

Contact: Swati - 9819904606

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14<sup>th</sup> June Sunday 3.00 pm to 6.00 pm

Venue : Sandeepany Sadhanalaya, Powai

Contact: Swati - 9819904606

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26<sup>th</sup> June Friday 10.00 am to 1.00 pm

Venue: Chinmaya Sagar, F3, Panchsheel Building,  
C-Road, Churchgate

Contact: Anjali - 9967044556

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**PLEASE NOTE: Only Sevaks willing to go and conduct Ghar Ghar Mein Geeta Sessions may please register.**

## JOIN THE CHINMAYA FORCE

Employment Opportunities in Chinmaya Mission, Mumbai

**Office Manager (JOB CODE: CST100OM)**

**Office Hours:** Monday - Saturday 10.00 am - 7.00 pm.

**Office Location:** Churchgate

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*Everyone does a job. We are offering you "joy" in the form of a job.*

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*We are looking for someone dynamic, inspired,  
innovative for our Office in Churchgate.*

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*The candidate must be an  
impressive administrator and yet a loving team-player.*

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*We need someone who is passionate to contribute to the noble vision and  
work of Chinmaya Mission in an effective manner.*

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*Basic knowledge of computers, great communication skills and sound  
leadership abilities are essential.*

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Along with your CV, send us your answer  
(in minimum 5 and maximum 10 sentences) to the question:  
**Why I feel I can be a good Office Manager for Chinmaya Mission?**

**Graphic Designer (JOB CODE: CST100GD)**

**Office Hours:** Monday - Saturday 10.00 am to 7.00 pm.

**Office Location:** Churchgate

If you like doing creative work, we have lot of work for you! Candidate must know to work on Corel, In-Design, Pagemaker, and all other design softwares and tools. You must also be able to work with tight deadlines. Volume of work will be high, and so will be the fun of doing it. Along with your CV, email us an interesting artwork for an A-4 size flier of Chinmaya Mission. Use your creativity. Content is not important. You can use images available on the internet for this.



**Marketing Executive (JOB CODE: CST100ME)**

**Office Hours:** Monday - Saturday 10.00 am - 7.00 pm.

**Office Location:** Churchgate

We are celebrating Chinmaya Birth Centenary Year. Go through other pages of Chinmaya Sandesh for all the info. But we want you to tell us how we can tell more people about us. If you are a Marketing person and have the passion to use your skills for something unique, here is your chance. We need innovative and practical thinkers on board. You can be a Management Graduate - fresh out of college, or a professional with "x" years of experience, or just an intern. We will look at your skill and passion more than your degrees and experiences. DO READ THE REST OF CHINMAYA SANDESH, and along with your CV, send us your 5 most innovative Marketing ideas for promoting Chinmaya Birth Centenary Celebration.

Please write to : [ec.mumbaicm@gmail.com](mailto:ec.mumbaicm@gmail.com)

**PLEASE MENTION JOB CODE IN THE SUBJECT LINE.**

**Prior background of Spirituality or Chinmaya Mission  
NOT REQUIRED, but can be an added advantage.**

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*Hari Om. Hari Om. Hari Om.*

## **Calling All Chinmaya Mission Members & Sandesh Readers**

We have Launched Ghar Ghar Mein Geeta.

We sincerely appeal to each of you to host at least ONE session of Ghar Ghar Mein Geeta and support the vision.

**1008 SESSIONS HAVE TO HAPPEN.**

**COME FORWARD AND HOST 1.**

*See the next 2 pages for details.*



**Chinmaya Mission**  
welcomes you to



# **Ghar Ghar Mein Geeta** ... *Living the Geeta Way of Life*

**Programme (60 - 90 minutes only)**

- Introduction
- Geeta-Video clip of Swami Chinmayananda
- Discussion facilitated by an Acharya/Sevak
- Q & A session
- Chinmaya Aarti or Geeta Aarti (Optional)
- Conclusion

**Special Offer:**

Series of 18 Talks on 18 Chapters on Geeta in 18 homes.  
Which chapter are you hosting?

**Donation:**

The knowledge being invaluable is not charged. Any donation to support the spiritual, educational, cultural and social service programmes of Chinmaya Mission Mumbai are welcome. All donations are exempt from section 80G of Income Tax Act. Cheques to be made in favour of 'Chinmaya Seva Trust'.





### Video-Clip Topics:

Essence of Karma-Yoga	- 40 mins.
Why Vegetarianism?	- 20 mins.
Vision for the Youth	- 20 mins.
Service Above Self	- 19 mins.
3 Gunas - Sattva/Rajas/Tamas	- 18 mins.
Self is Unborn	- 17 mins.
Introduction to 3 Paths of the Geeta	- 4 mins.
Why Surrender to a Guru?	- 11 mins.
Witness - they are in me, I am not in them	- 10 mins.
Equanimity in Life	- 8 mins.
Fortitude and Equanimity	- 7 mins.
Setting a High Goal	- 7 mins.

Chosen depending on time availability

List of more topics on which the clips of Poojya Gurudev are available will be updated on [www.chinmayamissionmumbai.com](http://www.chinmayamissionmumbai.com)

If you want an Acharya/Sevak to talk on a specific topic and don't want to do a video session, that is also fine.

### Contact us

**Dahisar - Kandivli:**

Muraliji - 9221515431

**Malad/Goregaon:**

9869105775

**Andheri(W), Juhu:**

Swati - 9819904606

**Santacruz, Parle, Bandra:**

Pratibhaji - 9820602890,

Meenaji - 9223413586

**Mahima, Dadar, Matunga,  
Wadala, Sion:**

Sunitha - 9930297647

**South Mumbai:**

Anjaliji

avj\_1971@hotmail.com

Geetaji - 9820132442

**Powai, Anderi (E),**

**Bhandup:**

Yogeshji - 9769412643

**Chembur - Ghatkopar:**

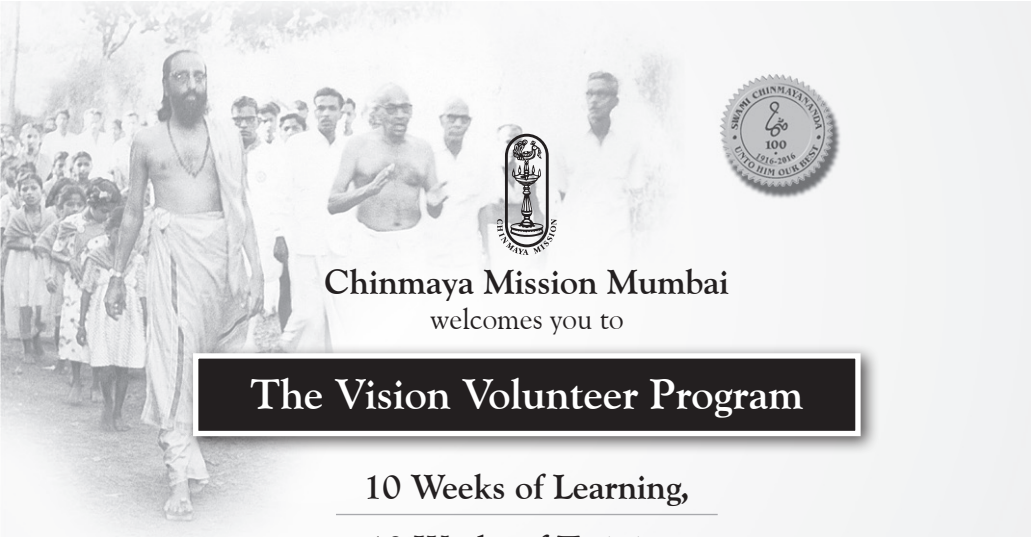
Shree Ram - 9967050172

**Navi Mumbai:**

Shantalaji - 9892628018

ggmg.mumbai@gmail.com





Chinmaya Mission Mumbai  
welcomes you to

## The Vision Volunteer Program

10 Weeks of Learning,

10 Weeks of Training,

1 Month of Selfless Service

### ■ The Vision Volunteer Program:

This is a 3 tier program for inspired individuals who have the courage of heart and the spirit of dedication to serve a greater cause and enrich themselves:

**Eligibility : Commitment, Inspiration & Availability**

Enrollments for the VISION VOLUNTEER PROGRAM will be based on screening of Application Forms followed by a personal interview.

**Age Limit : Below 60 years**

**Faculty : Brni. Nidhi Chaitanya**

Other speakers from the field of Management and Education will also address the participants as Guest Faculty.

### ■ Program Details:

Batch 1 : Every Sunday 10.00 am - 12.00 pm (Starting 14<sup>th</sup> June)

Batch 2 : Every Thursday 11am - 1.00 pm (Starting 4<sup>th</sup> June)

*You can Join Any of the 2 batches.*

**Venue : Chinmaya Priyam, 5, Jain Vihar, Swastik Society, NS Road No. 3, Juhu Scheme, Mumbai.**

- **10 weeks of Learning:** Thorough understanding of the principles of Karma Yoga: including time-management, team-work, goal-setting, enhancing efficiency, etc through weekly classes.
- **10 weeks of Training:** Practical Training in application of the various principles of Karma Yoga through CBCC project planning and seva-work.
- **1 month of Selfless Service:** From 1st December 2015 - 1<sup>st</sup> January 2016, the Vision Volunteers will serve full-time as part of the official CBCC Team
- **Benefits:** Besides the personality-enrichment and inner growth, the participants who go through the entire program successfully will be awarded with a certificate and letter of appreciation stating their voluntary efforts and service contributions.



**TO KNOW MORE AND  
TO SUBMIT YOUR APPLICATIONS,  
Call : 9819904606 / 9320286048**

or send your applications by courier to:

Chinmaya Prakash, 401, Jupiter-A, 4<sup>th</sup> Cross Lane, Lokhandwala  
Complex, Andheri West, Mumbai 400053.

PLEASE DO WRITE **“DROP”** ON THE ENVELOPE  
WHILE SENDING THE COURIER.

**Be a Vision Volunteer**  
LEARN. LIVE. SERVE. GIVE.



ॐ

## आरती गुरुदेवांची

जय देव जय देव जय जय गुरुदेवा ।  
प्रार्थितो आम्ही दे ज्ञानठेवा ॥

केरळ प्रांती तू अवतरलासी  
आत्मज्ञान भुके काश्युत्तर जासी ।  
गंगामाता तुजला दे स्फूर्ति ऐसी  
विश्वाच्या कल्याणा भ्रमण तू करिसी ॥१॥

बालका संगे बालक होसी  
युवकांच्यासाठी ऊर्जा तू असशी ।  
भाविकजना प्रेमे तारीसी  
जिज्ञासुंना ज्ञानमार्ग दाविसी ॥२॥

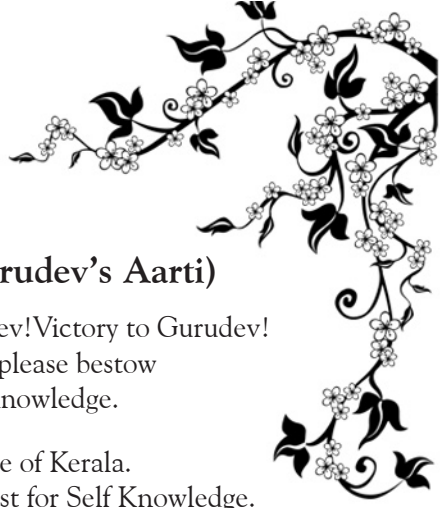


ज्ञानगंगेचा तू भगीरथ असशी  
ज्ञानाचा हा वसा आम्हां तू देसी ।  
सिद्धबाडी क्षेत्री समाधिस्थ होसी  
अंतर्यामी रूपे हृदयी भाससी ॥३॥



कृपादृष्टीने आम्हा सर्वांसी  
गौरवान्कित ह्या जगती करीसी ।  
आम्ही चिन्मयसुत करितो प्रार्थना  
द्यावी शक्ति आदर्श जीवन जगण्या ॥४॥

स्वामिनी निश्चलानंद



## (Translation of Pujya Gurudev's Aarti)

Victory to Gurudev! Victory to Gurudev! Victory to Gurudev!  
We fervently pray to you to please bestow  
upon us the treasure of knowledge.

You incarnated in the state of Kerala.  
You went to Uttarkashi with the thirst for Self Knowledge.  
Mother Ganga inspired you  
to travel far and wide for the welfare of the world.

You became a child with children and  
the source of inspiration for the youth.  
You lovingly guided the devotees to  
cross the ocean of samsara and  
showed the path of knowledge to the seekers.

You are the Bhagirath of the Ganga of knowledge.  
You taught us to abide in this knowledge and  
be torch bearers thereof.  
You sought permanent abode in the holy place of Siddhabari.  
But at the same time you always shine and  
rule in the hearts of devotees.



Due to your grace, we are glorified in this world.  
We, the children of Chinmaya pray to you  
please grant us the strength to lead a life of an ideal vision.

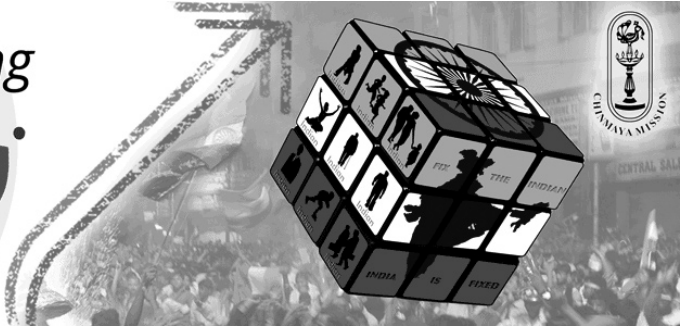
- translated by Bmri. Sandhya Chaitanya

The tune of this Aarti is  
just like the popular Marathi Aarti of  
Lord Ganesha, 'Sukhharta Dukhharta'.



# Transforming INDIANS to Transform INDIA

A Chinmaya Mission Initiative



## TITI- iTransform workshops in February, 2015

On the 2<sup>nd</sup> of February, trainer and zonal coordinator Shyamala Venugopal conducted Patriotic transformation for the polytechnic students of Vivekanada Education society, Chembur.

On the 3<sup>rd</sup>, 4<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> of February, trainers Anamika Chakravarty, Vatsal Sharma and Tapan Parikh conducted 8 workshops on Patriotic transformation at V. E. S. Polytechnic, Chembur

On the 4<sup>th</sup> of February, Pooja Jain conducted Emotional transformation workshop in Hindi for about 100 students of V. C. Doshi Gurukul, Ghatkopar.

On the 4<sup>th</sup> of February trainer Abhay Patil conducted two workshops on Intellectual transformation at G. D. Somani School, Cuffe Parade.

On the 5<sup>th</sup> of February, trainer Shruti Somani conducted two Patriotic transformation workshops for the students of G. D. Somani, Cuffe Parade.

On 6<sup>th</sup> February, trainers GeethaRaghavan and zonal coordinator Sandhya Rajesh from Jagdeeswara zone conducted Emotional transformation workshop at N. D. Bhutaschool, Andheri. It was very well communicated in Hindi and Marathi and this proved that language was not a barrier for TITI to go on and reach out to maximum people.

On the 6<sup>th</sup> of February, trainer and zonal coordinator Pooja Gupta conducted Emotional transformation workshop at Bai Kabibai Balvatika, Andheri for the participants who were pursuing certificate program to become primary teachers.

Trainer Dr. Abha Shroff from Chinmaya Sagar zone conducted a workshop on Emotional transformation for the staff of Shroff Eye hospital at Bandra on 6<sup>th</sup> February. It was very well received.

At Holy Angel's High School, Dombivali, trainer Pooja Jain conducted a workshop on Emotional level for their 8<sup>th</sup> and 9<sup>th</sup> std students on February, 6<sup>th</sup>. The students were very receptive.



Trainer Rakesh Gupta conducted Emotional transformation workshop on 7<sup>th</sup> Feb for the N. S. S. students of Kamla Mehta College of Commerce.

---

On the 10<sup>th</sup> February, trainers GeethaRaghavan, Sandhya Rajesh, Raj Ruparelia and SanketPrabhu conducted three parallel workshops for the students of Greater Mumbai Education Society, Vile Parle, while Ajay Kumar and Pooja Jain assisted them.

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Trainer Dr. Abha Shroff conducted Emotional transformation for the students and teachers of LalaLajpatrai College, Haji Ali. The principal wants more sessions from June.

---

Trainer Shaman Aggarwal held 3 Physical Transformation workshops on 3<sup>rd</sup> and 6<sup>th</sup> February at G. D. Somani Memorial school.

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On the 6<sup>th</sup> of February, Kruti Doshi conducted Emotional transformation workshop in Hindi at N. D. Bhuta School, Andheri.

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On 9<sup>th</sup> and 11<sup>th</sup> February, 2015, trainer Nimisha Parekh conducted four workshops on Spiritual Transformation at G. D. Somani Memorial School. These were the concluding sessions for the Std 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> students of the school.

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Trainers Aravind Raghavan and GeethaRaghavan conducted

Emotional transformation on 14<sup>th</sup> February at their residence for the students who were appearing for their boards shortly. Also their parents were impressed by the feedback of these children and want to conduct in their societies.

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On 10<sup>th</sup> February, Trainer BhavanaSarawal conducted Emotional transformation in Gujarati at Lions school, Matunga. This was the first attempt in the Gujarati language. It was very well received.

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On 13<sup>th</sup> February, trainers Vatsal Sharma and Aparna Raman conducted two Emotional transformation at V. P. M. School, Mulund. The M. D. Sucharita Hegde of NGO- One India One People Foundation, attended these workshops for the first time and applauded the trainers for delivering fruitful workshops. Also, trainer Pooja Jain conducted Emotional transformation at V. P. M. college for about 120 students.

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At Rajiv Gandhi Institute of Technology, trainers Rakesh Gupta and Sudhir Kumar conducted Emotional and Intellectual transformation workshops for the teaching and non teaching staff. It was well received.

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Train the trainers workshops at Chinmaya Prakash- 3 by rakeshgupta, Sandhya surve and vivekbhatija

On 18<sup>th</sup> February, trainer Aravind conducted an Emotional transformation workshop at Thakur College of Science & Commerce for about 150 students.

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Trainer Chithra Sridhar conducted two Cultural transformation workshops on 12<sup>th</sup> February. at G. D. Somani Memorial School.

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Trainer Kruti Doshi conducted Emotional transformation for the students of Antonio D'silva College, Dadar.

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Trainer NaliniRajpal conducted two workshops on Universal transformation at G. D. Somani Memorial School on 2<sup>nd</sup> Feb, 2015.

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Trainer Anjali Dalal conducted a workshop on Universal transformation for the parents of Balvihar-study class children on 20<sup>th</sup> Feb, 2015.

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Trainer Nimisha Parekh conducted Spiritual Transformation workshop on 13<sup>th</sup> February for the parents of Balvihar-study class children.

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On the 14<sup>th</sup> of February, trainer MilindSanghvi conducted Intellectual transformation at the study class of Chinmaya Sagar zone.

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Trainer SriramSankar conducted an Emotional transformation workshop at Thakur college of Science and

Commerce on 20<sup>th</sup> February, 2015, this time for their commerce students.

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On the 24<sup>th</sup> of February, trainer Pooja Gupta conducted a workshop on Emotional transformation at Rizvi Springfield High School, Bandra for Std 8<sup>th</sup> and 9<sup>th</sup> students.

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A corporate workshop on Emotional transformation was held on 22<sup>nd</sup> February at Borivali by trainer CA Amar Shukla for about 75 professionals.

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On the 25<sup>th</sup> of February, another corporate workshop was conducted for the employees of Origin Quality Services, Dadar.

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At Nirmala Niketan College, Churchgate, trainers Abhishek Dave and ShivaniVartak conducted a workshop on Emotional transformation for about 50 students.

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On the 26<sup>th</sup> February, trainer Rakesh Gupta conducted a workshop at the prestigious D. J. Sanghvi College, Vile Parle for about 122 students pursuing Engineering degree.

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On 27<sup>th</sup> February, trainer Milind Sanghvi conducted a wonderful session at the prestigious K. C. College, Churchgate for the T. Y. B. A. students. We are likely to do many more sessions in the college.

# Chinmaya Sagar Zone

## (South Mumbai)

**Shishuvihar Sevika Training Workshop on 24<sup>th</sup> Feb. and 9<sup>th</sup> March @ Chinmaya Sagar - Mumbai, by Roma Sanghavi and Radhika Jesrani**

The aim of the Shishuvihar program is to introduce infants (0-2 years) and toddlers (2-4 years), along with their mothers/guardians to cultural and spiritual education. Children learn through age-appropriate songs,



stories, games, arts and crafts. It is unique as it involves not only the children, but the mothers and extended family as well.

Five people expressed an interest to start classes in Mumbai, with a new class already started at Kurla (E), and further three people expressed interest to start a class in Delhi.

To enroll for these classes or for the Shishuviharsevika program, please contact Roma Sanghavi at 9820297889 or Radhika Jesrani at 9920032225

**Ghar Ghar Mein Geeta on March 17<sup>th</sup> @ Mrs. Hiroo Mirpuri's residence**

The programme was conducted on the 80<sup>th</sup> birthday of Smt Hiroo Mirpuri, mother of Smt. Geeta Kothari.

The program started with bhajans led by Dr. Abha Shroff and was followed by a Satsang by Dr. Sujata Kelkar.

She spoke about the importance of spiritual evolution and the need to discover our Self, especially since we have all been blessed with a human birth. She gave several examples from the



Geeta to support this. This was followed by some special words by Smt. Geeta Kothari about her mother. The highlight of the Satsang was the Chinmaya Arti performed by four generations of the family! The evening ended with the partaking of prasad.

*Geeta Kothari*

**Talk on ‘Om Purnamadah  
‘by Swami Swatmananda @  
Panchsheel from 25<sup>th</sup> to 27<sup>th</sup>  
March**

Morning talks on the meaning behind this Shanti Mantra were held as part of the annual Yagna.

Swamiji explained the meaning behind the mantra ‘Om Purnamadah’ as follows:

- It originates from the Shukla Yajurveda and encapsulates the entire theory of Vedanta in a few words.
- It is based on the foundation that we all experience incompleteness or ‘Apurnataa’ (as opposed to ‘Purnataa’) as

we identify with the small ‘i’, which makes us feel finite.

- Swamiji explained the concept of Infiniteness of the Creator and creation against the backdrop of the theories of creation, as also the 5 aspects of every object in creation.
- He discussed the 3 ‘levels’ of Reality, and the role of viveka and vairagya in helping us acquire the correct vision.
- He also discussed the different ways in which the man in bondage, the seeker and the Master view the world and Truth.
- He explained why, despite intellectual study, we are unable to correct our view and the sadhanas required to counter that.
- How to integrate our thoughts and emotions, the importance of love for the Higher, the importance of Shravana, Manan and Nidhidhyaasana were emphasised.

*Shruti Somani*



**Rama Navmi Celebrations  
on 28<sup>th</sup> March @ Bajaj Hall,  
Nariman Point**

Study group members prepared the Aranyakanda where the attendees played fun activities

like Housie and Crossword based on this Kanda. Sevika Manjuji Malkani's classes and Shailzaji Jhunjhunwala prepared the games. Alka Sadarangani sang soulful bhajans.

A DVD of Puja Gurudev's talk on the Ramayan was shown which explained the deeper import of the epic.

During the Q&A Swami Swatmanandaji explained:

- Ram avatar depicts a Maryada Purushottam who, despite agitations, does not compromise on Dharma.
- Ones' Satvaguna helps one rise above the Rajo&Tamoguna
- Satsang, Seva& Self-control are the LakshmanRekha which when crossed by Sita (the ego) will hurl us into the world of desires (Lanka).
- Surpanakha symbolizes tamas, Sita-rajās and Shabri-sattva, ie. Surrender, Patience & Faith. We have the choice to be like any of these.
- Panchvati represents shraddha in five things: Scripture, Guru, Sadhana, the Lord & yourself.

The event concluded with pooja and aarti of Lord Rama.



### Skit on Ramayan by Grade 2 - Kalbadevi Balvihar Children

Children conducted a puppet show on the building of the bridge across the ocean from the Ramayana.

Parents of the Balvihar children displayed team work, unity, and cheerfulness thus showing true yagna spirit, as they worked along with the Sevikas to ensure the event was a success. The event was thoroughly enjoyed by all, especially the children who learnt about the Ramayana in a fun-filled way.

*Vidisha Khetwani*

### GGMG on 7<sup>th</sup> March 2015 by Swami Swatmananda on Pursuit of Happiness, based on Chapter 13-18 and hosted by Smt. Nanda Khemani

Happiness is sought through every action and Geeta shows us the way to this.

#### Summary:

1. Chapter 13 : As the root cause of sorrow is our false

identification with our equipment, the Lord, shows us how to discriminate between the seer and seen (kshetragya and kshetra) and understand that I am not the equipment, but bliss is my True nature.

2. Chapter 14 : To apply the above viveka, one needs a sattvic mind. Everything in creation is governed by sattva, rajas and tamas—the 3 gunas. Cultivating sattvaguna is imperative to attain everlasting bliss.
3. Chapter 15 : The analogy of the inverted peepal tree symbolising samsara to which we are bound, was explained. The axe required to cut this tree is detachment. Attachment causes sorrow. Detachment reduces dependency and paves the way for happiness.
4. Chapter 16 : We need to follow certain values to cut our attachments and become selfless. Separating right from wrong gives us clarity, hence detachment which leads to happiness.
5. Chapter 17 : Doing Yagna, Daana and Tapas make our lives better and happier.
6. Chapter 18 : 'sarvadharmā parityajya...ma shuchah': doership and self importance

causes stress and unhappiness. The solution is to surrender doership to the Lord through devotion.

Pujya Gurudev's video explained the spiritual values of Krishna and the dynamism of Arjuna necessary in each one of us.

*Shruti Somani*

### **Celebration of Hanuman Jayanti on 4<sup>th</sup> April @ Chinmaya Sagar**



Shri Hanuman Puja was performed at 8.00 am followed by Ashtottar Shat Archana and chanting of Shree Hanuman Chalisa 108 times by approximately 200 devotees throughout the day. Lunch and breakfast prasada was offered to those present.

*Varsha Dalal*



# Camp by Swami Swatmananda

## Camp in Sidhabari for Elders & Youth

On selections from

### VIVEKACHOODAMANI

In the Birth Centenary Year of Poojya Gurudev Swami Chinmayananda, lets reflect on one of His Favourite texts - Vivekachoodamani at the abode where He Rests - Sidhabari.

#### Highlights :

*DVD Talks on Meditation from Vivekachoodamani*

*by Poojya Gurudev Swami Chinmayananda*

*Talks by Swami Swatmananda on*

*'Sadhana, Self-Effort & Ending Superimposition'*

*Meditation, Group-Discussions, Q n A*

*Gayatri Havan in the Himalayas, Silence & Solitude*

**Dates Including Travel:** 24<sup>th</sup> May (Sunday) to 2<sup>nd</sup> June (Tuesday) 5.30 am

**Camp Dates:** 25<sup>th</sup> May (Monday) Evening 7.00 pm to

29<sup>th</sup> May (Friday) Evening 7.00 pm.

30<sup>th</sup> May (Saturday) - Visit to temples & Kangra Fort

Venue: Chinmaya Tapovan Trust, Sidhabari, Near Dharamsala,  
Himachal Pradesh

#### Contribution:

**Camp:** Rs. 3500/- per person (four people in a room)

Rs. 4800/- (two people in a room)

Rs. 6000/- per person (Saket Block - 4 people)

Rs. 7500/- (Saket Block - 2 people)

Travel: Rs.3500/- (includes 2 Sleeper travel Mumbai-Chakki Bank & Jalandhar - Mumbai & Bus transfer from Chakki bank to Sidhabari Ashram, Sidhabari to Jalandhar on return)

For Registrations contact: Chinmaya Sagar, F-3, Panchsheel Bldg., 'C' Road,  
Churchgate, Mumbai - 400 020. ● Tel.: 2288 4646, 22814646

Email: mumbaicm@gmail.com ● or fill up online - <http://goo.gl/QsleUg>



## Sessions by Swami Swatmananda

### Wise & Otherwise

Talks on Geeta Ch.3 - Karma Yoga

### Geeta Power

#### Weekly Study of Geeta Verse-by-Verse

18<sup>th</sup>, 25<sup>th</sup> June 2015 (Thurs) • 2<sup>nd</sup>, 23<sup>rd</sup>, 30<sup>th</sup> July 2015 (Thurs)

6<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> Aug 2015 (Thurs) • 12.30 pm to 1.30 pm

Venue: Mrs Parul Bhammar, 18<sup>th</sup> Floor, Usha Kiran Bldg,  
Charmaichel Road, Behind Jaslok Hospital,

Contact: 9820185255

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### Geeta In Practice

*Monthly Sessions-Vision of Geeta in Power Capsules*

Topic : Bhakt , Bhakti & Bhagavaan , Chapter 12

12<sup>th</sup>, 13<sup>th</sup>, 14<sup>th</sup> May • 23<sup>rd</sup>, 24<sup>th</sup>, 25<sup>th</sup> June 2015 (Tues -Thurs)

21<sup>st</sup>, 22<sup>nd</sup>, 23<sup>rd</sup> July 2015 (Wed - Fri)

18<sup>th</sup>, 19<sup>th</sup> Aug 2015 (Tues - Wed) • 7.15 pm to 8.15 pm

Venue: Chinmaya Nursery, Behind Shalimar Hotel, Kemps Corner

*For registration kindly send a SMS along with your full name on 8108043204*

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### Upanishad Darshan (cont...)

(Taittiriya Upanishad)

Talks on Chapter 2 - Brahmananda Valli

2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> (Tues-Thurs) June 2015

7<sup>th</sup>, 8<sup>th</sup> (Tues-Wed) & 10<sup>th</sup>, 11<sup>th</sup> (Thurs, Sat) July 2015

4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> (Tues - Sat) Aug. 2015 • 7.15am to 8.15am

Venue : Chinmaya Sagar, Panchsheel bldg, 'C' Road, Churchgate



# Sessions by Swami Swatmananda (cont...)

## “Silver Lining” - Monsoon Camp 2015

**Text : Guru Paduka Stotram**

*Mid-Week Camp for Study Groups  
Devi Groups/Chinmaya Mission Members*

Wed., 15<sup>th</sup> July - 10.00 am to Thu., 16<sup>th</sup> July 2015 - 3.30 pm

### **Camp Highlights :**

- Visit to Chinmaya Jeevan Darshan
- Bhajans (sung by campers)
- Aarti at Maruti and Ganesh Mandir
- Satsang by Swamiji
- Meditation
- Movie followed by Group Discussion
- Paduka Puja
- Games & Activities

Minimum Camp Donation per person (without transport) :  
*(early bird discount for registration before the 10<sup>th</sup> of July)*

1200/- for triple occupancy

2000/- for double occupancy

2500/- for single occupancy

*(for registrations after the 10<sup>th</sup> of July,  
there will be an additional donation of Rs. 500/-)*

Bus from Panchsheel to Kolwan and back has been arranged at Rs. 1000/- per person. Please intimate us in advance to reserve your seat.

At Chinmaya Vibhooti, Kolwan ● Contact : 98205 04696



A well trained and controlled mind stands a man  
in good-stead better than armies. It saves him  
from cowardice as well as perils

- Swami Chinmayananda

# Shishuvihar Training Workshop

## One day workshop for individuals aspiring to become Shishuvihar Sevikas

Chinmaya Mission Mumbai invites you to become part of the Shishuvihar program that introduces infants (0-2 years) and toddlers (2-5 years) alongwith their mothers/guardians, to cultural and spiritual education.

Currently, there are four Shishuvihar classes being held in Mumbai:

1. Carmichael Road	0-2 year olds	by Roma Sanghavi
2. Carmichael Road	2-5 year olds	by Roma Sanghavi
3. Kurla (E)	2-5 year olds	by Rajeshkumari Acharya
4. Parel (E)	2-5 year olds	by Bhavana Sarawal & Nalini Dinesh

There is a growing demand for Shishuvihar classes, and we invite you to attend this training workshop and join this initiative as teachers/sevikas.

### Workshop details:

Saturday, 27<sup>th</sup> June 2015,  
from 10.00 am to 4.00 pm (Lunch included)

Venue: Sandeepany Sadhanalaya, Next to Hotel Renaissance, Powai Park Drive, Saki Vihar Road, Powai, Mumbai - 400 072

### Workshop contribution:

Rs 250/-, includes sample kit and lunch

To register, please call Roma Sanghavi at 9820297889.

Please note that the requirement to undergo the training is that the trained individuals will be expected to start Shishuvihar classes under Chinmaya Mission.

# *Success and Beyond*

An Interactive Corporate Workshop  
with

MR. AJAY PIRAMAL  
*Chairman, Piramal Group*

MR. R. GOPALAKRISHNAN  
*Director, Tata Sons*

SWAMI SWATMANANDA  
*Acharya, Chinmaya Mission, Mumbai*

Saturday, 6<sup>th</sup> June 2015

9.30am to 4.30pm

Alhambra, Palladium Hotel, Lower Parel

Minimum Suggested Donation:

Rs 5000 per person

Rs 6000 (after 30thMay)

Please register early to avoid disappointment  
9821141024 / 9819923516  
abhashroff@hotmail.com



[www.chinmayamission.com](http://www.chinmayamission.com)

**CSK**



**Chinmaya Setukari**

**&**

**Chinmaya Yuva Kendra**

(Global Youth Wing of Chinmaya Mission)

invite you to

*Chyk*

# **Just DROP It**

**Dependency Regrets Obsession Pessimism - Just Drop It**

**By Swami  
Swatmananda**



*When Dependency is the shackle, Just DROP It!  
When regret is the obstacle, Just DROP It!  
When Obsession is bothering, Just DROP It!  
When Pessimism is overpowering, Just DROP It!*

**Gather joy Drops with a smile!  
Collect Opportunity Drops all the while!**

**When Selfishness Drops,  
there is no i & mine.  
When ego Drops,  
you experience the Divine!**

**Camp Dates:**

**20<sup>th</sup> May (Wednesday) evening  
to 24<sup>th</sup> May (Sunday) afternoon**

**With Travel:**

**18<sup>th</sup> May 7am to 26<sup>th</sup> May 5am**

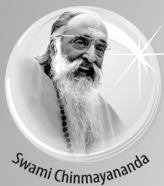


In life, there is much to Drop and many Drops to gather. We Drop relationships but hold on to hurts.

We Drop values and gather valuables. We drop fitness and collect unhealthy addictions.

What to DROP? How to Drop? How much to Drop? Discover your answers at the Just DROP It Camp.

**Drop everything else and Drop in at Just DROP It! Just Do It! Now!**



Swami Chinmayananda



## Highlights

*DVD Clips of Swami Chinmayananda*

*Interactive sessions on DROP  
by Swami Swatmananda*

*Workshops by Successful Professionals*

*Treasure Hunt, Games, Group Discussions,*

*Meditation, Havan in the Himalayas*

*& much more...*

**Age Group: 13 to 45yrs**

**(Exclusive sessions will be taken for various age groups)**

**Venue**

**Chinmaya Tapovan Trust,  
Sidhabari, Near Dharamsala,  
Himachal Pradesh**

### **Contribution:**

- Camp Contribution: Rs.3500/- (Includes Stay, food in the ashram, camp material)
- Travel: Rs.3000/- ( includes 2 Sleeper travel Mumbai-Chakki Bank - Mumbai & Bus transfer from Chakki bank to Sidhabari Ashram, Sidhabari to Jalandhar on return)

Cheques can be made in the name of - "Chinmaya Seva Trust"

**Last date of Registration: For camp + travel with us - 15<sup>th</sup> March 2015.**

**Only for Camp - 15<sup>th</sup> May 2015.**

**To register please fill up the form at - [goo.gl/Bkhtyn](http://goo.gl/Bkhtyn)**

### **Instructions:**

- We are leaving Mumbai by Swaraj Express on 18<sup>th</sup> May morning and return on 26<sup>th</sup> May 5.30am at Mumbai Central by Golden Temple Express. If you would like us to book your tickets in second class sleeper, please register before - 15<sup>th</sup> March 2015. After that we will not be able to book the travel. You are welcome to make your travel arrangements by any other class or by Air & reach the venue. To book by air, the nearest Airport is Kangra Airport. Mumbai-Delhi-Kangra is the route.
- Food at the ashram will be our responsibility. Food during all the travel has to be managed by the participant.
- Sightseeing in Mcleodganj, Dharamsala, Kangra etc. will be held on one day. It is optional and will be charged Rs.500 Extra.  
Chinmaya Setukari Members can bring their kids. Some CHYKs/Yuvaveers will engage them during sessions.
- A meeting of campers will be held on 17<sup>th</sup> May 2015(Sunday) at Powai Ashram. Attendance is compulsory.

# Chinmaya Mahima Zone

(Mahim to Dadar and Sion to Parel)

‘Go Beyond - The Gita Way’ a talk series by Swami Swatmanandaji from 1<sup>st</sup> April to 3<sup>rd</sup> April at SIES School Auditorium.

1. On the first day Swamiji spoke on how to Overcome Laziness and Procrastination.
  - Important mantras were:  
-Don't wait for the perfect moment, take the moment and make it perfect.  
-Procrastinate Now and Panic Later.
  - He concluded by giving us a 3P formula - Focus on Priority, Purpose, Power.
2. On the second day the topic was Managing Ambition and Attachment
  - He explained how Psychological dependence on things, people, situations is a problem and not Functional Dependence.
  - Two formulas explained were  $I + \text{Object} = \text{Happiness}$  and  $I + \text{I want} = \text{Attachment}$ .
3. The series concluded with the topic Practising Peace and Beyond.
  - The concepts of, Prakasha, Anamayam, Sukha and Jnana were explained. He said when a mind is calm, the intellect is sharper and decisions are rational, right and rewarding.
  - He explained that Stabilizers and Anchors can be used to handle impulsive reactions and the mind, at a deeper level. He emphasised that the Body, Mind and Intellect must be integrated so that the personality is aligned.

The session concluded with Swamiji telling us how to meditate and taking the audience through a 10-minute meditation session.





## Jnana Yagna by Swamini Mangalananda

### Sadhana Panchakam (in Hindi)

13<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup> May, 2015 • from 5.00 pm to 6.30 pm

Venue : Chinmaya Mahima, Opp. Paradise Talkies, Kapad Bazar  
Road, Mahim West, Mumbai - 16.

Contact - Smt. Vijaya Mujumdar on 9930955288

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### Geeta Chanting Class for beginners by Sri. H. P. Ishwar

Every Monday and Thursday • 11.00 am - 12.00 noon

Venue: Flat # 505, Dosti Elite, A wing,  
Near Sion Telephone Exchange, Sion East.

Contact: Smt. Vinita Acharya on 9821020403

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### Geeta at a Glance by Brni. Nidhi Chaitanya

*A Bird's Eye-View of the 18 Chapters of the Bhagawad Geeta  
through 20 sessions of total 40 hours.*

Learn the entire Geeta in just 9 months  
on 1<sup>st</sup> & 3<sup>rd</sup> Saturday of every month • 6.30 pm - 8.00 pm

Venue: at Quest Foundation Wellness Centre, 188, 3<sup>rd</sup> Floor,  
Gurukrupa Building, Jain Society, Next to Jain Temple, Sion (W).

Contact : Smt. Bina Sheth - 24081371 / 9870296633  
Smt. Mangala Panchpakesan - 9892167138

# Chinmaya Jayam Zone

(Bandra, Khar, Santacruz, Vile Parle)

**Ram Navami** was celebrated at Chinmaya Jayam on the 28<sup>th</sup> of March between 10.30 to 12 noon the birth time of Shri Rama, whose birth took place in Ayodhya and who is a symbol of a perfection. He is also called as “Maryada Purush”. His Glories being unlimited cannot be spoken about in one hour and 30 minutes but a few qualities were highlighted by Swamini Krishnapriyanandaji.

The talk was followed by Bhajans by Swamini Amma and Ms Pratibha Shah.

## Hanuman Jayanti @ Chinmaya Jayam

Hanuman Jayanti is worshiped as a symbol of physical strength perseverance and devotion.

The Sunder Kaand highlights the above qualities of Hanumanji. Hanuman Chalisa was chanted (8 times) along with the Balavihar Children, where Swamini

Krishnapriyanandaji explained the importance of Hanuman Chalisa to all our Balavihar children and the elders present for the programme.

**A Satsang by Br. Sujay Chaitanyaon 31<sup>st</sup> March 2015 @ the residence of Shri Vishnu Wadhvani and Laxmi Bhabhi.**

Huge crowd gathered in their Flat to hear Sujayji whose discourses are always inclusive of short stories which touch our hearts and thus one imbibes these value.

**ON A QUEST** movie was screened at Globus Theatre Bandra, by Chinmaya Jayam on the 19<sup>th</sup> of April. It was a full-house. Swamis of Ramakishan Mission, Gangeshwar Dham Gobind Dham and Nij Thanw were invited for the Film based on Gurudev, produced by Chinmaya Creations.



Advaita is possible only in feeling and not in action.

- Swami Chinmayananda





## Sessions by Swamini Krishnapriyananda

### Guru Purnima Celebrations

#### Guru Paduka Puja, Bhajans & Guru Stotram

1<sup>st</sup> August 2015 • 4.30 to 6.30 pm Saturday

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

All Are Cordially Invited

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### Rudra Abhishek Shraavan Somvar

7<sup>th</sup> September 2015 • 10.00 am. to 11.30 pm.

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

All Are Cordially Invited

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### Lectures And Meditation

#### Based Upon Kathoupanishad

6.00 pm to 7.30 pm

Atma Va Are Drishtavyha - 9<sup>th</sup> May 2015 Saturday

Atma Va Are Shrotavyaha - 6<sup>th</sup> June 2015 Saturday

Atma Va Are Mantravyaha - 4<sup>th</sup> July 2015 Saturday

Atma Va Are Nidhidhyasana - 8<sup>th</sup> August 2015 Saturday

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

All Are Cordially Invited

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The cultured give happiness wherever they go  
The uncultured, whenever they go

- Swami Chinmayananda



## Sessions by Brni. Nidhi Chaitanya

### The Spiritual Saturday Series

Think, Learn & Live Spirituality

6.30 pm to 8.30 pm

- 13<sup>th</sup> June 2015 - Religion v/s Spirituality
- 11<sup>th</sup> July 2015 - Guru v/s Teacher
- 22<sup>nd</sup> August 2015 - Ego v/s Confidence
- 19<sup>th</sup> September 2015 - Love v/s Detachment
- 10<sup>th</sup> October 2015 - Karma v/s Action
- 31<sup>st</sup> October 2015 - God v/s Truth
- 21<sup>st</sup> November 2015 - Meditation v/s Life

***Sessions will include Discussion, Quiz, Printed Notes,  
Chanting, Guided Meditation, Games & Activities.***

*Suggested Donation to Support the Cause: Rs. 250 per session  
(your contribution will help us meet the expenses of venue,  
printing, study material, etc.)*

*Participants attending all 9 sessions will be  
awarded special certificates &  
become eligible for advanced studies*

Venue : National College, Linking Road, Bandra (W)  
To register, contact : Meena Ruparel - 92234 13586

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### Chyk Class

by **Br. Yukt Chaitanya**

Every Sunday ● 9.00 am - 10.30 pm

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

Contact : 92234 13586

# Chinmaya Prakash Zone

(Andheri & Juhu)

## Geeta Way of Life

Bruni Nidhi Chaitanya covered Chapter 4, 5, 6 from 10<sup>th</sup> to 14<sup>th</sup> March in Lokhandwala.

The important points communicated were

1. Live a life of gratitude, to the known and unknown because of whom we have got this knowledge.
2. Selflessness born out of gratitude keeps us on the path of dharma.
3. Identify your caste - core competency and live by them
4. Faith = love + trust + understanding
5. Learn to let go. Give up things you like and do things you don't like.
6. Do not revel in pleasures as they are temporary.

7. Meditation is not a practice, it is a state to be in.

8. A controlled mind is one's best friend.

## Sampoorna Ramayana Talks

Nine day talks on Sampoorna Ramayan & its Spiritual Symbolism were held at Varsha Building, from 20<sup>th</sup> to the 28<sup>th</sup> of March 2015. 40 sincere seekers listened attentively as Bruni. Nidhi Chaitanya spoke of the Ramayan & its spiritual symbolisms, starting from the Balkand to when the Ramrajya is established.

Ramnvami was celebrated with rendering of soulful Bhajans by Puneetaji and the accompanying musicians, filling all hearts with the belief in goodness of mankind, as Nidhiji said "In Every Ravan there is a Ram." "Every Saint has a past and every Sinner has a future". Nidhiji explained the importance of Ek Grantha Ek Pantha Ek Mantra Ek Sant and the need to focus and look within.

The Sampoorna Ramayan & the Ramnvami celebrations



ended with much joy. Very aptly the Prasad Pustika of “Inner Ramayana” was distributed to all.

### Hanuman Havan

More than 200 people from Juhu and surrounding areas participated in the Hanuman Havan on Hanuman Jayanti Day, 4<sup>th</sup> April. Hanuman Chalisa was chanted for 51 times in a very

divine and radiant atmosphere in Neelkanth Bunglow, Juhu. Children from Balavihar classes also came with mothers to offer aahuti to Hanumanji. People went home feeling very charged up at the end after partaking Prasad.

### Bhajan Sandhya

Ekdashi was celebrated in Chinmaya Priyam on April 15<sup>th</sup> by singing melodious Bhajans of Lord Shree Krishna. Punita Chopra rendered the most beautiful Bhajans accompanied by tabla and harmonium artists. Around 25 ladies from the surrounding areas actively participated in the singing. As they took prasad while leaving, many said that they will bring more friends next week.



*Service: It's Love Made Visible*

**New Release**



Extensively covering the vision behind and the history of **CORD** and **CM Hospital**, it offers inspiring vignettes of how **Chinmaya Mission** has reached out to serve people from all walks of life.

To get your copy contact  
Chinmaya Vani @ Mumbai Centres. Refer to Page # 4





## Sessions by Brni. Nidhi Chaitanya

### Geeta Way of Life

Talks on Practical Tips from the Bhagawad Geeta in Lokhandwala

6.00 pm - 7.30 pm

23<sup>rd</sup> - 27<sup>th</sup> June 2015 (Tue - Sat) : Chapter 10 - 12

14<sup>th</sup> - 18<sup>th</sup> July 2015 (Tue - Sat) : Chapter 13 - 15

8<sup>th</sup> - 12<sup>th</sup> September 2015 (Tue - Sat) : Chapter 16 - 18

Attendance by Registration Only. Limited Seats. Enrol Soon.

Venue: Excellency Building Community Hall, 4th Cross Lane,  
Lokhandwala Complex, Andheri West

Contact - 9320286048

or Write to: [chinmayaprakash.andheri@gmail.com](mailto:chinmayaprakash.andheri@gmail.com)

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### Geeta Darshan

Monthly Talks on Bhagawad Geeta; Systematic word-by-word explanation of Bhagawad Geeta; Practical Tips on Application of Geeta in Daily Life; Detailed Study of all 18 Chapters of Bhagawad Geeta

11.00 am - 12.30 pm

15<sup>th</sup> - 19<sup>th</sup> June (Mon-Fri) ● 20<sup>th</sup> - 24<sup>th</sup> July (Mon-Fri)  
17<sup>th</sup> to 21<sup>st</sup> August 2015 ● 5<sup>th</sup> to 9<sup>th</sup> October

Venue : Chinmaya Priyam, F5, Jain Vihar,  
Swastik Society, NS Road # 3, Juhu Scheme.

Write to: [chinmayaprakash.juhu@gmail.com](mailto:chinmayaprakash.juhu@gmail.com)  
or Contact: Swati - 9819904606

**Entry Free, but Attendance is by Registration Only.**



## Sessions by Brni. Nidhi Chaitanya

### #inspirationXchange

Interactive Sessions for 25 - 45 year olds

based on The Holy Geeta

8.00 pm - 9.30 pm

**Eligibility : 25 - 45 year olds only**

- June 2<sup>nd</sup> Tuesday : What's our real problem in life?  
June 9<sup>th</sup> Tuesday : The Funda of Karma  
June 16<sup>th</sup> Tuesday : Selflessness in a Selfish World  
June 30<sup>th</sup> Tuesday : Attitude of Gratitude  
July 7<sup>th</sup> Tuesday : Reality of Renunciation  
July 14<sup>th</sup> Tuesday : Meditation & Life

Venue: Chinmaya Priyam, F5, Jain Vihar, Swastik Society,  
NS Road#3, Juhu Scheme

Entry Free. but Participation by registration only.

Contact : Shraddha Dalal - 9819775061

or email us on chinmayaparakash.juhu@gmail.com

or register online: <http://goo.gl/forms/XnocWCZQB8>

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## Inspirations through Movies

(Interactive Sessions for 13 - 15 year olds)

**Movie "October Sky"**

21<sup>st</sup> June 2015 (Sunday) 3.00 pm - 6.00 pm

**Movie "Karate Kid"**

9<sup>th</sup> August 2015 (Sunday) 3.00 pm - 6.00 pm

**Movie "Akeelah & the Bee"**

15<sup>th</sup> November 2015 (Sunday) 3.00 pm - 6.00 pm

Contact : Swati - 9819904606 or write to chinmayaparakash.juhu@gmail.com

Entry Free. but Participation by registration only.

# Sessions by Brni. Nidhi Chaitanya (cont...)

## Fun with Ramayan

### The Story Beyond the Story

*Exciting Sessions on the meaning, symbolism and practical application of the great epic "Ramayana" for children of modern India*

Eligibility: 9 - 12 years only

Every Sunday 10.00 am - 11.00 am  
(Starting 7<sup>th</sup> June)

Venue: Chinmaya Priyam, 5, Jain Vihar Building,  
Swastik Society, 3<sup>rd</sup> Road, Juhu Scheme

*to register, call Swati - 9819904606  
or write to chinmayapublishing.juhu@gmail.com*

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## #iThink...

### Series of Life-Transforming Interactions & Inspirations

Eligibility: 16 - 24 years only

- 3<sup>rd</sup> June (Wednesday) 7pm - 8pm : #iThink... HAPPINESS  
10<sup>th</sup> June (Wednesday) 7pm - 8pm : #iThink... FREEDOM  
17<sup>th</sup> June (Wednesday) 7pm - 8pm : #iThink... GOAL  
1<sup>st</sup> July (Wednesday) 7pm - 8pm : #iThink... MIND  
8<sup>th</sup> July (Wednesday) 7pm - 8pm : #iThink... CHANGE  
22<sup>nd</sup> July (Wednesday) 7pm - 8pm : #iThink... DESTINY  
29<sup>th</sup> July (Wednesday) 7pm - 8pm : #iThink... LOVE

Venue: Chinmaya Priyam, 5, Jain Vihar Building,  
Swastik Society, 3<sup>rd</sup> Road, Juhu Scheme

*to register, Contact: Swati - 9819904606  
or write to chinmayapublishing.juhu@gmail.com*



## Sessions by Brni. Nidhi Chaitanya

### Summer Courses for Teens & Youth

### WOW - With Or Without

#### 1 Month Course for Youth based on Bhaja Govindam

5<sup>th</sup> - 30<sup>th</sup> May 2015

on Every Tuesday, Thursday & Saturday 11.00 am - 12.30 pm

Eligibility: 16 - 24 years only

Contribution: Rs. 100 per head

Venue : Chinmaya Priyam, 5, Jain Vihar Building,  
Swastik Society, 3<sup>rd</sup> Road, Juhu Scheme.

Contact : Swati - 9819904606  
or write to chinmayaprakash.juhu@gmail.com

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### SMS - Sure Mantras for Success

1 Month Course for Teens Based on Hanuman Chalisa

11<sup>th</sup> - 31<sup>st</sup> May 2015

on Every Monday, Wednesday, Friday 11.00 am - 12.30 pm

Eligibility: 13 - 15 years only

Contribution: Rs. 100 per head

Venue : Chinmaya Priyam, 5, Jain Vihar Building,  
Swastik Society, 3<sup>rd</sup> Road, Juhu Scheme.

Contact : Swati - 9819904606  
or write to chinmayaprakash.juhu@gmail.com



# Sessions by Brni. Nidhi Chaitanya(cont...)

## Let's Catch Up!

### A Talk on Life, Stress & Relationships...

23<sup>rd</sup> August 2015 (Sunday) • 10.00 am to 11.30 am

Venue: Juhu Gymkhana, Plot No U/13, NF 13<sup>th</sup> Road,  
Opp Juhu Bus Depot, JVPD Scheme, Juhu

**Entry Free All Are Welcome**

Contact: Swati - 9819904606

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We are having a Study Group for the Study Class

## Bhagavad Geeta in Hindi

from 28 March, 2015 on every Saturday at 4.30 pm

Venue: B-124, Anand Society, Juhu Lane, Andheri (West),  
Mumbai - 400058.

Contact: Mrs Balasubramanian - 99203 08920 / 6692 5142

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- ↳ Om Lamps & Diyas
- ↳ Padukas
- ↳ Rudraksha beads & Japa Malas
- ↳ Om Pendants
- ↳ Photographs of Gurudev
- ↳ T-shirts
- ↳ CORD products and lots more...

Whatever we have  
are HIS gifts...



Presents an entire range of Chinmaya Mission souvenirs



For more details and queries please contact us  
Sandeepany Sadhanalaya, Saki Vihar road, Powai, Mumbai - 400 072  
Email: [enquiries@chinmayashish.com](mailto:enquiries@chinmayashish.com) or Call: +91 22 2857 9525



## Sessions by Brni. Nidhi Chaitanya

### Dip-in-Scrip 2015

3-DAY NON-RESIDENTIAL COURSE  
Based on Adi Shankaracharya's Bhaja Govindam

Part 1 - 25<sup>th</sup> July Saturday - Examining Life

Part 2 - 3<sup>rd</sup> Oct. Saturday - Managing Priorities

Part 3 - 7<sup>th</sup> Nov. Saturday - Spiritual Practices For Daily Life

7.00 am - 5.30 pm

Venue: Juhu

07.00 am - 08.30 am - SESSION 1

08.30 am - 09.15 am - Breakfast Break

09.15 am - 10.45 am - SESSION 2

11.00 am - 12.30 pm - SESSION 3

12.30 pm - 01.15 pm - Lunch Break

02.00 pm - 03.30 pm - SESSION 4

03.15 pm - 04.15 pm - SESSION 5

04.15 pm - 04.30 pm - Tea Break

04.30 pm - 05.30 pm - SESSION 5

#### Suggested Donations:

Rs.1500 per head, per day

Rs.3000 per head for combined registration for all 3 days

(to support logistic expenses such as cost of Venue, food, study material, etc)

To Register, Contact : Swati - 9819904606

Or Write to: chinmayaprabakash.juhu@gmail.com



## Sessions by Swami Swatmananda

### **Being Consistent in Daily Life**

4<sup>th</sup> June 2015 (Thursday) 7.00 pm - 8.30 pm

Venue: Juhu Gymkhana, Plot No U/13, NF 13<sup>th</sup> Road,  
Opp Juhu Bus Depot, JVPD Scheme, Juhu

Entry Free ● All are welcome ● Contact Swati : 9819904606

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### **Making Meditation a Way of Life**

18<sup>th</sup> July 2015 (Saturday) 11.00 am - 12.30 pm

Venue: Juhu Gymkhana, Plot No U/13, NF 13<sup>th</sup> Road,  
Opp Juhu Bus Depot, JVPD Scheme, Juhu

Entry Free ● All are welcome ● Contact Swati : 9819904606

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### **Managing Irritability & Anger**

Date: 9<sup>th</sup> July 2015 (Thursday) 7.00 pm - 8.30 pm

Venue: Oberoi Springs Banquet Hall, Oberoi Springs Building,  
Opp Citi Mall, Off Link Road, Andheri West

Entry Free ● All are welcome ● Contact Swati : 9819904606

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### **Making Right Decisions**

Date: 5<sup>th</sup> August 2015 (Wednesday) 7.00 pm - 8.30 pm

Venue: Oberoi Springs Banquet Hall, Oberoi Springs Building,  
Opp Citi Mall, Off Link Road, Andheri West

Entry Free ● All are welcome ● Contact Swati : 9819904606

# Thinkathon Series

## Regular Satsangs on Geeta - June 2015

Don't Miss these Inspiring Sessions on Bhagawad Geeta this month!

Date	Day	Topic	Venue
3 <sup>rd</sup> June	Wednesday	Power of Goodness	Lokhandwala
6 <sup>th</sup> June	Saturday	Power of Right Thinking	Juhu
7 <sup>th</sup> June	Sunday	Power of Knowledge	Lokhandwala
10 <sup>th</sup> June	Wednesday	Power of Acceptance	Juhu
11 <sup>th</sup> June	Thursday	Power of Action	Juhu
13 <sup>th</sup> June	Saturday	Power of Service	Versova
14 <sup>th</sup> June	Sunday	Power of Efficiency	Lokhandwala
20 <sup>th</sup> June	Saturday	Power of Calmness	Lokhandwala
21 <sup>st</sup> June	Sunday	Power of Desire	Lokhandwala
28 <sup>th</sup> June	Sunday	Power of Duty	Juhu

### Our Team of Speakers:

Chitra Vora, Navin Naulakha,  
R.S Moorthy, Subhash Naulakha, Sudesh Puthran,  
Sunanda Pal, Swati Chitalia, Vivek Bathija

**Entry Free. All Are Welcome.**

*To know exact Venue & to Register,  
Contact: Swati - 9819904606*

Interested Members can also host any of the above Thinkathon  
Geeta Satsangs or block a date for a future month.  
Call us for details.

## Upcoming NEW Classes

### Study Group IN HINDI on DHYANA YOGA (Based on Chapter 6 of Bhagavad Geeta)

**Sevak : Rajin Mital**

Every Wednesday 5:30 pm - 7.00 pm

Venue : D4/604, Krishna Kaveri CHS, Yamuna Nagar, Lokhandwala

*Contact: 9167231431*

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### Geeta Chanting Class on 15<sup>th</sup> Chapter of Bhagawad Geeta

**Sevak : Meghna Patel**

Every Monday 2.00 pm - 3.00 pm - STARTING 8<sup>th</sup> June

Venue: 703A, Silver Beach, Opp.Juhu Post Office,  
AB Nair Road, Juhu

*Contact: Swati - 9820462201*

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### Youth Discussion Group Based

**on Self-Unfoldment**

(Eligibility : 18 - 28 years)

**Sevak : Abhishek Dave**

Every Sunday 11.00 am - 12.30 pm

Venue: 505A, Silver Beach, Opp.Juhu Post Office,  
AB Nair Road, Juhu

*Contact: 9892438002*

# Regular Sessions

by Yuvaveer Mathangi Raghavan

## Vedic Chanting Class

Wednesday 3.00 pm to 4.00 pm • 17<sup>th</sup> June 2015

Venue: Chinmaya Sagar, Churchgate

Contact: Anjali - 9820068845

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## Bhajan Class for Chyks & Pre-Chyks

First Sunday of Every Month 10.30 am to 12.00 Noon

21st June 2015

Venue: Sandeepany Sadhanalaya, Powai

Contact: Aravind - 9619030879 • Tapan - 9920074776

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## Geeta Chanting Class - Chapter 15

Thursday 4.30 pm to 5.30 pm • 18<sup>th</sup> June 2015

Venue: Chinmaya Prakash, Lokhandwala

Contact: Swati - 9819904606

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## Geeta Chanting Class - Chapter 15

Wednesday 5.30 pm to 6.30 pm

17<sup>th</sup> June 2015

Venue: B-102, Panchmukhi, Panch Marg, Versova

Contact: Swati - 9819904606

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## Balavihar Class

Tuesday 7.00 pm to 8.00 pm • 16<sup>th</sup> June 2015

Venue: Chinmaya Prakash, Lokhandwala

Contact: Swati - 9819904606

# 1-Year Foundation Vedanta Certificate Course 2015

(through Chinmaya International Foundation, Kerala)

## Register Soon to avoid Disappointment

Registrations on first-come-first-serve basis ONLY

5 New Batches in Juhu & Lokhandwala launching shortly

**Contribution: Rs.3500**

THIS IS NOT A TUITION FEES. This donation is towards the printed study-material, xeroxed notes, chanting text books, questionnaires and certification.

The Course by itself is FREE.

## Upcoming Batches in Juhu

**Sri. Mukul Patel**

Sunday 11.00 am - 12.30 pm ● 7<sup>th</sup> June 2015

Contact: Meghna - 9820462201

**Smt. Meghna Patel**

Tuesday 11.00 am - 12.30 pm ● 7<sup>th</sup> July 2015

Contact: Meghna - 9820462201

**Sri. Advait Chitalia**

Saturday 9.30 am - 11.00 am ● 20<sup>th</sup> June 2015

Contact: Swati - 9819904606

## Upcoming Batches in Lokhandwala

**Smt. Usha Munshi**

Thursday 7.00 pm - 8.30 pm

20<sup>th</sup> August 2015

Contact: Usha - 9820304242

**Smt. Anu Oberoi**

Saturday 8.00 am - 9.30 am

25<sup>th</sup> July 2015

Contact: Anu - 9820113899

For details and enquiries, you can also write to us on  
[chinmayaprakash.courses@gmail.com](mailto:chinmayaprakash.courses@gmail.com)

# Mind-Gym Based On Self-Unfoldment

(Eligibility : Corporate Executives below 60 years only)

**Sevak : Rakesh Gupta**

Every Thursday

5.30 pm - 7.00 pm

Starting 11<sup>th</sup> June

Venue: Chinmaya Priyam, 5, Jain Vihar, Plot#40, Swastik Society,  
NS Road # 3, Juhu Scheme

Contact: 9821219508

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## Krishna-Sharanam

(Krishna Naam Japa & Sankirtan)

**Sevak : Mamta Shah & Punita Chopra**

Every Wednesday

4.00 pm - 5.00 pm

Venue: Chinmaya Priyam, 5, Jain Vihar, Plot#40,  
Swastik Society, NS Road # 3, Juhu Scheme

Contact: 8424001011 • 9821113571

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## Swara to Ishwara

(Monthly Bhajan Session)

**Sevak : Punita Chopra & Sashi Binani**

One Saturday every month from

11.30 am - 12.30 pm

Session on 13<sup>th</sup> June and 18<sup>th</sup> July

Venue: Binani Bungalow, Near Tulip Star, Birla Lane, Juhu

Contact: Swati - 9819904606



# Chinmaya Bhakti Zone

(Goregaon to Bhayandar)



Session by  
**Br. Pavan Chaitanya**

## New Balvihar Session

Every Sunday @ 4.30 pm

Venue : 2A/5, Kesley Co-op Hsg. Soc. Ltd, Ram Nagar,  
Borivili (W), Mumbai - 400 092.

Contact : Smt. Radha Nair - 9969368339



TV Telecast of Talks by  
Pujya Gurudev  
Swami Chinmayanandaji

Starting 8<sup>th</sup> May 2015  
on



**भक्तिसागर**

**Bhakti Sagar TV Channel**  
(Available on Cable TV only, Not on DTH)

**Talks on Holy Geeta**  
(Monday to Friday 7.30 am - 8.00 am)

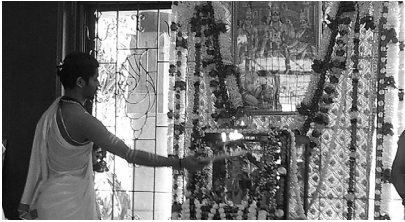
Upanishad Ganga Telecast every Sunday - 7.30 am - 8.00 am

# Jagadeeshwara Zone

(Powai)

**Ram Navami Celebrations on 28<sup>th</sup> March @ Jagadeeshwara Temple, Sandeepany Sadhanalaya**

The program started with the singing of melodious bhajans in praise of Lord Rama at 10.30 am. followed by a talk by Swami



Bodhatmanandaji. All the people gathered there joined Swamiji in the chanting of verses from Ramcharitmanas. Swamiji also explained how to apply the teachings in our day-to-day life. At 12 noon the birth of Lord Rama was joyously celebrated with a Shodashopchar Pooja and Aarti followed by lunch prasad.

- Sheela Naik

**Hanuman Chalisa Havan Celebration on 4<sup>th</sup> April in Jagdeeshwara Temple, Powai**

Pujya Swami Bodhatmanandaji addressed 120 devotees &



vedanta students, in the temple. The satsang started by invoking Hanumanji through a prayer by Acharya Raoji.

Swamiji explained why we have to perform Havan & the importance of Hanuman Bhakti. Lord Hanuman symbolizes a great sevak, bhakta & scholar, all good virtues in one. He knew when to speak, what to speak and when not to speak.

He has great strength because of Brahmacharya. He has always engaged his mind in Ram Naam Japa, never forgets Him and this is his great strength. Swami Tulsidasji describes him as a Vairaagi (a detached one).

As He is a great scholar, he thinks correctly & knows what he has to do in any situation and he will do it promptly as well which will not lead to any bondage.

So invoking the great blessings of Hanumanji, the Havan must be performed and another important thing is that by doing this, we will be free from vasanas and grudges towards people or situations.

- Dr. Prerana Shinde

### Talks on 'Prioritization of Life' by Swami Bodhatmananda @ Sandeepany Sadhanalaya

Important points :

1. In life, we have 2 goals to accomplish. Firstly to find out what is our goal and then pursue the goal, which is to find out our 'True Identity'. This would enable us to work out our priorities, that would lead us to the supreme goal. Mere focus on worldly knowledge and activities will not lead us beyond the realm of current life.
2. One should only enjoy the wealth he has acquired through his karmas and not digress from his path by going after carnal pleasures, as life is as ephemeral as a drop of water on the lotus leaf.
3. Departure from this world is inevitable, despite your status and family background. It is therefore essential that

you focus on your goal of knowing yourself i.e. Govind / Brahman.

4. Your family and worldly relationships get meaning only through this Govind alone, who is readily available in the company of saints. Meeting him alone ends all your miseries here and hereafter.
5. On the way to the Supreme goal, stay away from false pride in wealth, popularity and young age, which will stray one from once path.
6. Swamiji then briefed the listeners on day-to-day measures, like japa, meditation, satsang, charity for the poor, etc.
7. He further stressed the importance of sadhanas such as Ashtang Yoga, discriminating between Nitya (Permanent) and Anitya (Impermanent), and the state of equanimity.
8. These Sadhanas in combination with firm abidance in Guru's teaching will result in control of senses and mind, that would result in Self-realisation i.e. attainment of Govind.

- Surendra Herwadkar



## Sessions by by Swami Bodhatmananda

Invites you to Series of 7 Sundays of talks on

### Real “I” sation”

(Knowing the real “I”)

(based on Adi Sankara’s “Drg Drishya Vivekah”)

Resident Acharya, 16<sup>th</sup> Vedanta Course, Sandeepany Sadhanalya  
Beginning Sunday 12<sup>th</sup> July 2015

10.30 to 11.30 am

#### For Children:

Balavihar class is held at Bala Mandir at Powai Ashram from  
10.30-11.30am every Sunday

Venue: Saraswati Nilayam, Sandeepany Sadhanalaya,  
Chinmaya Mission’s Powai Ashram,  
Saki Vihar Road, Mumbai 400 072.

#### Contact Details:

Yogesh Basole - 9769412643

Srama Pani - 9819368450

Ghanshyam Bhatia - 9820944337

Prerna Shinde - 98251238

Geetha Raghavan - 9820994972

Powai Ashram-28570368

Chinmaya Mission Churchgate-22814646 / 22884646

Entry Free, all are welcome



The spirit of Advaita is not to keep away from  
anything, but to keep in tune with everything.

- Swami Chinmayananda

# Chembur - Ghatkopar Zone

## Ramnavami Celebration

Sri RAMNAVAMI festival was celebrated at our Chembur - Ghatkopar Centre.

The invocation was followed by Bhajans. Prasaad was distributed and all went home satisfied, taking the blessings of Lord Rama.

---

## Vivekachoodamani (New Devi Group)

In Raheja Acropolis, Deonar

(Every Monday, 11.30 am)

Sevakika - Meena Iyer

Venue : 1302, Atlantis, Raheja Acropolis, Chembur, Mumbai - 71

Contact - 9820028787

---

## Bhagavad Gita, Chapter 4 (Study Class)

In Raheja Acropolis, Deonar

Every Friday, 4.00 pm

Sevakika - Meena Iyer

Venue : 1005, Apollo, Raheja Acropolis, Chembur, Mumbai -71.

Contact - 9820028787

---

## Bhagavad Gita, Chapter 5 (Study Class)

(Every Sunday, 7.00 am)

By Prasad Deole

Venue : Saraswati Vidyalaya, 11<sup>th</sup> Road,  
Near Chembur Post Office, Chembur, Mumbai 400071,

Contact : 99670 50172

## Kindle Life

Sevak - C S Dinesh

Saturday, 6.00 pm

Venue: Chembur Center, A-103, Siddharth Residency,  
P Y Thorat Marg, Chembur, Mumbai 400071

Contact: 9820464489

---

## Bhagavad Gita - Chapter 4

Sevak - Meena Iyer

Friday, 4.00 pm

Venue: 1005, Apollo, Raheja Acropolis, Chembur, Mumbai - 400071

Contact: 9820028787

---

## Bhagavad Gita - Chapter

Sevak - Murali Krishna

Thursday, 7.15 pm

Venue: Mahila Mandal Hall, Tata colony, Aziz baug, Mumbai - 74.

Contact: 9223327501

---

## Bhagavad Gita - Chapter 5

Sevak -Prasad Deole

Sunday, 7.00 am

Venue: Saraswati Vidyalaya School, 15<sup>th</sup> Road, Chembur (W), Mumbai - 89

Contact: 9821187608

---

## Drg Drsya Viveka

Sevak - Prasad Deole

Sunday - 9.00 am

Venue: Saraswati Vidyalaya School, 15<sup>th</sup> Road, Chembur (W), Mumbai - 89

Contact: 9821187608

## Atma Bodh

Sevak - Prasad Deole

Monday, 7.00 pm

Venue: Vatsala Ramchandran, 5/86, Vanamali, Garodia Nagar, Ghatkopar

Contact: 9821187608

---

## Taittiriya Upanishad

Sevak - Sailata

Monday - 6.00 pm

Venue: P. B. Someshwar, Munjal Nagar, Bldg - C,  
Ground floor, Chembur, Mumbai - 400089

Contact: 9920373084

---

## Atma Bodh

Sevak - Uncle Mani

Tuesday, 7 pm

Venue: Uncle Mani, Savitha Building, First floor, Pestom Sagar,  
Road No 2, Chembur, Mumbai - 400089

Contact: 9967050172

---

## Atmabodh (New Study Class)

Every Monday, 7.00 pm to 8.30 pm from 5<sup>th</sup> January 2015

by Prasad Deole

Venue : C/o. Mrs Vatsala Ramchandran,  
5/86, Vanamali, Near Lions Club Garden /  
P G Garodia School along Union Bank Mansi Medicals Lane,  
Garodia Nagar, Ghatkopar • Res No 25065650)

*For Further Details, Please Contact:*

*Mrs Vatsala Ramchandran - 7738436705 / Sriram - 9967050172*

*Interested Seekers may please send an SMS to 9967050172.*

## **New Devi Group**

**Sevika: Smt. Meena Iyer**

Every Thursday 4.00 pm to 5.30 pm

1005, Apollo, Raheja Acropolis, Deonar, Mumbai - 400088.

*Contact: 9820028787*

---

## **Text : Balvihar**

**Sevika: Vilasini Nair**

Started on: 14<sup>th</sup> December - 2014

Sunday 6.00 pm - 7.30 pm

Venue: Kurla (E) • Contact : 9969424587

---

## **Kindle Life**

Every Saturday, 6.00 pm in English

**by C. S. Dinesh**

Venue : Flat No 103, "A" Wing, Siddharth Residency,  
P. Y. Thorat Marg, Adjacent to Chembur Railway Station (West),  
Chembur (West), Mumbai - 89.

*For Further Details, Please Contact:*

*C.S. Dinesh - 9820464489 • P. B. Someshwar - 9987708182*

*Sriram V. - 9967050172 • V. Narasimham - 9821016814*

Email to chinmay.cgzone@gmail.com

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## **A New Balvihar Class**

**for Age Group 8 to 12 years**

on Tuesdays between 4. 45 pm to 6.15 pm

Venue : 32 / 503, HP Nagar (East),  
Vashi Naka Chembur, Mumbai - 400 074.

*Contact: 9820028787*



# **Chinmaya Prerana Zone**

## **(Navi Mumbai)**

**Report of Hanuman Chalisa talks held from 22<sup>nd</sup> - 27<sup>th</sup> March 2015 by Swamini Swaprabhananda @ Chinmaya Prerana**

Swaminiji's talks on the entire Shri Hanuman Chalisa were interspersed with a variety of practical and traditional perspectives. She highlighted that conventionally, Hanumanji is the paramount role model for devotees of Lord Rama, in view of his virtues, feats of unique achievements and profound devotion.

However, in the modern times Hanumanji has earned a loftier eminence among business management professionals worldwide. He demonstrated the infallible professional qualities of humility, adaptability, ownership of task, unidirectional dedication, single-pointed, managerial skills, aiding intuition, notional strategic thinking along with the perfected art of body language and effective communication. Thus Hanumanji inspires professionals in the modern times as the ultimate management Guru and

to spiritual thinkers he is the profound Guru Tattva - serving as the supreme bridge to cross over the ocean of samsara and attain merger with Shri Rama.

**Ramanavami Celebrations on 28<sup>th</sup> March @ Chinmaya Prerana**

The programme started at 9.30 am with Sundarakhand Parayan which concluded at 11.00 am. followed by Shodashopachara Pooja conducted by Br. Ved Chaitanyaji.

**Sampoorna Ramayana talks by Br. Ved Chaitanya @ Hanuman Mandir, SIES College Campus, Nerul from 29<sup>th</sup> to 3<sup>rd</sup> April.**

The talk was preceded by Bhajans by different Navi Mumbai Bhajan groups .

In the six days of the Yagna, the epic Ramayana was analysed from different angles. The topic covered Valmiki Ramayana, Ramcharitamanas, Adyatma Ramayana by Bhagawan Veda Vyasa etc.

The essence of Ramayana , its Characters and what each character represented was beautifully explained by Br. Vedji.. The goodness of Lord Rama, the Vairagya of Lakshmana , the Sacrifice of Bharatha and the humility and selflessness of Shatrughna increased devotees reverence towards all the brothers. Also Satwic Ayodhya (Lord Rama and Lakshmana) could conquer Tamasic Srilanka (Ravana) only with the help of Rajasic Kishkindha ( The army of Vanaraas)

Br. Vedji's explanation of the nine days war between Lord Rama and Ravana and its relevance with Dassehra was an added knowledge for the devotees

With the blessings of Lord Sri Rama and Hanumanji the yagna was a grand success. On an average there were around 70 - 80 devotees attending the talks daily.

Though the story of Ramayana was known to all, through these talks devotees gained more information & adyatmic (spiritual) knowledge of the epic.

The devotees and the temple authorities were very happy and requested to arrange for more such talks.

Our heartfelt thanks and pranams to Vedji for filling our buddhi (intellect) with such rare knowledge.

**Hanuman Jayanti  
Celebrations on 4<sup>th</sup> April @  
Chinmaya Prerana from 9.30  
am to 11.30 am.**

About 60 people participated in mass chanting of Hanuman Chalisa 11 times which was followed by Shodashopachar pooja and distribution of Prasad.

**'Lead India' a Youth Camp  
from 10<sup>th</sup> to 12<sup>th</sup> April @  
Chinmaya Prerana by Swmi.  
Swaprabhananda and Br. Ved  
Chaitanya**

42 youngsters participated in the camp. Emphasis was put on the need of today's youth to lead India to even greater success. But to serve our nation we first need a sense of responsibility, to develop a deeper respect for Her by knowing Her victorious past and having the vision of her glorious future.

Sessions were held on the importance of LEAD (Love, Empowerment, Appreciation, Dedication) by Swamini Swaprabhanandaji & on INDIA (Integrity, Nobility, Devotion,

Inspiration, Accommodation) by Br. Ved Chaitanyaji. These sessions were filled with a number of anecdotes and real life examples which helped the campers to understand the above terms even more clearly. Games, debates, street-plays were also conducted by Chinmaya Prasad (CP Bhaiyya) & Aditya Bhaiyya, which unknowingly imbibed in the children team spirit, unity & leadership qualities & added up to their knowledge about our country. Inspirational movies were shown. Lastly 'On a Quest', a movie based on the life of Pujya

Gurudev was shown which made all realize the importance of the inner quest for the Truth, not to forget who you really are & what is the purpose of life!

We learnt that in order to transform the nation, we need to transform ourselves first; not just by performing big deeds but by fulfilling our basic duties.

We also understood that there is no destiny beyond and above ourselves. We ourselves are the architects of our future.

*Disha Suravase (Camper)*

---

## GURU VANDANA

A Sampradayik Bhajan Programme by



**Satish & Santosh**

on the occasion of the launch of

### **Chinmaya Birth Centenary Celebrations**

10<sup>th</sup> May 2015 (Sunday) • 7.00 pm to 9.00 pm

Venue: Shree Mahalaksmi Temple, Sector 5, Kharghar.

For details contact : 9820516556 / 9930494073 / 27748811

# HANUMAT AMRIT CAMP

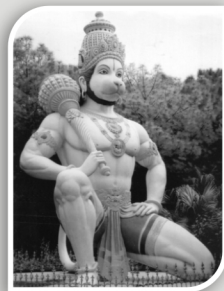
(Hindi)

AT CHINMAYA TAPOVAN ASHRAM,  
SIDHBARI, HIMACHAL PRADESH

Camp Acharya: Swami Advaitanandaji  
(Acharya, Chinmaya Vibhooti, Pune)

Date: 7<sup>th</sup> June, 2015 (4.00 pm to  
12<sup>th</sup> June, 2015 1.00 pm)

Topic: Amrit Bindu Upanishad  
Hanumat Charitra



## CAMP DONATION DETAILS

SAKET BLOCK FOR 4 BEDDED ROOMS  
RS 4500/- PER HEAD  
(WITH ATTACHED BATH)

OTHER BLOCKS FOR 4 BEDDED ROOMS  
RS 2400/- PER HEAD  
(WITH ATTACHED BATH)

DORMITORY BLOCK  
RS 2100/- PER HEAD

All donations should be payable either by cheque or **DD** in the name  
"Chinmaya Tapovan Trust" favoring State Bank of Patiala, Sidhbari, payable at  
Kangra. For outstation cheque please add 50/-. Please send your name, address,  
age & other details along with the cheque or **DD**.

**CONTACT: SMT MADHURI RANE, PUNE - 09011718758**

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IFSC Code: STBP0000441

Name of the A/c

**CHINMAYA TAPOVAN TRUST**

## CONTACT DETAILS:

**CHINMAYA TAPOVAN TRUST,**  
Sandeepany (Himalayas)

Sidhbari, Kangra, Himachal Pradesh - 176057

Tel: (01892) 234324, 236199

Email: [ctthm@sancharnet.in](mailto:ctthm@sancharnet.in)

[ctt@chinmayamission.com](mailto:ctt@chinmayamission.com)



# CHINMAYA NAADA BINDU

GURUKUL FOR INDIAN PERFORMING ARTS

PRESENTS

6  
PERFORMANCES

SATSANG &  
CULTURAL ACTIVITIES

2  
LECTURE-DEMONSTRATIONS

# 5TH NAADA BINDU

## FESTIVAL 29-31 MAY, 2015

### CHINMAYA VIBHOOTI, KOLWAN, PUNE

A  
3-DAY  
RESIDENTIAL  
ARTS  
RETREAT

#### FEATURED ARTISTS:

PT. SHIVKUMAR SHARMA (SANTOOR)  
VIDUSHI MALINI RAJURKAR (HINDUSTANI VOCAL)  
BEGUM PARWEEN SULTANA (HINDUSTANI VOCAL)  
DR. JAYANTHI KUMARESH (VEENA)  
VIDVAN ABHISHEK RAGHURAMAN (CARNATIC VOCAL)  
VIDHA & ABHIMANYU LAL (KATHAK)



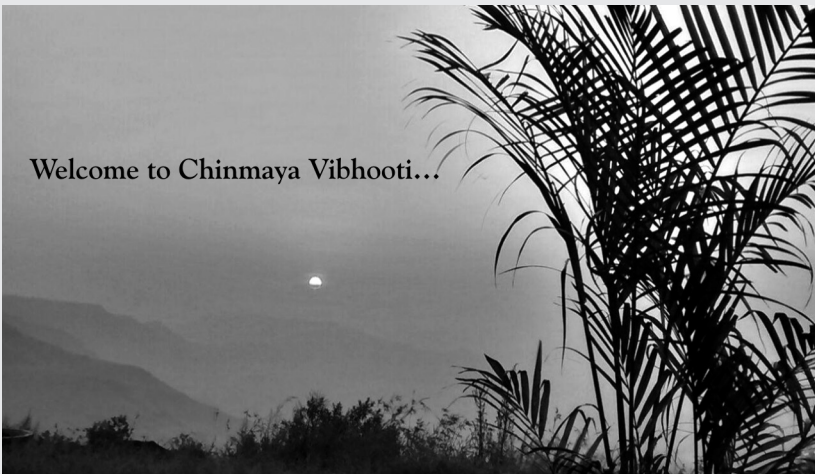
SATSANG WITH  
SWAMI TEJOMAYANANDA  
Global Head, Chinmaya Mission

#### REGISTER TODAY

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[reachus@chinmayanaadabindu.org](mailto:reachus@chinmayanaadabindu.org)  
+91 9689889153, +91 020-22960171

Also join us for a spiritual retreat with Swami Tejomayananda on Purusha Suktam from May 25-29, 2015. Call +91 9689891959

**COME, EXPERIENCE THE ARTS AS A LIFESTYLE!**



Welcome to Chinmaya Vibhooti...

... for a spiritual retreat on **Purusha Suktam** (in English)  
by Pujya Guruji Swami Tejomayananda  
(global head of Chinmaya Mission)

25<sup>th</sup> to 29<sup>th</sup> May 2015 (5-day camp)  
29<sup>th</sup> to 31<sup>st</sup> May 2015 (5<sup>th</sup> Naada Bindu Festival for the Arts)

*What are the processes and stages through which the Universe has emerged out in this act of Divine Yagna? These are most poetically visualised and sung in the Vedas.*

*This sublime song is the Purusha Suktam...*

*- Pujya Gurudev Swami Chinmayananda*

To register, please email [cvsawat@chinmayamission.com](mailto:cvsawat@chinmayamission.com) or  
Contact : +91-9689891959

Suggested donation (on a room-sharing basis):

**Rs 6400 per person (camp + festival)**

Rs 3500 per person (camp only)

Rs 3500 per person (festival only)

*This May, join us for an unforgettable experience...*



CHINMAYA VIBHOOTI  
VISION CENTRE

## Purusha Suktam Camp

25<sup>th</sup> to 29<sup>th</sup> May 2015 Highlights:

Talks by Swami Tejomayanandaji  
Talks by Swami Advaitanandaji  
(resident acharya)

Purusha Suktam **chanting Aartisat**  
Pranav Ganesh & Chinmaya Maruti  
Mandirs Your personal Journey with  
the Master at **Chinmaya Jeevan**  
**Darshan** Browsing at **Chinmaya**  
**Vani, Chinmaya Upahar &**  
**Shivashakti** for tokens & gifts

*Purusha Suktam is a song sung in  
praise of the Lord who is in the form of  
the entire Universe-Cosmic Purusha.  
Understanding the meaning of the  
Suktam one can worship God~Swami  
Tejomayananda*

## 29<sup>th</sup> to 31<sup>st</sup> May 2015

List of unmissable performances by  
world-class artists at the  
5<sup>th</sup> Naada Bindu Festival:

- Pt. Shivkumar Sharma (Santoor)
- Begum Parveen Sultana (H. Vocal)
- Vidushi Malini Rajurkar (H. Vocal)
- Dr. Jayanthi Kumaresh (Veena)
- Abhishek Raghuram (C. Vocal)
- VidhaLal & Team (Kathak)

**The grand festival programme also  
includes lecture demonstrations by  
artists and lots of enjoyable activities  
planned especially for you!**

*Special concessions available for groups  
of 10 + persons*



Pujya Guruji Swami Tejomayanandaji, the head of Chinmaya Mission world-wide, is a visionary leader and devoted torch-bearer. Under his loving guidance, all activities and projects of Chinmaya Mission are flourishing, blessing the lives of thousands across the globe.

Not only is Pujya Guruji the acharya of the Purusha Suktam Camp, but he is also a favourite at the annual Naata Bindu Festival, as a guide, acharya and rasika!

*Chinmaya Vibhooti is the Vision Centre of Chinmaya Mission, in a scenic valley called Kolwan, near Pune-a most glorious and inspiring place to come to connect with Pujya Gurudev Swami Chinmayanandaji's life, work, and teachings, in a beautiful and lasting way. Unto Him Our Best!*

Chinmaya Vibhooti, Post Kolwan, Taluka Mulshi, District Pune-412108

To register, please email [cvsawat@chinmayamission.com](mailto:cvsawat@chinmayamission.com) or

Contact - +91-9689891959

Celebrating The Birth Centenary Year of  
Parama Puja Gurudev Swami Chinmayanandaji

**ALL MAHARASHTRA & GOA CAMP**  
(in Hindi, English & Marathi)

**MANISHA PANCHAKAM**  
(in Hindi)

by Puja Guruji Swami Tejomayanandaji  
23<sup>rd</sup> to 28<sup>th</sup> February 2016 (Tuesday to Sunday)

**Sw. Advaitananda**  
Ramayana  
(in Marathi)



**Sw. Swatmananda**  
Guru Paduka Stotram  
(in English)

Total 51 Acharyas of  
Maharashtra and Goa

At Chinmaya Vibhooti,  
Kolwan, Pune

**Camp Donation Rs. 3,500**

Opportunity to offer Bhiksha to 51 Acharyas & 1000 Devotees  
Rs. 15,000 (Breakfast), Rs. 20,000 (Dinner), Rs. 25,000 (Lunch)  
Guru Paduka Puja: Rs. 11,000. Aarati: Rs. 5,000  
Yajaman for the Whole Camp: 5 Lakhs, Yajaman for One Day: 1 Lakh

For On-Line Bank Transfer: Bank: Indian Bank.

Branch: Camp. IFSC: IDIB000P087

A/c.Name: Chinmaya Mission Pune. A/c.No: 719594351.

Please convey details for receipt

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& send to: Chinmaya Maauli Ashram, Chinmaya Nagar,  
Survey Number 16, Wadgaon Shinde Road, Lohagaon, Pune - 411047

**For On-Line Registration** - [www.chinmayamission.com/pune](http://www.chinmayamission.com/pune)  
[cmpune@gmail.com](mailto:cmpune@gmail.com) +91-9975596394, +91-9881192859



# Chinmaya Dharma Sevak Course

(13th Six-Week Residential Course)

## Foundation Vedanta Course

in English



Learn the fundamentals of Vedanta / Jnana Yoga, Bhakti Yoga and Karma Yoga.

Celebrate auspicious occasions like Ganesh Chaturthi, Janmashtami.



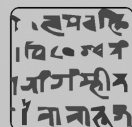
Experience the joy of Gurukala living.

Bond with the Global Chinmaya Mission



Learn spiritual practices like Meditation, Japa, Puja, Homa.

Learn Sanskrit



Course Acharya **Swamini Vimalananda**

Assisted by Brni. Anupama Chaitanya

Divine Days in the presence of

**Pujya Guruji Swami Tejomayananda**

(Head of Chinmaya Mission)

Venue: **Chinmaya Gardens, Coimbatore**

Dates: **16th July to 26th August 2015**

Course donation:

Rs. 11,000 per person

Rs. 9,000 (below 40 years)

Rs. 5,000 (below 25 years)

Rs. 18,000 ( AC Room)

Rs. 5,000 per person for dormitory accommodation with common toilet

Contact

Co-ordinator

**09360461566**

Chinmaya Gardens,

Nallur Vayal Post,

Coimbatore - 641114

0422 - 2615637 / 2613493

chinmayagarden@gmail.com



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Contact : 022 2288 4646 / 2281 4646

## Har Ghar Mein Holy Geeta

A tribute unto Swami Chinmayananda.

An offering unto Bhagawad Geeta

2016 Copies of Holy Geeta to  
be sold out of Chinmaya Prakash Zone.

Reaching Gurudev to Maximum People,  
Taking Geeta to Every Home,  
Touching Every Life, Transforming Every Family



8<sup>th</sup> May 2014 - 8<sup>th</sup> May 2016

This is an exclusive tribute to Pujya Gurudev by members of the Chinmaya Prakash Zone. Hence this project is open only to members, attendees, volunteers of Chinmaya Prakash Zone.

To participate contact : 9320286048

## Karma Matters - a Youth Camp @ Chinmaya Vibhooti, Kolwan



## Programmes @ Chinmaya Prerna by Swamini Swaprabhananda & Br. Ved Chaitanya



Reg. No. MCS/102/2015-17

Licence to Post without Pre Payment No. MR/Tech/WPP-168/South/15

Date of Publication : 3<sup>rd</sup> of every month

Posted at Mumbai Patrika Channel Sorting Office,

Mumbai - 400 001 on 3<sup>rd</sup> & 4<sup>th</sup> May 2015

R.N.I. No. 20894/1972



!! Hari om !!

## 2<sup>nd</sup> Chinmaya International Geeta Chanting Competition - 2015



Swami Chinmayananda

### “Chant Geeta - Enchant Krishna”

Based on Chapter -15 of the Bhagawad Geeta  
Chant... Study... Know... Live... Geeta



#### Grouping & Portion: Chapter 15 (Purushottama Yoga)

Grp.	Age (as on 1 <sup>st</sup> Jan. 2015)	Birthdate	Stanzas
A	4 to 6 years	2 <sup>nd</sup> Jan. 2008 to 1 <sup>st</sup> Jan. 2011	1 to 12
B	7 to 9 years	2 <sup>nd</sup> Jan. 2005 to 1 <sup>st</sup> Jan. 2008	1 to 20
C	10 to 12 years	2 <sup>nd</sup> Jan. 2002 to 1 <sup>st</sup> Jan. 2005	1 to 20
D	13 to 15 years	2 <sup>nd</sup> Jan. 1999 to 1 <sup>st</sup> Jan. 2002	1 to 20

Registration Fee: Rs.10/- Only (Subsidized For Mumbai)

#### BENEFITS OF GEETA FOR THE CHILD:



#### PRIZES

Attractive Prizes, Mementoes & Certificates to be won by the children at every level & by the School.

#### INTERNATIONAL LEVEL PRIZE

- I - Rs. 1,00,000/- Mega Om Lamp
- II - Rs. 50,000/- Mega Om Lamp
- III - Rs. 25,000/- Mega Om Lamp



#### CONTACT DETAILS

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- With Prem & Om -

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